



Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
**DIVISION OF BAGUIO CITY**  
#82 Corner Military Cut-off, Baguio City  
Tel. No.: 442-7819 Fax: (074) 442-7919



**DIVISION MEMORANDUM**

No. 57, s. 2013

To: Public and Private Elementary and Secondary Heads

From: **ESTELA LEON-CARIÑO**  
Schools Division Superintendent

Subject: Accomplishment of Baguio City Coaches and Athletes During the Palarong Pambansa in Dumaguete City on April 21-27, 2013

Date: May 14, 2013

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1. This Office is congratulating the Baguio City coaches and athletes for their accomplishment during the 2013 Palarong Pambansa held in Dumaguete City, Province of Negros Oriental on April 21-27, 2013. Please see attached list of Baguio City Athletes and Coaches who won medals in their respective events. It is requested that all medalists during the 2013 Palarong Pambansa will attend the Flag Ceremony at City Hall on May 27, 2013 at 7:30 am for presentation and recognition.
  2. The Department of Education-Cordillera Administrative Region, Baguio City Schools Division would like to express its profound gratitude to the athletes, coaches, chaperons, city sports coordinator, stakeholders, working committees and parents for a job well-done in the Palarong Pambansa 2013.
  3. It is noted that the vast and meaningful experiences provided by the Palarong Pambansa to all coaches, athletes and officials will contribute a lot to the sports development program of Baguio City in general.
  4. Immediate and wide dissemination of this Memorandum is desired.

**2013 Palarong Pambansa  
Dumaguete City  
April 21-27, 2013**

**MEDALS WON BY DEP-ED CAR BAGUIO CITY**

**ELEMENTARY BOYS**

PLACE	EVENT	NAME OF ATHLETE	NAME OF COACH	SCHOOL	DIVISION
1st	ARNIS		Orden Cayso		Baguio City
Gold	Anyo Individual Single Weapon	Elmer C. Manlapas	Orden Cayso	Quirino ES	Baguio City
Silver	Anyo Team Double Identical Weapon	Elmer C. Manlapas	Orden Cayso	Quirino ES	Baguio City
Gold	Full Contact Category A (over 4'8" to 50")	Elmer C. Manlapas	Orden Cayso	Quirino ES	Baguio City
Bronse	Sipa Double Takraw	John Michael N. Cuartero	Benguet Coach	Lucban ES	Baguio City
Bronse	Poomsae Individual A	Justin Carl Dominic Nacua	Benguet Coach	UB-LES	Baguio City
Silver	Poomsae Individual B	Ivan Murray Soliven	Benguet Coach	UB-LES	Baguio City
Gold	Poomsae Group	Irven Dale Langaen	Benguet Coach	UB-LES	Baguio City
		Justin Carl Dominic Nacua	Benguet Coach	UB-LES	Baguio City
		Ivan Murray Soliven	Benguet Coach	UB-LES	Baguio City
Gold	Kyorugi Category 1	Irven Dale Langaen	Benguet Coach	UB-LES	Baguio City
Bronse	Kyorugi Category 2	Justin Carl Dominic Nacua	Benguet Coach	UB-LES	Baguio City
Gold	Kyorugi Category 4	Ivan Murray Soliven	Benguet Coach	UB-LES	Baguio City
Bronse	Kyorugi Category 6	Jehmar S. Heria	Benguet Coach	SLU-LES	Baguio City

Prepared by:

