



Republic of the Philippines
Department of Education
Cordillera Administrative Region
DIVISION OF BAGUIO CITY
#82 Corner Military Cut-off, Baguio City



Division Memorandum

No. 229 s. 2015

Subject: **HOLDING OF PALARONG LUNGSOD 2015**

To: **Public Schools District Supervisors
Public & Private Elem. & Sec. School Heads & District PESS Coordinators**

From: **FRANCIS CESAR B. BRINGAS, CESO VI**
Schools Division Superintendent

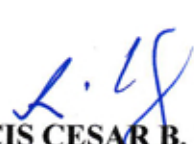
Date: **November 19, 2015**

ORDERED DIVISION OF
BAGUIO CITY

NOV 19 2015

RELEASED

1. This is to announce to the field that the PALARONG LUNGSOD 2015 will commence on December 4, 2015.
2. Schedules of Activities shall be on a staggered basis due to limited sports facilities and playing venues.
3. The following documents must be submitted to the Tournament Directors one day before the scheduled games for screening purposes: hence, **the no documents, no play** will be strictly implemented, to wit:
 - a. AR-1,
 - b. certified photocopy of NSO Birth Certificate,
 - c. Photocopy of Form 137 to be duly certified by the school head
 - d. Certification of Enrolment by the school head
 - e. Parent's/guardian consent (signature must be original. PRINTED NAME OVER SIGNATURE)
 - f. Medical Certificate
 - g. Dental Certificate
4. The final district list of qualified athletes, coaches and officials shall be submitted to the Division Office for the distribution of T-shirts.
5. The opening program will be on December 4, 2015 at 9:00 AM at the PFVR Gym and games will start at 1:00 PM., same date.
6. School heads are requested to allow their coaches and athletes to practice two (2) days before the Palarong Lungsod. Likewise, necessary arrangements shall be done to avoid disruptions of classes while the activities are going on.
7. Service credits shall be granted to teachers and certificate of overtime credits (COC) for non-teaching personnel who will serve during Saturdays and Sundays.
8. The schedule of activities, general technical guidelines, rules and other policies related to the conduct of the PALARONG LUNGSOD 2015 are enclosed.
9. For guidance and strict compliance of all concerned.


FRANCIS CESAR B. BRINGAS, CESO VI
Schools Division Superintendent

GENERAL GUIDELINES, MECHANICS, POLICIES AND RULES

1. Only Working Committee Members, Officiating Officials, Coaches, Trainers, Chaperons and Athletes are excused from their classes during the Palarong Lungsod 2015. School heads should make the necessary arrangements.
2. All athletes, District delegation officials, coaches, trainers, chaperons and Palarong Lungsod working committee members and officiating officials are required to attend the opening program.
3. The participation of all Districts (District I, District II, and District III) shall be guided by the objective of promoting physical fitness and appreciation of school sports.
4. The following documents stipulated in this memorandum shall be strictly monitored.
5. The **“No Coach, No Practice, No Play”** policy shall be strictly observed.

Nota bene:

1. The Baguio City National High School MAPEH Department shall assist the Division in the opening program.
2. All technical officials, coaches/co-coaches/trainers and District PESS coordinators will meet on December 15, 2015 at 3:00 PM at the FVR Center for the final selection of athletes, coaches and officiating officials to the 2016 CARAA Meet. Training shall commence right after the holding of Palarong Lungsod 2015.
3. The Tournament Director, the Champion Coach and the Event Secretary shall have the final decision on the composition of the team sports for the 2016 CARAA.

