

10 May 2016

Christine Gina Dailay-Camsol
Chapter Executive Manager

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2015-2016
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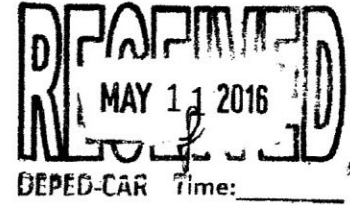
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ELLEN B. DONATO, ED. D., CESO III
Regional Director
Department of Education
Cordillera Administrative Region
Wangal, La Trinidad, Benguet



Dear Dr. Donato:

Warm greetings from the PMHA BCCI family!

The family plays a very important role in a person's life. It is actually considered the bedrock of society and can be proven by the fact that all over the world, every society is structured by the same pattern. For Filipinos, the family is highly valued and an individual would even put the needs of the family before his or her own. However, as the society keeps abreast with modernization, families are now in transition. The changes can be easily observed in terms of the family structure, values, morals, discipline, and social ethics.

To better understand the contemporary family, and to celebrate our 57th Foundation Anniversary we wish to invite you, the principals and teachers of the Department of Education Baguio City Division to our symposium entitled:

"#Mi Familia:

Understanding the Modern Filipino Family"

on June 18, 2016, (Saturday) from 8:00 A.M. to 5:00 PM at the Grand Ballroom, Venus Parkview Hotel, Kisad Road, Baguio City.

MEMBER: WORLD FEDERATION FOR MENTAL HEALTH

	Republic of the Philippines Department of Education Cordillera Administrative Region Wangal, La Trinidad, Benguet	
TO: SCHOOLS DIVISION SUPERINTENDENT: Division of Baguio City		May 11, 2016
For information and appropriate action		
 ELLEN B. DONATO, Ed.D., CESO III Regional Director		
#ORD/mbd		

To: All School Heads and Teachers (Public & Elementary)

For your information . Participation to said activity is voluntary.

FRANCIS CESAR B. BRINGAS, CESO VI
Schools Division Superintendent

The Symposium aims to:

1. Inform the participants on the current situation of the Filipino Family;
2. Help the participants understand better the dynamics of the family, thus enabling them to deal better with their children, clients and students;
3. Teach the participants ways on how to communicate effectively with the generation of today ;
4. To explain alternative ways on how to impose discipline in the family; and
5. To inform the participants about Attention Deficit Hyperactivity Disorder (Bonus Lecture).

The main speakers for the said seminar are **Ms. Sally Itliong-Maximo**, a psychologist, a professor in the Department of Psychology-Saint Louis University, a Consulting Psychotherapist of SLU Sunflower Children's Center, and a Life Member of the PMHA BBCI, and **Dr. Cornelio G. Banaag**, the PMHA Board of Trustee President, an expert child, adolescent and adult psychiatrist based in Manila, Professor Emeritus and immediate past Chairperson of the Department of Psychiatry and Behavioral Medicine at the University of the Philippines – Philippine General Hospital.

The registration fee which shall cover the participant's seminar kit, brochures, certificate, lunch, and snacks is as follows:

Early Registrants (Before May 30, 2016)

PMHA Member as of May 1, 2016	:Php	1,100.00
Non-member	:Php	1,200.00

Registrants (May 31- June 10, 2016)

PMHA Member as of May 1, 2016	:Php	1,300.00
Non-member	:Php	1,400.00

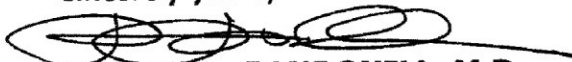
Note: Onsite registrants will NOT be accommodated.

May we also seek for your endorsement and approval that the registration fee of the teachers who will be attending the said lecture be charged to their school or local funds?

To facilitate the registration and due to limited slots, kindly confirm the attendance of interested participants **on or before June 10, 2016** by calling us thru the following numbers: (074)442-2337; 09175172083; 09494989757.

Thank you very much and we look forward to seeing you during this momentous event.

Sincerely yours,



RONALD R. BANDONILL, M.D.

Chairperson, PMHA BBCI Board of Management

PHILIPPINE MENTAL HEALTH ASSOCIATION
BAGUIO – BENGUET CHAPTER INC.
BGH Exit Road, Marcos Highway, Baguio City
Tel. No. (074) 442-23-37; 0917 517 2083;09494989757

57th PMHA BBCI Foundation Anniversary

"#Mi Familia"

"A Symposium on Understanding the Modern Filipino Family"

June 18, 2016, 8:00 A.M. – 5:00 P.M.,
Grand Ballroom, Venus Parkview Hotel, Kisdad Road, Baguio City

Program

- 8:00 – 8:30 - Registration
- 8:30 – 9:00 - Opening Ceremonies
Doxology - Progressive Youth Association on Mental Health
Singing of the Pambansang Awit - Progressive Youth Association on Mental Health
Welcome Remarks - **Dr. Ronald R. Bandonill**
Chairman, Board of Management
- 9:00 – 10:00 ***Current Situation of the Filipino Family***
- 10:00 – 10:20 Break
- 10:20 – 11:45 ***Communicating Effectively with the "Headset" Generation***
Ms. Sally I. Maximo, RP
Professor, Department of Psychology, Saint Louis University
- 11:45 – 12:00 Open Forum
- 12:00 – 1:00 Lunch Break
- 1:00 – 2:30 ***Disciplining Children in the Contemporary Times***
Cornelio G. Banaag, Jr., MD, FPSCAP, FPPA(Life)
Child, Adolescent, Adult Psychiatrist
Psychiatry Department, Medical City
- 2:30 – 3:00 Open Forum
- 3:00 – 3:30 Break
- 3:30 – 4:30 ***Bonus Lecture:***
Understanding Attention Deficit Hyperactivity Disorder
Cornelio G. Banaag, Jr., MD, FPSCAP, FPPA(Life)
- 4:30 – 5:00 Closing Program
Evaluation and Releasing of Certificates