



Republic of the Philippines
Department of Education
Cordillera Administrative Region
DIVISION OF BAGUIOCITY
82 Military Cut-Off, Baguio City
Tel. No.: (074) 442-7819



November 8, 2016

DIVISION MEMORANDUM No. ____3 &o____, s. 2016

LAUNCHING OF THE SY 2016-2017 DIVISION PHYSICAL FITNESS PROGRAM

To:

All Office of the Schools Division Superintendent Curriculum Implementation Division School Governance & Operation Division Secondary School Principals Elementary School Principals Head Teachers/Department Heads Elementary and Secondary Teachers Non-Teaching Personnel All Others Concerned

- 1. Relative to CSC MC No.8, s. 2011 which requires that all government agencies must adopt "The Great Filipino Workout" in promoting the physical well-being of every government employee, the DepEd, Division of Baguio City will be launching the SY 2016-2017 edition of the Physical Fitness Program this November 18, 2016, 1:00 PM to 5:00 PM at the PFVR Gym. It will be announced later if there will be a change of venue due to the ongoing repair of PFVR rooftop.
- 2. It is expected as it was agreed upon by the Event Managers and the District Supervisors during a meeting, that all participating teams in all the district areas are already organized with their respective banner (1 x 2 feet) on the opening ceremony.
- 3. The order of the activity during the launching day of the 2016-2017 Physical fitness edition are as follows:
 - a. Launching Program;
 - b. Cheer Dance competition in which each participating team is limited to 5 minutes performance;
 - c. Awarding of winners in the Cheer Dance Category;
 - d. "Unity Dance" by all participants of the school districts;
 - e. An opening game in Basketball that will formally start the SY 2016-207 Baguio City Division Sports Fest Activities.

4. The Participating Teams are as follows:

Team	Team Leaders	Color of Uniform
Baguio Central District and West Baguio Central District (Elementary)	Leticia C. Hidalgo	White
Quezon District and North Quezon District (Elementary)	Santiago L. Bugtong and Julia L. Ladiong	Yellow
Lucban District and Mabini District (Elementary)	Susana C. Aliping and Simeon Yangyang	Navy blue
4. BCNHS and its Annexes (Secondary)	Leonard N. Dawaton	Maroon
5. Quezon District & North Quezon District (Secondary)	Brenda C. Awingan	Red
6. Baguio Central District and West Baguio Central District (Secondary)	Lourdes B. Lomas-e	Black
7. Lucban District (Secondary)	Samuel S. Egsaen	Sky blue
8. Division Office	Augustin P. Laban III	Green

- The schedule and venue of Bowling competition and other games will be disseminated this coming November, 2016 through text messages to the team leaders (District Supervisors), event managers, coaches and memos to be uploaded in the Division Office website.
- 6. In this regard, all district supervisors are hereby directed to coordinate in choosing and in preparing their participants in the following events:
 - a. Cheering Competition on the launching day shall be composed of 20-30 members for each team;
 - b. Aero/Physical Exercises is open to all interested individual members for each team who will be committed to participate and to complete eight sessions;
 - c. Basketball Team (Men)- minimum of 12 or more members for each team;
 - d. Volleyball Team (Women) minimum of 12 or more members for each team;
 - e. Bowling Team (Men) -minimum of 8 or more members for more for each team;
 - f. Bowling Team (Women) minimum of 8 or more members for each team;
 - g. Badminton (Men and Women)- maximum of 10 for each participating district team.
 - h. Darts -maximum of three (3) pairs for each team.
- 7. Since it was agreed upon by the event managers and the District Supervisors, games/ schedules shall be held during Friday afternoon and during the whole day of Saturdays, and shall be programmed into an "intramural sports competitions" where all of the planned games shall be wrapped up in a **shorter time frame**. Relative to this, team cheerers and players are encouraged to be participative in the Sports fest activities to foster the spirit of camaraderie and to inculcate the importance of a healthy well-being.
- 8. All the Baguio City teachers and Non Teaching Personnel who will actively be involved in the Sports fest activities during the scheduled games on Saturdays and holidays shall be granted a proportionate **Compensatory Overtime Credit** (for Non-Teaching Personnel) and **Service Credit** (for teachers). There will be a strict monitoring of attendance in each event relative to this matter.

- 9. Furthermore, all school heads are hereby directed to inform their teachers and nonteaching personnel of this Memorandum. School Heads are also requested to be supportive of their teachers and non-teaching personnel who are chosen to participate and represent their District Team.
- 10. For the schedule of activities, communications will be given to the school heads and team leaders/coordinators. The schedules will also be available at the Division website @www.depedpines.com.
- 11. The following are the tournament/event managers who will be in charge of rules and regulations, and timetable of the different sports events and activities; thus:

Event Manager	Cell Phone Number	Event	
Lolita Manzano	09998804372	Badminton	
Rosie Bell A. Marzo	09214652107		
Samuel Egsaen	09283547974	Basketball	
Conrado D. Aguilar Jr.	09997060486	Darts	
Jackson T. Cayaos	09274095100		
Robert B. Alban	09184978192	Bowling	
Manuel Clemente	09167985937		
Ortiz Gabol	Tel. No. 444-8380/444-2645	Volleyball	
Eddah Grace De Vera	09295502102	Cheering and Aero Exercise	
Juliet A. Urzabia	09164704186		

- 12. With regard to the formats, regulations and scheduling of games, all concerned can inquire on the above named event managers for further information and guidance.
- 13. You can also contact and inquire with the following Division Coordinators:

Robert B. Alban

at 09184978192

Conrado D. Aguilar Jr.

Omar D. Olba

at 09997060486

at 09295384444

Roberto R. Gonzales

at 09182808386

Or feel free to call the above named persons at Telephone No. 446-1488

14. Widest dissemination of this memorandum is desired.

OIC, Schools Division Superintendent