2015 PALARONG LUNGSOD TECHNICAL AND OFFICIATING OFFICIALS

A. MANAGEMENT COMMITTEE

Name	Position
1. Francis Cesar B. Bringas, CESO VI	General Referee
2. Atty. Augustin P. Laban III	Asst. General Referee
3. Elma D. Donaal, Ed. D.	Chairman
4. Fernando B. Eleponga, Ed.D.	EPS-MAPEH
5. Reynaldo Umayat	EPS-SGOD
6. Rachel Bugtong, Ed.D.	Member
7. Joseph Akilith, Ed.D.	Member
8. Santiago Bugtong, Ed. D	Member
9. Susana Aliping	Member
10. Letecia Hidalgo	Member
11. Simeon Yangyang	Member
12. Julia Ladiong	Member
13. Lourdes Lomas-e	Member
14. Brenda Celino	Member
15. Leonard Dawaton	Member

B. MEDICAL AND DENTAL GROUP

1. Dr. Ma.Clotilde Corazon H. Sosa	Chairman
2. Dr. Rufina Gracia M. Dela Cruz	Co-Chairman
3. Dr. Jocelyn De Jesus	Member
4. Dr. Wally Conge	Member
5. Ruth A. Chaguile	Member
6. Juliet A. Ursabia	Member
7. Jill M. Laban	Member
8. Cynthia Cadawan	Member
9. Sofia De Los Santos	Member
10. Brigitte Dumanew	Member
11. Mary Ann Montemayor	Member
12. Dr. Roy Annanayo	Member
13. Dr. Manuel Dangawen	Member
14. Dr. Bernadette M. Generao	Member
15. Dr. Susan Carreon	Member
16. Manuel Clemente	Member
17. Dennis Gazmen	Member
18. Honorio Matulay	Member
19. Eddah Grace De Vera	Member

20. Jerellen Soriano	Member
21. Aljetcortez Godoy	Member
22. Joy N. Castro	Member
23. Agnes O. Totaan	Member
24. Adelina A. Macarubbo	Member
25. Beverly Donaal	Member
26. Alma Tano	Member
27. Marivic Gervero	Member
28. Jojit de Vera	Member
29. Evangeline Carreon	Member
30. Sundunze Afidchao	Member

C. JURY OF APPEALS

Name	Position
1. Arthur Tiongan	Chairman
2. Renaldo Umayat	Co-chairman
3. Ester Lilit, Ed.D.	Member
4. Whitney Dawayen	Member

D. PALARONG LUNGSOD OPENING PROGRAM

Name	Position
1. Dr. Elma D. Donaal	Chairman
2. Lolita Manzano	Co-Chairman
3. Ortiz Gabol	Member

E. DIVISION SCREENING AND ACCREDITATION COMMITTEE

Name	Position
1. Joseph Estigoy	Chairman
2. Maksim Botilas	Co-chairman
3. Arlito Pecay	Member
5. Alejo Pacalso (Softball Officiating)	Member
6. Samuel Lachica	Member
7. Sotelo, Victor	Member
8. All Tournament Directors and Secretaries	Members

F. RECORDS, RESULTS AND AWARDS

Name	Position
1. Rosemarie Labonete (Div. Screening & Accreditation Committee-Member)	Chairman
2. Mayady Gao-an	Co-chairman

G. SUPPLIES

Name	Position
1. Roberto Gonzales	Chairman
2. Pear Ng	Co-chairman
4. Remedios Sugot	Member
5. Jun Anulacion	Member
6. Alice Milan	Member

H. TRANSPORTATION

Name	Position
1. Roberto Catap	Chairman
2. Romulo Borja	Co-Chairman
3. John Baldino	Member
4. Jefferson Miranda	Member

I. OFFICIATING OFFICIALS

1. ARCHERY- venue –Back of Swimming Pool - Date – Dec. 4-5, 2015

NAME	POSITION
1. Palaroan, Eduardo	Tournament Director
2. Hongitan, John	Asst. Tournament Director
3. Aridao, Clifford	Member
4. Balingway, Julie	Member
5. Dagasen, Bickert	Member
6. Marquez, Danny	Member
7. Paculan, Bituin	Member
8. Toribio, Nieves Domay	Member
9. Villamor, Ofelia	Member

