



Republic of the Philippines
Department of Education
Cordillera Administrative Region
DIVISION OF BAGUIO CITY
#82 Corner Military Cut-off, Baguio City



1st Indorsement
August 22, 2014

Respectfully referred to all school heads of public and private elementary and secondary schools the herein letter request of Mr. NICODEMUS B. GAM-AD, Arnis National Accredited Referee and Mr. ORDEN V. CAYSO, Coach, ERQES Arnis Team of Irisan National high School and Elpidio R. Quirino Elementary school teachers respectively which is self-explanatory. All school heads are encouraged to send participants to this Seminar-Workshop in Arnis which will be held on August 29, 30 and 31, 2014 at Elpidio R. Quirino Elementary School. The registration and opening program will be on August 29, 2014 at 3:00 o'clock in the afternoon at Baguio Central School, Baguio City. A registration fee of P150.00 shall be collected from each participant to cover expenses for hand outs, certificates and other incidental expenses.

Please see attached documents for more details.


FRANCIS CESAR B. BRINGAS, C.E.S.O. VI
Schools Division Superintendent



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SCHEDULE OF ACTIVITIES
 August 29-31, 2014

Time	Day 1- August 29 (Friday)	Day 2- August 30 (Saturday)	Day 3- August 31 (Sunday)
7:30- 8:00		Warm up activities in Arnis Sharing FMA skills	Warm up activities in Arnis Sharing FMA skills
8:00-9:00		Rules and conduct for the conduct of DepEd Arnis Competition Part I: FULL CONTACT EVENT By: Guro Leo Carino	Hand Signals and Calls By: Guro Leo Carino Nicodemus Gam-ad
9:00-10:00		Scope, Game Characteristics Facilities, Equipments, Participants And Rules of the games	
10:00-10:15		Break	Break
10:15-12:00		Rules and conduct for the conduct of DepEd Arnis Competition Part II: ANYO EVENT By: Guro Leo Carino	Practicum: Full Contact
12:00-1:00	Lunch Break	Lunch Break	Lunch Break
1:00-2:00	Registration	Updates on the New Guidelines for Palarong Pambansa 2015 (Labanan & Anyo) By: Guro Leo Carino	Actual Anyo Performance Anyo Forms
2:00-2:30	Opening Program	Officiating Tournament Officials By: Guro Leo Carino Nicodemus Gam-ad	Closing Program
2:30-3:00	ARNIS Filipino Martial Arts ARNIS National Sports R.A. 9850 By: Nicodemus Gam-ad		
3:00-5:00	Coach Inputs By: Orden Cayso Grade 7 Physical Education Module for 3&4 Grading Rubrics By: Nicodemus Gam-ad	Officiating Tournament Officials By: Guro Leo Carino Nicodemus Gam-ad	Team Building