



Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
**DIVISION OF BAGUIO CITY**  
#82 Corner Military Cut-off, Baguio City



1st Indorsement  
July 22, 2013

Respectfully referred to all school heads of public and private elementary and secondary schools the herein letter of FLORENCE G. REYES, MD MPH MSc, City Health Officer and City Nutrition Action Officer which is self-explanatory and for information, guidance and appropriate action. This Office encourages the participation of all **EPS, PSDS, School Heads, Department Heads, Master Teachers, School Faculty Club & PTA Officers and other interested individuals.** This **ADVOCACY WALK AGAINST MALNUTRITION AND HUNGER (AWA-MHU)** is set on July 27, 2013 at 6:30 AM at the Panagbenga Park, South Drive Barangay, Baguio City. The attendance of participants will be checked by their respective district heads and Main National High School Principals and to be submitted to the Division Office for record purposes. Registration will be on July 22-27, 2013 at the Health and Nutrition Section of DepEd-CAR, Baguio. The registration fee is pegged at P200.00/per walker.

Please see attached documents or visit [www.depedpines.com](http://www.depedpines.com) for more details.

**ESTELA LEON-CARIÑO, C.E.S.O. V**  
Schools Division Superintendent



Republic of the Philippines  
**BAGUIO CITY NUTRITION COMMITTEE**  
 Nutrition Division (Secretariat), Health Services Office  
 T. Alonzo St., Baguio City  
 Philippines



July 4, 2013

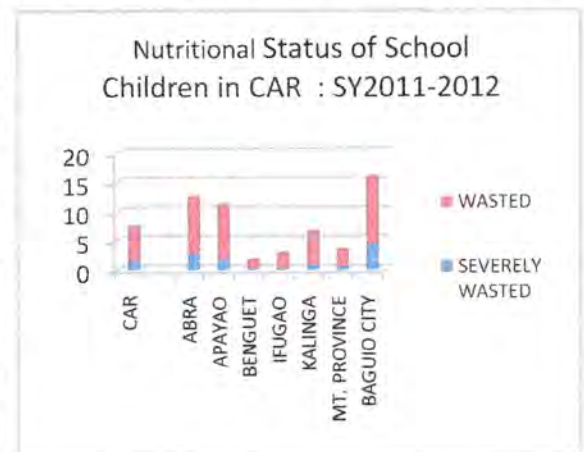
**Estela Leon-Carino, CESO V**  
 Schools Division Superintendent  
 Division of City Schools, Dep-Ed

Madam:

Greetings!

In the last consolidated data using anthropometric weight -age measurement gathered from the 6 provinces and 1 city comprising the Cordillera Region, it was alarming to note that Baguio City ranks highest in its wasted (underweight) and severely wasted (severely underweight) school children among the other localities. (Seen in graph presentation.)

The Baguio City Nutrition Committee would be initiating an activity in assistance and to raise funds for a Feeding Program for this school children to be launched this Nutrition Month of July, 2013. Dubbed: **ADVOCACY WALK AGAINST MALNUTRITION AND HUNGER (AWA-MHU)**, it will be a walk- for- a- cause to be participated in by our Barangay grass-root volunteers, civic groups and other willing sponsors.



The advocacy walk, scheduled on July 27, 2013, would take the route from the Panagbenga Park entrance of South Drive Barangay to the Country Club Village and down to Happy Hallow as the first lap. The second lap would continue on to finish at the covered court of Apugan Loakan and would be included as an advocacy for a healthy lifestyle. It estimated at 7.5 route walk and timed at 2 hours of eco-walk along pine- nestled winding road, with a great view of the mountains of Itogon to a sleeping rural community and a challenging up-road walk to end with the Baguio Airport in sight. Start of walk : 6:30 a.m. after distribution of registration numbers.

For this **AWA-MHU** Project, we would like to enjoin your participation as a partner and as one, maybe you can help us locate possible sponsors, assist in the registration of participants and provide medical assistance on the day of the event. The registration fee is pegged at P200.00/ per walker and would mean 8 days of snack meal for an in-need child. A feeding program has a minimum of 132 feeding days to rehabilitate and improve nutritional status of a child. A certificate of appreciation for participation will be given to the participants including sponsors and partners.

For more information and inquiries please call our Secretariat at the Nutrition Office (074) 443-6649, Our Project coordinator Angie Sabado : cp#09209002567 or District Coordinator Corazon Cabanayan cp#09279756791.

Anticipating a favorable response from you, we thank you and may we work in future endeavors such as this to improve our children's good health and ensure a brighter future for our city and the country.

Truly yours,

**FLORENCE G. REYES, MD MPH MSc**  
 City Health Officer  
 City Nutrition Action Officer

**CONFIRMATION SLIP**

Please check what you can be so generous to share/ donate/ or how many to sponsor :

- Join as walker/s: \_\_\_\_\_/Sponsor registration of \_\_\_\_ walkers at P P200/person
- Provide snacks for the participants \_\_\_\_\_ a.m.
- Provide needs such as \_\_\_\_\_ hand-towels, \_\_\_\_\_ water in bottles, \_\_\_\_\_ water-refilling area; \_\_\_\_\_ others.
- Provide other tokens: ex. fan, \_\_\_\_\_ caps, \_\_\_\_\_; \_certificates\_\_\_\_\_ T-shirts\_\_\_\_\_
- Sponsor feeding of \_\_\_\_\_ school children at P25/ snack-meal.