2. ARNIS – venue- BCNHS Auditorium – Date Dec. 8, 2015

NAME	POSITION
1. Cariño, Leonardo	Tournament Director
2. Gam-ad, Nicodemus	Asst. Tournament Director
3. Torres, Lily Joy	Tournament Secretary
4. Cariño, Katherine Jane	Timer/Score sheet Retriever
5. Batani, Elmer	Referee/Judge
6. Bolla, Mary Ann Grace	Referee/Judge
7. Boyugan, Rodini	Referee/Judge
8. Bulasao, Kimberly	Referee/Judge
9. Dagdagen, Randy	Referee/Judge
10. Dalang, Salvador (Arnis, Billiard & Wushu)	Referee/Judge
11. Delizo, Darwin Conrad	Referee/Judge
12. Dongga-as, Claire	Referee/Judge
13. Gammong, Hannah	Referee/Judge
14. Garcia, Jimmy Jr.	Referee/Judge
15. Oczon, Felomina	Referee/Judge

3. Athletics – venue – Teachers Camp – December 5-6, 2015

NAME	POSITION
1. Aboc, Michael	Tournament Director
2. Pinlac, Jennifer	Asst. Tournament Director
3. Gao-an, Mayady	Tournament Sec./Chief Timer
4. Lomas-e, Lourdes	Asst. Tour. Sec./Field Recorder

5. Laureano, Eduardo	Chief, Starter
6. Apaling, Constanca	Judge at Finish/Timer
7. Damas, Nancy	Judge at Finish/Timer
8. Guhic, Donald	Judge at Finish/Timer
9. Gumabay, Jenny	Judge at Finish/Timer
10. Jocson, Merly	Judge at Finish/Timer
11. Agyamoc, Jonamay	Field Referee
12. Challoy, Mennie	Field Recorder – Jump
13. Alimbuyao, Danilo	
14. Lata, Josephine	Field Judge – Jump
15. Mangatan, Brainly	Field Judge – Jump
16. Quidno, Concepcion	Field Recorder – Throw
17. Astudillo, Ryan	Field Judge - Throw
18. Contic, Reagan	Field Judge – Throw
19. Biadno, Juliet	Field Judge – Throw
20. Flores, Aaron	Field Judge – Throw
21. Soriano, Mark Rajie	Field Judge – Throw
22. Ongat, Oliver	Chief Track Referee
23. Arciaga, Arturo	Flagman – Finish Line
24. Basuel, Charmie	Chief Lane Umpire
25. Capuyan, Ryan	Lane Umpire
26. Cayso, Arnold	Lane Umpire
27. Colingan, Lourdes	Field Judge – Jump
28. Contic, Renan	Field Judge – Jump
29. Felix, Nino	Lane Umpire
30. Felix, Rex	Field Judge – Throw
31. Garche, Aileen	Lane Umpire
32. Lagmay, Jonie	Lane Umpire
33. Murillo, Jeremy	Lane Umpire
34. Ngina, Geoward	Lane Umpire
35. Ninalga, Leo	Field Judge – Jump
36. Oaing, Belen	Lane Umpire
37. Alumno, Michelle	Judge at Finish/Timer
38. Rillera, Ross	Lane Umpire
39. Sabelo, Lorie Grace	Lane Umpire
40. Vinegas, Paulo	Lane Umpire

4. BADMINTON – Venue – BCNHS Auditorium – Date – Dec. 4 & 7, 2015

NAME	POSITION
1. Manzano, Lolita (Badminton & PL Op. Prog. Co-Chairman)	Tournament Director
2. Marzo, Rosie Beel	Asst. Tournament Director
3. Alinao, Sally	Member
4. Bersamin, Ryan	Member

5. Buswilan, Rene	Member
6. Laureta, Joshua	Member
7. Madume, Chadrey	Member
8. Magno, Marcelino	Member
9. Magpale, Ma. Theresa	Member
10. Manzano, Juvita	Member
11. Martin, Rudy	Member
12. Mongao, Feliza	Member
13. Noveno, Emil	Member
14. Poyaoan, Mary Ann	Member
15. Soliven, Jocelyn	Member
16. Tuliao, Peter Bon	Member
17. Yucaddi, Jennifer	Member

