



Republic of the Philippines
Department of Education
Cordillera Administrative Region
Division of Baguio City
Military Cut-Off, Upper Session Road, Baguio City
Tel. No.: (074) 442-7819



1st Indorsement
September 3, 2015

Respectfully referred to all Public and Private Elementary and Secondary School Heads, Teachers, and Guidance Counsellors the herein invitation of *Christine Gina Dailay-Camsol*, RP, Philippine Mental Health Association Baguio-Benguet Chapter Executive Manager re: Lecture Forum entitled, "Sad Mad or Glad: How Emotions Affect Children's Behavior" which is self-explanatory. School heads are encouraged to send their teachers/guidance counsellors in this forum on voluntary basis.


FRANCIS CESAR B. BRINGAS, CESO VI
Schools Division Superintendent



PHILIPPINE MENTAL HEALTH ASSOCIATION

BAGUIO-BENQUET CHAPTER, INC.

Marcos Highway, Baguio City 2600

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Christine Gina Dailay-Camsol
Chapter Executive Manager

August 18, 2015

DR. FRANCIS CESAR B. BRINGAS, CESO IV

Schools Division Superintendent

Department of Education

Division Office of Baguio

Military Cut-off, Baguio City

Dear **Dr. Bringas**:

Greetings from the PMHA BBCI family!

The human being is a wonderful creation composed of the mind, body, spirit and soul. Part of being human is the capacity to feel different emotions. Emotions are powerful drive in directing a person's behavior. Knowing how to identify and interpret our emotions can help us direct them into productive results. In reality however, most individuals often fail to identify and understand correctly their feelings which prompt them to react instantly and let these feelings rule and dictate their actions.

In connection with this, we wish to invite you, your staff, the principals, teachers, and guidance counselors of the Department of Education Baguio City Division to the Lecture Forum entitled:

"Sad, Mad or Glad:

How Emotions Affect Children's Behavior"

on **September 21, 2015, (Monday) from 8:00 A.M. to 12:00 noon** at the **Grand Ballroom, Venus Parkview Hotel, Kisad Road, Baguio City.**

The Lecture Forum aims to:

1. Inform the participants on the dynamics of emotions and how it affects a persons' behavior;
2. Help the participants understand better their clients and students;
3. Update the participants on the different emotional and behavioral disorders in children and adolescents;

MEMBER: WORLD FEDERATION FOR MENTAL HEALTH

H.M.
M. Tenefrancia

2015-2016

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4. Teach the participants on how to identify children with emotional and behavioral disorders; and
5. Inform the participants on agencies and/or professionals where they can refer clients who show signs of emotional and behavioral disorders.

The speaker for the said seminar is the PMHA Board of Trustee President, **Dr. Cornelio G. Banaag, Jr.** an expert child, adolescent and adult psychiatrist based in Manila. He is a Professor Emeritus and immediate past Chairperson of the Department of Psychiatry and Behavioral Medicine at the University of the Philippines – Philippine General Hospital. He is also a Consultant for the Program on Street Children and Substance Abuse of the World Health Organization, Geneva, Switzerland.

The registration fee which shall cover the participant's seminar kit, brochures, certificate, and snack is as follows:

PMHA Member as of Sept. 4, 2015	:Php	550.00
Non-member	:Php	600.00

PMHA Member as of Sept. 4, 2015	:Php	600.00
Non-member	: Php	650.00

May we also seek for your endorsement and approval that the registration fee of the teachers who will be attending the said lecture forum be charged to their school or local funds?

To facilitate the smooth flow of the activity, may we request the interested participants to confirm their attendance **on or before September 11, 2015** by calling us at the following numbers: **(074)442-2337; 09175172083; 09494989757.**

Thank you very much and we hope for a favorable response to our request.

Sincerely yours,

CHRISTINE GINA DAILAY-CAMSOL, RP
Chapter Executive Manager