



REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF HEALTH
Cordillera Administrative Regional Office

BGHMC Compound, Baguio City 2600
Tel./Fax Nos. (074) 442-8096 to 98 www.care.doh.gov.ph



DEPED-CAR Time: _____

July 28, 2015

ELLEN B. DONATO, Ed., D., CESO III
Regional Director
DepEd CAR
Wangal, La Trinidad, Benguet



DEPED-CAR Time: _____

Dear Dir. Donato:

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Greetings!

The Department of Health Cordillera Administrative Regional Office (DOH CAR Office) will be conducting the **“Be Healthy, Hataw Na” 2015 Contest on September 22, 2015 in Convention Center, Baguio City.**


In line with this, we are inviting all Elementary Schools (Public or Private) in Baguio City with a maximum of 25 participants, ages nine to eleven (9-11) years old to join the said activity. Please see the attached mechanics and criteria for the upcoming event.

Meals and snacks will be shouldered by DOH CAR Office during the contest proper. For further inquiries, our point person Ms. Joycelyn Z. Rillorta can be contacted at mobile number 0927-568-7318.


Thank you very much for your continuing support in our health programs.

Very truly yours,


AMELITA M. PANGILINAN, MD, MPH
Director III
Officer-in-Charge



Republic of the Philippines
DEPARTMENT OF EDUCATION
CORDILLERA ADMINISTRATIVE REGION
Wangal, La Trinidad, Benguet




To :

Schools Division Superintendent
Division of Baguio City

August 05, 2015

For information, guidance and appropriate action.


Ellen B. Donato Ed., D. CESO III
 Director IV

FSSD/ARCBH

MECHANICS OF THE "BE HEALTHY, HATAW NA" CONTEST

I. Preliminary Screening*

1. Participating teams will work on their own intervention in accordance with their preference, schedule and convenience.
2. Each team will submit an e-copy of their presentation with name of the school and contact number to the DOH-CAR office for screening. Top **twenty three (23)** schools will be selected for the contest proper. The participants will use their P.E. uniforms
3. Lifting or any dangerous stunts are not allowed.
4. School registrar should furnish a proof of certificate that the participating students belong to the nine to eleven (9-11) age.
5. Last day of submission of entry will be on **September 3, 2015 (Friday)**

II. Contest proper

A. T-shirts for kids will be provided to be used during the contest proper.

B. CRITERIA FOR GOOD PARTICIPATION AND PERFORMANCE

- Grand Winner(1)

- The team who has garnered the highest point and fulfilled the following criteria:
 - a. Age group =9 to 11 yrs old
 - b. Maximum of 25 participants
 - c. 10 minutes length of exercise
- Choreography (suitability of the dance/exercise movements to the concept) = 30%
- Performance and timing (showmanship, mastery, unit) = 30%
- Theme/Concept = 15%
- Production Design = 15%
- Music = 10%

TOTAL =100%

III. PRIZES AND AWARDS

- Winners will be given cash as well as plaque of recognition
 - First Prize P 40,000.00
 - Second Prize 30,000.00
 - Third Prize 20,000.00
- The rest of participating groups will receive P 4,000.00 each

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