5. BASEBALL- Venue –Melvin Jones Ground-Date-Dec. 4, 6 & 7, 2015

NAME	POSITION
1. Cayaos, Jackson	Tournament Director
2. Botengan, Johnson (Baseball & Softball)	Asst. Tournament Director
3. Avelino, Benson	Member
4. Bacayan, Eddie	Member
5. Baguiwen, Albert	Member
6. Estioko, Ramil	Member
7. Gapasin, Rey	Member
8. Isiguen, Danny	Member
9. Lapena, Rafael	Member
10. Ocyo, Edmund	Member
11. Ocyo, Marcela	Member
12. Pagaduan, Daniel	Member
13. Pundo, Walter	Member
14. Salis, Ardilyn	Member

6. BASKETBALL – No Final Venue – Dec. 11-13, 2015

NAME	POSITION
1. Agacer, Joey Eric	Tournament Director
2. Olosan, Alvin Ishmael	Asst. Tournament Director
3. Abenoja, Isagani	Member
4. Ambatang, Randy	Member
5. Angagan, Primo	Member
6. Cardenas, Peter	Member
7. Emeliano, Berto	Member

8. Estrada, Raphael	Member
9. Fernandez, Jeromel	Member
10. Fongod, Luis	Member
11. Kan, Joan	Member
12. Longchaya, Kenedy	Member
13. Miranda, Ed	Member
14. Rullan, Noel	Member
15. Soliven, Apolinario Jr.	Member
16. Talabis, Audrey	Member
17. Tomas, Romeo	Member

7. BOXING – Venue- Guisad Valley NHS – Date Dec. 4 – 6, 2015

NAME	POSITION
1. Leal, Sosimo	Tournament Director
2. Evasco, Cildo	Asst. Tournament Director
3. Accad, Valeriano	Member
4. Bayangdan, Marilyn	Member
5. Fernandez, Victor	Member
6. Ibay, Norberto	Member
7. Ocyaden, Rosalia	Member
8. Par-ogan, Rita	Member
9. Pasdacan, Jackelene	Member
10. Ulba, Janice	Member
11. Bugaoan, Renato	Member

8. CHESS –Venue – Lucban ES – Date – Dec. 6 – 7, 2015

NAME	POSITION
1. Culaton, Alice	Tournament Manager
2. Buenavista, Felix	Asst. Tournament Manager
3. Lomboy, Gemma	Secretary/Recorder
4. Ballesteros, Mary Grace	Member
5. Tomas, Diosdado	Member
6. Dalilis, Joan	Member
7. Lumasok, Manuel	Member
8. Managdag, Angel	Member
9. Sison, Jonathan	Member
10. Ulatan, Ernesto	Member
11. Vidal, George	Member

**9. FOOTBALL/FUTSAL –Venue – Melvin Jones/BCNHS Gym –
Date – To Be Announced**

NAME	POSITION
1. Bocalan, Ariston	Tournament Director
2. Capuyan, Valdazan	Asst. Tournament Director
3. Alacyang, Janice	Member
4. Basatan, Mark	Member
5. Cabutaje, Juliana	Member
6. Carino, Russel	Member
7. Carlos, Dean	Member
8. Decoran, Reagan	Member
9. Estacio, Romeo	Member
10. Fiangaan, Dave	Member
11. Gampol, Robert	Member
12. Garcia, Hilario	Member
13. Magalgalit, Darryl	Member
14. Parocha, Richard	Member
15. Pasigon, Marciano	Member
16. Udan, Nestor	Member

10. GYMNASTICS – Venue – BCNHS Auditorium – DATE – Dec. 5, 2015

NAME	POSITION
1. Santos, Albin	Tournament Director
2. Buban, Rose	Asst. Tournament Director
3. Abul, Edwin	Member
4. Bangtowan, Cathlyn	Member
5. Dogaong, Melvin	Member
6. Dogaong, Salvatore	Member
7. Masedman, Rita	Member
8. Santos, Flora	Member
9. Soriano, Charmaine	Member
10. Wadwadan, Dezza	Member

