



Republic of the Philippines
Department of Education
Cordillera Administrative Region
DIVISION OF BAGUIO CITY
#82 Corner Military Cut-off, Baguio City



DIVISION MEMORANDUM

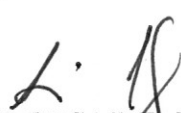
No. 01 s. 2016

SUBJECT : TRAINING OF BAGUIO CITY ATHLETES FOR 2016 CARAA

**TO : All Public Schools District Supervisors
School / PEHM Heads
Public & Private Secondary and Elementary Schools**

DATE : January 4, 2016

1. This is to inform the field that the Baguio City athletes will undergo an intensive training for the 2016 CARAA starting on January 5, 2016 and will last on February 10, 2016. The intensive training will be from 3:00 to 6:00 in the afternoon during school days, whole day training on Saturdays and half day training on Sundays and holidays.
2. Athletes, coaches, trainers and chaperons shall be excused from their classes for this purpose. Make-up classes and contractual assignment must be provided to all athletes to maintain or improve their scholastic standing. To attain this purpose, local arrangement should be made with all teachers whose pupils/students are involved in this activity.
3. All athletes, coaches, chaperons, trainers, support staff and officials shall be given training, uniform and other allowances for CARAA purposes. Athletes, coaches, trainers, chaperons, athletic managers and other officials may look for their chosen tailors for their athletic uniforms and photo shops for sports ID pictures. Receipts of these items must be submitted for reimbursement purposes. Please see design of uniform at depedpines.com.
4. Public school teachers shall be entitled to service credits and certificate of overtime credits (COC's) for the administrators and non-teaching personnel who are assigned to serve during this athletic endeavor.
5. There will be a meeting of all 2016 CARAA coaches on January 7, 2016 at 3:00 PM at the Division Office Conference Hall for orientation purposes.
6. The physical examination of athletes is scheduled on January 11-13, 2016 at the BCNHS from 8:00 AM to 5:00 PM. Please see attached schedule of physical examination of athletes.
7. The deadline for submission of required documents/papers of athletes, coaches and chaperons is on January 15, 2016. Kindly submit the complete set of documents to Mr. Joseph Estigoy (09212809572) or Mr. Maksim Botilas (09475530145). The first coach who will submit a complete set of documents and 2016 CARAA champion coach will be adjudged as the most outstanding coach of Baguio City. There are four categories for this purpose. Certificates will be awarded by this Division to the winners.
8. The "NO COACH, NO PRACTICE, NO PLAY" policy will be strictly observed.
9. The full support and cooperation of all concerned is earnestly enjoined.


FRANCIS CESAR B. BRINGAS, CESO VI
Schools Division Superintendent

Revised schedule Medical-dental exam of athletes for caraa 2016

Schedule:

January 11, 2016

AM - Boxing

 Arnis

 Wushu

 Wrestling

 Archery

PM - Taekwondo

 Badminton

 Chess

 Sanggol

 Kadang-kadang

January 12, 2016

AM - Baseball

 Football

 Softball

PM - Futsal

 Swimming

 Table tennis

 Billiards

January 13, 2016

AM - Athletics

 Basketball

 Gymnastics

 Lawn tennis

PM - Volleyball

 Sepak takraw

 SPED athletes

Reminders:

-cut nails prior to PE

-Parents Consent should be signed and attached to medical certificate

-for combative events (boxing, arnis, taekwondo, wushu, wrestling) : include forms 2 & 3. Parents should accomplish and sign form 2.