



# NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

## A.T. Ancheta Enterprises

54 National Road, Muntinlupa City  
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For : **SDS FRANCIS CESAR B. BRINGAS**  
Schools Division Superintendent  
Division of Baguio City

Thru: **The EPS- PESS/MAPEH**

From : **DR. LITO T. ANCHETA**  
President/Training Director  
National Association of Physical Educators

Subject : As Stated  
Date : September 12, 2015

In line with the advocacy of National Association of Physical Educators (NAPE) in cooperation with the Department of Education there will be a **Live - out National Training and Workshop for MAPEH Teachers of the National Association of Physical Educators (NAPE)** (Region 111 (Central Luzon) & CAR) on **OCTOBER 9-11, 2015** (Friday-Sunday) which was endorsed by the Department of Education Central Office, Pasig City,

Registration fee of One Thousand Three Hundred Pesos (Php 1,300.00) shall be charged in each participant to defray kit, certificate (participation and appearance), professional fee, transportation allowance, hotel accommodation of the resource speakers and other incidental expenses concerning the activity charge against school's MOOE/local funds subject to usual accounting and auditing rules and regulations.

Participants to this activity are MAPEH Supervisors/coordinators, Principals/school heads, MSEP/MAPEH teachers, Culture and Arts Coordinators, choreographers, coaches and sports enthusiasts from elementary and secondary public and private. This is open to all interested teachers.

At this point, may I request from your good office to be the host division considering Baguio City is a nice place called (Summer Capital of the Philippines). May I ask the assistance from the Education Supervisor in MPEH in your division for the ideal venue for the said national training and workshop (any school with big covered court elementary/secondary) within Baguio City, division memorandum and some preparations concerning the national activity. Expenses for the preparation be refunded after the activity.

Further, may I request from your good office to please endorse this national training and workshop to all districts and secondary schools public and private in your division for them to attend and participate this fruitful and minimal training.

Attached please see the letter to Usec. Rizalino T. Rivera, Usec for Provincial Operations, Usec. Dina S. Ocampo, Usec. for Programs and Projects, copy of DepEd Advisory No. 58, s. 2015, schedule of activities, list of the resource speakers.


Thank you so much for the positive response as well as support and may God bless you and your loved ones.

Cc/  
DepEd Central Office  
Regional Office/File

9/12/15

To: **All Public Elementary and Secondary School Heads**

For your information . Participation to said event is voluntary .

  
**FRANCIS CESAR B. BRINGAS, CESO VI**  
Schools Division Superintendent



# NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

**A.T. Ancheta Enterprises**

54 National Road, Muntinlupa City  
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January 20, 2015

**DR. RIZALINO D. RIVERA**  
Undersecretary for Provincial Operations  
Department of Education

**DR. DINA S. OCAMPO**  
Undersecretary for Programs & Projects  
Department of Education

DEPARTMENT OF EDUCATION  
OFFICE OF THE UNDERSECRETARY  
FOR REGIONAL OPERATIONS

**RECEIVED**

By: *[Signature]* Time: 5:20  
Date: JAN 24 2015  
DepEd: *[Signature]*

Dear Dr. Rivera & Dr. Ocampo,

In line with the advocacy of the National Association of Physical Educators (NAPE) in cooperation with A. T. Ancheta Enterprises please allow us to conduct a **National Training and Workshop for MAPEH Teachers** with the following dates and corresponding venues:

April 6 – 9, 2015	Luzon	Region IV-B/Region IV-A
April 23 – 26, 2015	North Luzon	Region III/CAR
April 25-27, 2015	Visayas	Region VI/Region VIII
May 7 – 10, 2015	Mindanao	Region XI/Region XII

The Training - Workshop aims to:

- **participate** in professional discussion on varied issues and training , which concerns Physical Education in the country;
- **converge** with physical educators and other teachers of subject areas like Music, Health, Arts, Dance and Sports throughout the country and partnership and wide networks of physical educators in response to the K-12 program of DepEd;
- **share** experience, information, and expertise to further achieve developments in the intellectual capital among physical educators involved in the promotion and development in the training and;
- **establish** a solid and united organization of physical educators or a confederation of various activities.

Registration fee of One Thousand Five Hundred Pesos (Php 1,500.00) shall be charged in each participant to defray kit and certificate (participation and appearance) professional fee, transportation allowance, hotel accommodation of the resource speakers and other incidental expenses concerning the activity can be charged against school's MOOE and other local funds subject to proper accounting and auditing rules and regulations.

Participants to this activity are Supervisors/ Principals/School Heads, MAPEH teachers, Culture and Arts Coordinators, coaches, choreographers, sports and dance enthusiasts. This is open to all teachers from elementary and secondary public and private.

Further, may I ask your generous support to please endorse this national training and workshop to all Regional Directors, Schools Division Superintendents, Districts Supervisors, Principals/School Heads (Secondary/Elementary) and DepEd Officials in general for the participation of the interested individuals.

Thanking you in advance and looking forward to our fruitful partnership on this national activity.

Truly yours,

*[Signature]*  
**DR. LITO T. ANCHETA**  
President/Training Director  
National Association of Physical Educators

DepEd Advisory No. 58, s. 2015

February 17, 2015

In compliance with DepEd Order No. 8, s. 2013  
this advisory is issued for the information of DepEd officials,  
personnel/staff, as well as the concerned public.