  
**FERNANDO B. ELEPONGA**  
 EPS-I MAPEH

Palarong Pambansa 2013  
 Baguio City

**2013 Palarong Pambansa  
Dumaguete City  
April 21-27, 2013**

**MEDALS WON BY CAR**

**ELEMENTARY GIRLS**

PLACE	EVENT	NAME OF ATHLETE	NAME OF COACH	SCHOOL	DIVISION
Silver	Arnis: Anyo Team Double Identical Weapon	Mara Domingo	Nena Mary Palicas	Quirino ES	Baguio City
		Florence Joy Coteng	Nena Mary Palicas	Quirino ES	Baguio City
Bronze	Athletics: Discuss Throw	Cleofe Bagto	Lourdes Colingan	San Vicente ES	Baguio City
1st	9. TAEKWONDO		Edwin Padua		Baguio City
Bronze	Poomsae Group	Jessa Tumlayan	Edwin Padua	UB-LES	Baguio City
		Emma Therese Bayubay	Edwin Padua	Small World Christian School	Baguio City
		Chelsea Xen Tacay	Edwin Padua	UB-LES	Baguio City
Bronze	Kyorugi Category 1	Jesieraine Quinagon	Edwin Padua	Lucban ES	Baguio City
Gold	Kyorugi Category 2	Jessa Tumlayan	Edwin Padua	UB-LES	Baguio City
Gold	Kyorugi Category 3	Emma Therese Bayubay	Edwin Padua	Small World Christian School	Baguio City
Bronze	Kyorugi Category 4	Chelsea Xen Tacay	Edwin Padua	UB-LES	Baguio City

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Palarong Pambansa 2013  
 Baguio City

**2013 Palarong Pambansa  
Dumaguete City  
April 21-27, 2013**

**MEDALS WON BY DEP-ED CAR BAGUIO CITY**

**SECONDARY BOYS**

PLACE	EVENT	NAME OF ATHLETE	NAME OF COACH	SCHOOL	DIVISION
Bronze	Archery: 60 Meters Distance	Abelardo Villamor	John Hongitan	Baguio City NHS	Baguio City
3rd	2. ARNIS		Ceasar Badecao		Baguio City
Silver	Anyo Individual Single Weapon	Joe Marson Rey Abogadi	Ceasar Badecao	UB-HS	Baguio City
Gold	Anyo Team Single Weapon	Joe Marson Rey Abogadi	Ceasar Badecao	UB-HS	Baguio City
		Sheen Michaael Palikan	Ceasar Badecao	UB-HS	Baguio City
		Eric Cagawa	Ceasar Badecao	UB-HS	Baguio City
Silver	Anyo Team Double Weapon	Joe Marson Rey Abogadi	Ceasar Badecao	UB-HS	Baguio City
		Sheen Michaael Palikan	Ceasar Badecao	UB-HS	Baguio City
		Josh Monroe Yalong	Ceasar Badecao	UB-HS	Baguio City
Bronze	Full Contact Extra Light Weight	Josh Monroe Yalong	Ceasar Badecao	UB-HS	Baguio City
Bronze	Swimming: 200 LC Meter Medley Relay	Atreo Sae Cabalu	Eduardo Areola	SLU-LHS	Baguio City
		Reinaldo Bautista III	Eduardo Areola	UB-HS	Baguio City
		Jerkins Lorenzo Labao	Eduardo Areola	UB-HS	Baguio City
		Dominador Payaket Kr.	Eduardo Areola	SLU-LHS	Baguio City
Bronze	100 LC Meter Breastroke	Reinaldo Bautista III	Eduardo Areola	UB-HS	Baguio City
1st	14. TAEKWONDO		Arnold Oglayon		Baguio City
Gold	Poomsae Group/Team	Christian Mark Duntugan	Arnold Oglayon	SLU-LHS	Baguio City
		Troy Nathaniel Cayago	Arnold Oglayon	UB-HS	Baguio City
		Tristan Dale Cayago	Arnold Oglayon	UB-HS	Baguio City
Bronze	Kyorugi Bantam Weight (over 48 kgs. But not exceeding 51 kgs.)	Tristan Dale Cayago	Arnold Oglayon	UB-HS	Baguio City
Silver	Kyorugi Feather Weight (over 51 kgs. But not exceeding 55 kgs.)	Kendrix Klyndale Galian	Arnold Oglayon	UB-HS	Baguio City
Bronze	Kyorugi Light Weight (over 55 kgs. But not exceeding 59 kgs.)	John Gervin Astroligio	Arnold Oglayon	Baguio City NHS	Baguio City
Gold	Kyorugi Welter Weight (over 59 kgs. But not exceeding 63 kgs.)	Keno Anthony Mnedosa	Arnold Oglayon	UB-HS	Baguio City

