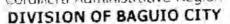


### Republic of the Philippines Department of Education Cordillera Administrative Region





Howerheadon Emaid & fension Booking Cir. 1 1 5 440 Te 22 Fab: (074) 44 478 9

#### DIVISION MEMORANDUM NO. 32 S.2014

To

: Public Schools District Supervisor

**Public and Private Elementary School Heads** Public and Private Secondary School Heads

FROM

: FRANCIS CESAR B. BRINGAS, CESO VI

Assistant Schools Division Superintendent

Officer In-charge

SUBJECT

1<sup>St</sup> GVNHS INTER-SCHOOL TAEKWONDO CHAMPIONSHIPS

2/24/2014

DATE

February 20, 2014,

- 1. 1st GVNHS INTER-SCHOOL TAEKWONDO CHAMPIONSHIPSon March 1-2,2014 (8:00-5:00p.m) at Guisad Valley National High School, BadoDangwa Street, Baguio City.
- 2. The schedule of activities and general technical guidelines are enclosed for the guidance of all concerned.
- 3. All officiating officials shall report on March 1, 2014 at 7:00 am at Guisad Valley National High School.
- 4. Service Credits shall be granted to officiating officials and coaches who are on teacher leave basis while Compensatory Time-Off shall be granted to officials and other nonteaching personnel for services rendered on Saturdays/Sundays and holidays within the duration of the competition.
- 5. Registration fee of Php100 will be collected for each athlete who will be competing for the said event. (for certificates, medals, trophies and meals for officiating officials)
- 6. Safety precautions and standard protocol in handling combative games must be strictly observed by all concerned to avoid any injury during the competition.
- 7. For more detail please contact Rama Krishna Rafael R. Wasan with email address: rom jiro100@yahoo.com and cell phone number 09474018217
- 8. Immediate dissemination and compliance to this memorandum is enjoined.

#### Pines Taekwondo Club 1<sup>st</sup> GVNHS Inter – School Taekwondo Championships

24 February 2014

**Dear Coaches, Instructors and Parents;** 

**Divine Greetings** 

In line with our vision to promote healthy lifestyles and to create a well balanced society, and building strong foundation for the youth by instilling good virtues and values thru sports and martial arts as medium, PINES TAEKWONDO CLUB would like to extend our most sincere invitation for you to participate in the 1<sup>st</sup> GVNHS Interschool Taekwondo Championship on March 2, 2014, Sunday 8:00am -5:00pm at Guisad Valley National High School, BadoDangwa Street, Baguio City.

This tournament is the ideal occasion for your students to be able to compete in a friendly and impartial atmosphere, and to bond new ones in a spirit of fair and friendly competition. Furthermore, this event will be a great opportunity for Taekwondo practitioners to further develop their physical, mental and moral aspect as we aim to top the true potentials of athletes without the involvement of politics, addressing the problems of the youth today —lack of discipline, vices, violent behaviour, bad company, bullying etc. by channelling their energy into sports and progressive activities.

All participants will receive Certificates, medals and trophies shall be given to the awarded winners.

For Coaches and Instructors please submit a master list of participants including their weight / height categories, signed waivers and registration fees on or before February 28, 2014, Friday.

For more details please contact Rama Wasan @ 09474018217 / rom jiro100@yahoo.com.

Thank you very much.

Sincerely,

Rama Wasan Event Organizer

# Pines Taekwondo Club

# 1<sup>st</sup> GVNHS Inter – School Taekwondo Championship March 02, 2014

## **Guisad Valley National High School**

Home Address: Mok		
	obile / Telephone umber:	Age:
School / Gym Chapter: Belt	It degree:	
Name of Instructor / Coach : Not here	ote: attach registration re	fee (100 php)
*(To be filled by weight in officials)* Check Appropriate Box:  Novice White Belt Yellow Belt Blue Belt Blue Belt Black Belt	Elementary Weigh	nt: Juniors
I hereby certify that my son / daughter are physically and mentally fit to participate in this Competition.  Certification and Waiver	Parent's/ Guardian Name and Signature	
<ol> <li>I hereby certify that the above information is true and correct.</li> <li>I release the instructors, organizers and officials from any liability whatsoever, arising from any injury or damage which may be sustained during the competition and waive any right or course of action relative hereto.</li> </ol>	dent's Name and Signature	
Date	te:	

