




Republic of the Philippines
Department of Education
Cordillera Administrative Region
DIVISION OF BAGUIO CITY
#82 Corner Military Cut-off, Baguio City



1st Indorsement
September 30, 2015

Respectfully referred to all school heads of public and private elementary and secondary schools the herein letter of DR. LITO T. ANCHETA, President/Training Director, National Association of Physical Educators which is self-explanatory. All school heads, MAPEH & non-MAPEH teachers and students are encouraged to attend to this seminar entitled "National Training and Workshop for MAPEH teachers of the National Association of Physical Educators (NAPE)" This seminar workshop is reset from October 9-11, 2015 to **October 16-18, 2015** to be held at ~~Baguio Central School~~, Baguio City from 8:00 AM to 5:30 PM. Participation is voluntary. *Lucban E/S*

Kindly see attached documents for more details or you may contact Dr. Lito Ancheta at cp no. 09294607896.


FRANCIS CESAR B. BRINGAS, C.E.S.O. VI
Schools Division Superintendent

DepEd Advisory No. 58, s. 2015

February 17, 2015

In compliance with DepEd Order No. 8, s. 2013
this advisory is issued for the information of DepEd officials,
personnel/staff, as well as the concerned public.

(Visit www.deped.gov.ph)

**NATIONAL TRAINING AND WORKSHOP FOR MAPEH TEACHERS
OF THE NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS (NAPE)**

The National Association of Physical Educators (NAPE) and the A.T. Ancheta Enterprises will conduct the *National Training and Workshop for MAPEH Teachers* by cluster on the following dates at corresponding venues:

North Luzon	Regions III & CAR	October 16-18, 2015
South Luzon	Regions IV-B & IV-A	April 6-9, 2015
Visayas	Regions VI, VII & VIII	April 23-26, 2015
Mindanao	Regions XI & XIII	May 7-10, 2015

The Training-Workshop aims to:

1. enable the participants to participate in professional discussion on varied issues and training which concern Physical Education (PE) in the country;
2. allow them to converge with PE and other teachers of subject areas like Music, Health, Arts, Sports and Dance throughout the country and partnership and wide networks of physical educators in response to the K to 12 Program of DepEd;
3. enable them to share experiences, information and expertise to further achieve developments in the intellectual capital among physical educators involved in the promotion and development in the training; and
4. help them establish a solid and united organization of physical educators or a confederation of various activities.

The target participants are supervisors, principals, MAPEH teachers, culture and arts coordinators, coaches, choreographers, sports and dance enthusiasts from both public and private elementary and secondary schools nationwide.

Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

More information may be inquired from:

Dr. Lito T. Ancheta
President and Training Director
National Association of Physical Educators (NAPE)
54 National Road, Muntinlupa City
Mobile Phone Nos.: 0929-460-7896; 0915-403-3363
Email Address: drilitoancheta1234@yahoo.com

SCHEDULE OF ACTIVITIES

Day – 1

Morning Session

6:30 – 9:00	:	General Registration
9:00 – 10:00	:	Opening Ceremony
10:00 – 12:00	:	Lecture on Stress Management
12:00 – 1:00	:	Lunch Break

Afternoon Session

1:00 – 3:00	:	Sports Science (Bio- Mechanics)-Body Management/Movement, Movement Skills, Locomotor & Non- Locomotor (Grades 1-6)
3:00 – 5:30	:	Action Songs/Mimetics/Imitates/Mechanical/Animal and Native Movements (Grade 1) (3:40-4:00 Break)

Evening Session

7:00 – 10:00	:	Folk dances (Film Viewing and Group work) Grade 11 Alitaptap, Grade 111 Tiklos, Grade 1V Subli
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Day – 2

Morning Session

7:30 – 8:30	:	Dance Aerobics/Physical Fitness and Wellness
8:30 – 12:30	:	Music: Basic Conducting (Kodaly Approach to Music Education) Philippine/Asian Music
12:30 – 1:30	:	Lunch Break (9:40 – 10:00 Break)

Afternoon Session

1:30 – 5:00	:	Folk dances (Film Viewing and Group work) Grade V Carinosa, Grade VI Maglalatik- boys/Itik-itik – girls (3:40 – 4:00 Break)
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Evening Session

6:00 – 10:00	:	Folk dances : (Film Viewing and group work) Grades 7-10 (Local Indigenous dances, Binislakan, Karatong (Festive dance), Social/Ballroom dances & Contemporary
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Day – 3

Morning Session

7:30 – 12:00	:	Art Education: Drawing, Painting, Visual Arts in Drama & Festivals with video presentation.
12:00 – 1:00	:	Lunch Break (9:40-10:00 Break)

Afternoon Session

1:00 – 4:00	:	Health Education: Nutrition, Personal Health, Growth & Development
4:00 – 5:30	:	Closing Ceremony
5:30 – onwards	:	HOME SWEET HOME

Note: Participants may bring the following:

1. PE/dancing outfit
2. Small native hut for girls
3. 1 meter dried bamboo (whole) with tie around the waist and 2 pcs bamboo split (1 ft. long) for boys.
4. Sleeping Paraphernalia
5. Art materials be announced on the first day.

THE LECTURERS/RESOURCE SPEAKERS

1. Prof. Salome S. Corpuz : Writer, Special Program for Sports
Easy & Affordable Secondary Educ. Program
Understanding by Design: An Approach
K – 12 Grade 7, 8, 9 & Open High School Curriculum
Expert in Humanities (Audio Visual Education)
DepEd, National Capital Region
2. Dr. Drolly P. Claravall : Sport Psychologist/Sports Medicine Specialist, PATAFA
Regional Director, Region 11 Cagayan Valley/ Professor
Isabela State University, Ilagan, Isabela.
3. Dr. Ernesto T. Sanchez : Music Specialist & Lecturer Local/International Level
National Capital Region
4. Dr. Lito T. Ancheta : Sport Psychologist/Science, Dance Specialist/Artistic
Director & Choreographer
National Capital Region, RQUAT-CHED
5. Dr. Leny De los Reyes : Music/Art, Education Program Supervisor – MAPEH
Division of City of San Jose Del Monte, Bulacan.
6. Arnold James Grecia : Art, Division of City of San Jose Del Monte
Bulacan
7. Antonio G. Melelor : Music, Division of San Jose Del Monte City
Bulacan