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Baguio City

**2013 Palarong Pambansa  
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April 21-27, 2013**

**MEDALS WON BY DEP-ED CAR BAGUIO CITY**

<b>SECONDARY GIRLS</b>					
<b>PLACE</b>	<b>EVENT</b>	<b>NAME OF ATHLETE</b>	<b>NAME OF COACH</b>	<b>SCHOOL</b>	<b>DIVISION</b>
2nd	3. ARNIS		Marlon Dalagan		Baguio City
Bronze	Anyo Individual Event Single Weapon	Shaira Jane Salingbay	Marlon Dalagan	UB-HS	Baguio City
Silver	Anyo Team Single Weapon	Shaira Jane Salingbay	Marlon Dalagan	UB-HS	Baguio City
		Ela Rai Yalong	Marlon Dalagan	UB-HS	Baguio City
		Felvy Ah-ul	Marlon Dalagan	UB-HS	Baguio City
Bronze	Anyo Team Double Identical Weapon	Shaira Jane Salingbay	Marlon Dalagan	UB-HS	Baguio City
		Ela Rai Yalong	Marlon Dalagan	UB-HS	Baguio City
		Felvy Ah-ul	Marlon Dalagan	UB-HS	Baguio City
Gold	Full Contract Extra Light Weight	Felvy Ah-ul	Marlon Dalagan	UB-HS	Baguio City
1st	11. TAEKWONDO		Arnold Oglayon	UB-HS	Baguio City
Gold	Poomsae Individual A	Angelica Joyce Gaw	Arnold Oglayon	UB-HS	Baguio City
Silver	Poomsae Individual B	Suzaane Glehnn Caslangen	Arnold Oglayon	UB-HS	Baguio City
Gold	Poomsae Group/Team	Angelica Joyce Gaw	Arnold Oglayon	UB-HS	Baguio City
		Leslie Marie Agyamoc	Arnold Oglayon	UB-HS	Baguio City
		Suzaane Glehnn Caslangen	Arnold Oglayon	UB-HS	Baguio City
Bronze	Kyorugi Fin Weight (not exceeding 42 kgs.)	Angelica Joyce Gaw	Arnold Oglayon	UB-HS	Baguio City
Gold	kyorugi Bantam Weight (over 44 kgs. But not exceeding 46 kgs.)	Coleen Heria	Arnold Oglayon	SLU-LHS	Baguio City
Bronze	kyorugi Feather Weight (over 46 kgs. But not exceeding 49 kgs.)	Leslie Marie Agyamoc	Arnold Oglayon	UB-HS	Baguio City
Gold	kyorugi Light Weight (over 49 kgs. But not exceeding 52 kgs.)	Suzaane Glehnn Caslangen	Arnold Oglayon	UB-HS	Baguio City
Bronze	kyorugi Welter Weight (over 52 kgs. But not exceeding 55 kgs.)	Ma. KAYE Shannelle Romuar	Arnold Oglayon	UB-HS	Baguio City

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**MEDALS WON BY DEP-ED CAR BAGUIO CITY**

PLACE	EVENT	NAME OF ATHLETE	NAME OF COACH	SCHOOL	DIVISION
	<b>ATHLETICS</b>				
Gold	100 meter run (15 yrs old & below)	James David N. Balles	Janice D. Alacyang	BCSPED Center	Baguio City
Gold	Running Long Jump (15 yrs old & below)	James David N. Balles	Janice D. Alacyang	BCSPED Center	Baguio City
Bronze	400 meter run (15 yrs old & below)	James David N. Balles	Janice D. Alacyang	BCSPED Center	Baguio City
Silver	200 meter run (15 yrs old & below)	Jeremiah T. Tundagui	Janice D. Alacyang	BCSPED Center	Baguio City
Silver	200 meter run (16 yrs old & above)	Raymund Galiste	Charlie B. Basali	BCSPED Center	Baguio City
Bronze	400 meter run (16 yrs old & above)	Raymund Galiste	Charlie B. Basali	BCSPED Center	Baguio City
Silver	200 meter run (Open Category - Girls)	Irish Camille Alamar	Maribeth A. Jaravata	SPED Easter	Baguio City
Silver	400 meter run (Open Category - Girls)	Irish Camille Alamar	Maribeth A. Jaravata	SPED Easter	Baguio City

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Palarong Pambansa 2013  
 Baguio City

## SUMMARY

1	Elementary Boys Arnis	Champion
2	Elementary Boys Taekwondo	Champion
3	Elementary Girls Taekwondo	Champion
4	Secondary Boys Taekwondo	Champion
5	Secondary Girls Taekwondo	Champion
6	Secondary Girls Arnis	First Runner up
7	Secondary Boys Arnis	Second Runner up

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