# Pines Taekwondo Club 1st GVNHS Inter – School Taekwondo Championship Guisad Valley National High School Guisad Road, Baguio City March 02, 2014

I. Schedule of Activities

February 28, 2014 1pm – 6pm Weigh – in (Guisad Valley National High School)

March 02, 2014 (Saturday) 8am Opening Prayer / Flag Ceremony / Introduction

8:30am Verification and Roll Call of Players

9am Opening Ceremony & Orientation

(Ground Rules and Point system)

9:30am Competition Proper until Awarding Ceremony

#### II. Qualifications for Participation

- 1. All interested Taekwondo Practitioner Elementary and Secondary School may join the Competition.
- 2. Out of School Youth are allowed to join the Competition. (Organizers Discretion)
- 3. Age Requirements:
  - a. Secondary Division: Players who are 14-17 years old.
  - b. Elementary Division: players who are 10 13 years old.
  - c. Children Division: 9 years old and below.

#### III. Registration Requirements:

- 1. All participants must submit a duly accomplished Registration Form and Waiver.
- 2. A registration fee of 100php is required upon registration.
- 3. A player must compete in the weight / height category registered in the final weigh in.

#### IV. Divisions and Categories:

A. Elementary & Children division(novice &advance)

Height Category	Boys division	Girls division
Group 00: below112cm.	Below 8yrs.old	Below 8yrs.old
Group 0: over 112cm to 120cm	Not over 9yrs.old	Not over 9yrs.old
Group 1: over 120cm to 128cm	Not over 10yrs.old	Not over 10yrs.old
Group 2: over 128cm to 136cm	Not over 11yrs.old	Not over 11yrs.old
Group 3: over 136cm to 144cm	Not over 11yrs.old	Not over 11yrs.old
Group 4: over 144cm to 152cm	Not over 11yrs.old	Not over 11yrs.old
Group 5: over 152cm	Not over 12yrs.old	Not over 12yrs.old

B. Juniors / High school division(novice & advance division)

Weight category	Male	female	
1.Fin	Not exceeding 45 kg.	Not exceeding 42 kg.	
2.Fly	Over 45kg to 48kg	Over 42kg to 44kg	
3.Bantam	Over 48kg to 51kg	Over 44kg to 46kg	
4.Feather	Over 51kg to 55kg	Over 46kg to 49kg	
5.Light	Over 55kg to 59kg	Over 49kg to 55kg	
6.welter	Over 60kg	Over 55kg	

#### V. Method of Competition:

- 1. The competition will be individual, single elimination.
- 2. Matches from elimination to finals will be 2 rounds 1minutes and 30 seconds per round.
- 3. In case more than one player of a chapter is in the same category, these players will not meet in the first match unless a"bye" is drawn by one player.
- 4. Each Division shall have Novice and Advance Categories:
  - a. Novice: Yellow belts and Blue belts
  - b. Advance: Red belts, Brown belts and Black belts.

#### VI. Scoring System:

- 1. The following scoring system shall be observed:
  - a. Body kick 1point
  - b. Turning kick to the body 2 points
  - c. Head kick 3 points
  - d. Turning head kick 4 points

#### VII. Awards:

- 1. Medals will be awarded to Winners (Gold, Silver, 2 Bronze for each category)
- 2. Trophy will be given to 2<sup>nd</sup> Runner Up 1<sup>st</sup> Runner up Champion and Overall champion thru medal tally. 3points for Gold medals, 2 points for silver medals and 1 point for bronze medals.
- 3. Certificates will be given to all participants.

#### VIII. Officiating Committee

Jones Calingayan Anthony Milanes Marez Domalleg-Tome Ista Wasan Helena P{ogeyed Tournament Manager Chief Referee Tournament Coordinator Medical Officer I Medical Officer II