Confirmed by:

As approved:

\_\_\_\_\_  
Personal Commitment /Representative

\_\_\_\_\_  
President/ Agency Head/ Chairman /Manager

DATE: \_\_\_\_\_



**BAGUIO CITY NUTRITION COMMITTEE**  
Nutrition Division (Secretariat), Health Services Office  
*T. Alonzo St., Baguio City*  
*Philippines*



Secretariat response:

Received from : \_\_\_\_\_

Date: \_\_\_\_\_

\_\_\_\_\_ To be delivered / \_\_\_\_\_ for pick-up on \_\_\_\_\_ at \_\_\_\_\_

Received by : \_\_\_\_\_

Date: \_\_\_\_\_



**"Advocacy Walk Against Malnutrition and Hunger"**  
**July 27, 2013 | 6:30 a.m.**  
**Panagbenga Park, South Drive**

Registration No: _____	
Please check a category: <input type="checkbox"/> Male, <input type="checkbox"/> Female	
7.5km	<input type="checkbox"/> Advocacy Walk and Healthy Lifestyle (Loakan-Apugan)
6km	<input type="checkbox"/> Advocacy Walk (Happy Hollow)
<b>Personal Information</b>	
Last Name: _____	
First Name: _____	
Middle Name: _____	Civil Status: _____
Birth Date: _____	Age: _____ Sex: _____
Address _____	
E-mail Address: _____	
Contact Number/s: _____	
_____ Participant's Signature Date Accomplished	

**Waiver, Release and Indemnification:**

I AGREE to comply with the guidelines and event instructions of the "Advocacy Walk Against Malnutrition and Hunger". I UNDERSTAND that participating in this activity may be potentially hazardous and can result in serious injury or death. I am aware of and I expressly assume all inherent risks associated with participating in this event, including, but not limited to, falls, contact with objects, the effects of weather, including high heat and humidity, and the conditions of the road.

IN CONSIDERATION of your accepting this entry, I for myself and anyone entitled to act on my behalf, waive and release from any and all claims for injuries and damages I may have against the Event Organizers and Sponsors caused by my negligence or any of my representative arising out of my participation in this event, including pre and post-walk activities.

I ATTEST that I am physically and medically fit to join the "Advocacy Walk Against Malnutrition and Hunger".

I CONSENT to receive medical treatment which may be advisable in the event of illness or injuries suffered by me during this event, and I agree to pay for the costs of my medical treatment.

I GIVE PERMISSION for the free use of my name, voice, or picture in any broadcast, telecast, advertising promotion or other account of this event.

\_\_\_\_\_  
Signature Over Printed Name Date

I AGREE that submission of this application constitutes agreement of all the terms of this waiver and release statement.

I have read and understood everything written above.

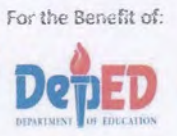
**Parental Consent**

\_\_\_\_\_  
Signature Over Printed Name of Parent/Guardian if under 18 Contact Number of Parent/Guardian

**Event Organizer's Copy**

**ADVOCACY WALK RULES AND REGULATIONS:**

- The "Advocacy Walk Against Malnutrition and Hunger" is a 6 kilometer and 7.5 kilometer walk open to ages 9 to 65 years of age who supports a better nutrition for our school children.
  - Participants may jog, walk or rest upon their discretion.
- The walk will be on **July 27, 2013, Saturday** and will start promptly at **6:30 a.m.** from the **Panagbenga Park, South Drive** (starting point).
  - Assembly and Check-in Time will be from at 5:30 – 6:00 a.m.
- The **Registration Fee** will be **P200.00** per participant.
  - \*\*\* Inclusive of registration no. and 1 certificate depending on the distanced walked (either 6km or 7.5km) by the participant.
  - \*\*\* Registration sites:
    - HSO (BHD) Nutrition office (T. Alonzo) and
    - Philippine Red Cross – Baguio (Harrison Road)
- Only those officially registered participants are allowed to join the advocacy walk.
  - Proxy is not permitted.
- Dead line of registration is on **JULY 23, 2013 (TUESDAY)**.
- Participants below 18 years old must have their parent/guardian sign the **Parental Consent** portion on the waiver in order to participate.
- Participants are encouraged to wear their district/agency/organization shirt and rubber shoes.
  - Singlet or Walk Shirt will not be provided** by the organizers.
- Participants are encouraged to bring light snacks, water, towel and umbrella.
- The **REGISTRATION NUMBER** must be visible at all times and to be pinned in front of their uniform or shirt.
- This is **not a competitive event** so **no cash awards** will be given to the participants.
- There will be **water stations** along the route and the 6km walk will finish at **HAPPY HOLLOW Barangay**; the 7.5 Km will end at **LOAKAN - APUGAN Barangay**
- Walk organizers reserve the right to disqualify or refuse registration of walkers whom they deem is not in accordance with the **Walk Rules and Regulations**.
- The organizers reserve the right to alter or change any of the above said rules and regulations they may deem necessary to ensure the success of the event. The organizer's decision is final.



Name: _____	
Registration No: _____	
<input type="checkbox"/> Male, <input type="checkbox"/> Female	
7.5k	<input type="checkbox"/> Advocacy Walk and Healthy Lifestyle (Loakan-Apugan)
6k	<input type="checkbox"/> Advocacy Walk (Happy Hollow)

**Participant's Copy**