**11. LAWN TENNIS – Venue – Baguio Tennis Club – Date – Dec. 3 – 4, 2015
(Secondary) & Dec. 9-11, 2015 (Elementary)**

NAME	POSITION
1. Awing, Marizel	Tournament Director
2. Bulatao, Raulito	Asst. Tournament Director
3. Bangcado, Zymbresky	Member
4. Bassit, Jocelyn	Member

5. Buteng, Alice	Member
6. Ciriaco, Demetria	Member
7. De Guzman, Jovito	Member
8. Delos Santos, Dennis	Member
9. Flores, Rogelio	Member
10. Mangili, Arthur	Member
11. Quinopes, Jason	Member
12. Yacuan, Kurt	Member

12. SEPAKTAKRAW –Venue – Lucban ES – Date – Dec. 4 – 5, 2015

NAME	POSITION
1. Basongit, Orlando	Tournament Director
2. Kimbongan, Andias	Asst. Tournament Director
3. Copes, Bella	Member
4. Awas, Diony	Member
5. Baguitan, Gregorio Jr.	Member
6. Basa, Romulo	Member
7. Dalisdis, Jason	Member
8. Gapasin, Rey	Member
9. Gumafiay, Gloria	Member
10. Packoy, Ferdinand	Member
11. Parocha, Greg	Member
12. Tarnate, Rusty	Member

13. SOFTBALL – Venue – Melvin Jones – Dec. 4 & 6, 2015

NAME	POSITION
1. Egsaen, Samuel (Baseball, Softball & Info. Officer)	Tournament Director
2. Nacar, Ali	Asst. Tournament Director
3. Aquino, Merly	Member
4. Bernal, Asunta	Member
5. Buasen, Tancio	Member
6. Capuyan, Freddie	Member
7. Dalog, Alexander Christian	Member
8. Dalog, Joy	Member
9. Danglay, Bernandino	Member
10. Diayog, Freda	Member
11. Lapeña, Roselyn	Member
12. Lasdacan, Delfin (Softball & Billiards)	Member
13. Moga, Benson	Member

14. Pacalso, Alejo	Member
15. Piok, Marlito	Member
16. Ulep, Nellie (Baseball & Softball)	Member

14. SWIMMING – Venue – Baguio Swimming Pool – Date Dec. 4 – 6, 2015

NAME	POSITION
1. Malipe, Donald	Tournament Director
2. Oppod, Walter	Asst. Tournament Director
3. Alinos, Juliet	Member
4. Balao, Maria Magdalena	Member
5. Barbado, Silvin	Member
6. Batnag, Ponce	Member
7. Boyoten, Ben	Member
8. Carino, Jojie	Member
9. Custodio, Judith	Member
10. Dacaimat, Pepito	Member
11. Dalingay, Lanie	Member
12. Englan, Frankie	Member
13. Erardo, Keziah	Member
14. Garcia, Esther Grace	Member
15. Lumiwes, Consuelo	Member
16. Marcelino, Perlie	Member
17. Melchor, Benjie	Member
18. Niwane, Jordan	Member
19. Olucan, Jefferson	Member
20. Sumakey, Marjorie	Member
21. Wayagwag, Ana	Member

15. TABLE TENNIS – Venue – U.B. – To be announced

NAME	POSITION
1. Elegado, Allan	Tournament Director
2. Coytop, Richard	Asst. Tournament Director
3. Alcabedos, Julia	Member
4. Apag, Jane	Member
5. Artagnan, Honey Claire	Member
6. Cabradilla, Beltran	Member
7. Claro, Voltaire	Member
8. Elegado, Risalyn	Member
9. Felix, Chester	Member
10. Pascua, Bryan	Member