(Visit [www.deped.gov.ph](http://www.deped.gov.ph))

NATIONAL TRAINING AND WORKSHOP FOR MAPEH TEACHERS  
OF THE NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS (NAPE)

The National Association of Physical Educators (NAPE) and the A.T. Ancheta Enterprises will conduct the *National Training and Workshop for MAPEH Teachers* by cluster on the following dates at corresponding venues:

North Luzon	Regions III & CAR	
South Luzon	Regions IV-B & IV-A	April 6-9, 2015
Visayas	Regions VI, VII & VIII	April 23-26, 2015
Mindanao	Regions X & XI	May 7-10, 2015

The Training-Workshop aims to:

1. enable the participants to participate in professional discussion on varied issues and training which concern Physical Education (PE) in the country;
2. allow them to converge with PE and other teachers of subject areas like Music, Health, Arts, Sports and Dance throughout the country and partnership and wide networks of physical educators in response to the K to 12 Program of DepEd;
3. enable them to share experiences, information and expertise to further achieve developments in the intellectual capital among physical educators involved in the promotion and development in the training; and
4. help them establish a solid and united organization of physical educators or a confederation of various activities.

The target participants are supervisors, principals, MAPEH teachers, culture and arts coordinators, coaches, choreographers, sports and dance enthusiasts from both public and private elementary and secondary schools nationwide.

Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

More information may be inquired from:

Dr. Lito T. Ancheta  
President and Training Director  
National Association of Physical Educators (NAPE)  
54 National Road, Muntinlupa City  
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Email Address: [drilitoancheta1234@yahoo.com](mailto:drilitoancheta1234@yahoo.com)

## SCHEDULE OF ACTIVITIES

### Day – 1

#### Morning Session

6:30 – 9:00	:	General Registration
9:00 – 10:00	:	Opening Ceremony
10:00 – 12:00	:	Lecture on Stress Management
12:00 – 1:00	:	Lunch Break

#### Afternoon Session

1:00 – 3:00	:	Sports Science (Bio- Mechanics)-Body Management/Movement, Movement Skills, Locomotor & Non- Locomotor (Grades 1-6)
3:00 – 5:30	:	Action Songs/Mimetics/Imitates/Mechanical/Animal and Native Movements (Grade 1) (3:40-4:00 Break)

#### Evening Session

7:00 – 10:00	:	Folk dances (Film Viewing and Group work) Grade 11 Alitaptap, Grade 111 Tiklos, Grade 1V Subli
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### Day – 2

#### Morning Session

7:30 – 8:30	:	Dance Aerobics/Physical Fitness and Wellness
8:30 – 12:30	:	Music: Basic Conducting (Kodaly Approach to Music Education) Philippine/Asian Music
12:30 – 1:30	:	Lunch Break (9:40 – 10:00 Break)

#### Afternoon Session

1:30 – 5:00	:	Folk dances (Film Viewing and Group work) Grade V Carinosa, Grade VI Maglalatik- boys/Itik-itik – girls (3:40 – 4:00 Break)
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#### Evening Session

6:00 – 10:00	:	Folk dances : (Film Viewing and group work) Grades 7-10 (Local Indigenous dances, Binislakan, Karatong (Festive dance), Social/Ballroom dances & Contemporary
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### Day – 3

#### Morning Session

7:30 – 12:00	:	Art Education: Drawing, Painting, Visual Arts in Drama & Festivals with video presentation.
12:00 – 1:00	:	Lunch Break (9:40-10:00 Break)

#### Afternoon Session

1:00 – 4:00	:	Health Education: Nutrition, Personal Health, Growth & Development
4:00 – 5:30	:	Closing Ceremony
5:30 – onwards	:	HOME SWEET HOME

Note: Participants may bring the following:

1. PE/dancing outfit
2. Small native hut for girls
3. 1 meter dried bamboo (whole) with tie around the waist and 2 pcs bamboo split (1 ft. long) for boys.
4. Art materials be announced on the first day.

## THE LECTURERS/RESOURCE SPEAKERS

1. Prof. Salome S. Corpuz : Writer, Special Program for Sports  
Easy & Affordable Secondary Educ. Program  
Understanding by Design: An Approach  
K – 12 Grade 7, 8, 9 & Open High School Curriculum  
Expert in Humanities (Audio Visual Education)  
DepEd, National Capital Region
2. Dr. Drolly P. Claravall : Sport Psychologist/Sports Medicine Specialist, PATAFA  
Regional Director, Region 11 Cagayan Valley/ Professor  
Isabela State University, Ilagan, Isabela.
3. Dr. Ernesto T. Sanchez : Music Specialist & Lecturer Local/International Level  
National Capital Region
4. Dr. Lito T. Ancheta : Sport Psychologist/Science, Dance Specialist/Artistic  
Director & Choreographer  
National Capital Region, RQUAT-CHED
5. Dr. Leny De los Reyes : Music/Art, Education Program Supervisor – MAPEH  
Division of City of San Jose Del Monte, Bulacan.
6. Arnold James Grecia : Art, Division of City of San Jose Del Monte  
Bulacan
7. Antonio G. Melelor : Music, Division of San Jose Del Monte City  
Bulacan