11. Quiñones, Alfredo Sr.	Member
---------------------------	--------

16. TAEKWONDO – Venue – To be announced – Date – Dec. 8-9, 2015

NAME	POSITION
1. Morte, Melvin	Tournament Director
2. Sadcat, Arthur	Asst. Tournament Director
3. Arellano, Jessica	Tournament Secretary
4. De Guzman, Ellen	Member
5. De Guzman, Frank Lloyd	Member
6. Guimuntad, Joeferino	Member
7. Kiniway, John	Member
8. Madayag, Rommel	Member
9. Pundo, Jaime	Member
10. Siblagaan, Antonio	Member
11. Sudicalan, Jason	Member
12. Walang, Maxima	Member

17. VOLLEYBALL – Venue – DPS/Engineers Hill/PFVR –Date – December 4-5, 2015

NAME	POSITION
1. Cong-o, Danilo	Tournament Director
2. Patacsil, Bobby Betty	Asst. Tournament Director
3. Aquino, Benigno	Member
4. Balawon, Mercedes	Member
5. Banario, Mary Joy	Member
6. Carino, Leonardo	Member
7. Cuyupan, Nestor	Member
8. Chan, Sharonel	Member
9. Delos Reyes, Rodolfo	Member
10. Dinamling, Jefferson	Member
11. Eduardo, Danilo	Member
12. Lachica, Samuel	Member
13. Macwes, Miller	Member
14. Ogoy, Melanie	Member
15. Osing, Marzan	Member
16. Pangusfan, Gerry	Member
17. Rimando, Emiliano	Member
18. San Pedro, Tommy	Member
19. Soriano, Jordan	Member
20. Tiago, Lorna	Member
21. Velasquez, Angelito	Member

18. BILLIARDS – Venue – Puyat Sports - Date - December 5, 2015

NAME	POSITION
1. Cabato, Balson (Billiard & Wushu)	Tournament Director
2. Agangan, Jeffrey	Member
3. Dalang, Salvador	Member
4. Fernando, Sherwin	Member
5. Lasdacan, Delfin	Member
6.	Member
7.	Member

19. KADANG-KADANG – Venue – Bonifacio ES – Date – Dec. 5, 2015

NAME	POSITION
1. Adolfo, Jane	Tournament Director
2. Bugtong, Eric	Asst. Tournament Director
3. Agaguen, Magdalena	Member
4. Bassit, Jocelyn (Kadang-Kadang & Lawn Tennis)	Member
5. Del Rosario, Arturo	Member

20. WUSHU – Venue – Woodsgate Camp 7 – Date –December 13, 2015

NAME	POSITION
1. Tan Sui Tong, Candelaria	Tournament Director
2. Cabato, Balson	Asst. Tournament Director
3. Estino, Aries	Member
4. Gulayan, Jackson	Member
5. Luken, Ricky	Member
6. Malecdan, Dare	Member
7. Nganhayna, Jonalyn	Member
8. Parayao, Rhea	Member
9. Sangiao, Marques	Member
10. Sicomen, Marvin	Member
11. , Bryan	Member
12. , Salvador	Member

21. Sanggul – Venue – FVR - Date –Dec. 4-5, 2015

NAME	POSITION
1. Lamaton, Amando	Tournament Director
2. Jalon, Darius	Member

22. Wrestling – Venue – To be announced Date –Dec. 14, 2015

NAME	POSITION
1. Tess Asuncion	Tournament Director
2. Marlene Basungit	Asst. Tournament Director
3.	
4.	
5.	
6.	
7.	

Prepared:


FERNANDO B. ELEPONGA, Ed. D.
EPS - MAPEH

Noted:


ELMA D. DONAAL, Ed. D.
Chief, CID

Approved:

For
FRANCIS CESAR B. BRINGAS, C.E.S.O. VI
Schools Division Superintendent

By 
ATTY. AUGUSTIN P. LABAN III
OIC, Asst. Schools Division Superintendent