

Republic of the Philippines
 Department of Education
 Cordillera Administrative Region
 SCHOOLS DIVISION OFFICE OF BAGUIO CITY

**PALARONG PANLUNGSOD 2016
 TECHNICAL OFFICIALS IN ATHLETICS**

VENUE: BAGUIO ATHLETIC BOWL OVAL

DATE: DECEMBER 14-15, 2016

NO.	NAME	POSITION
1	MICHAEL ABOC	Tournament Director
2	CHARMIE BASUEL	Asst. Tournament Director
3	MAYADY GAO-AN	Tournament Secretary
4	LOURDES COLINGAN	Asst. Tournament Secretary
5	LEO NIÑALGA	Chief – Lane Umpire
6	LOURDES LOMAS-E	Chief – Judge at Finish/Timer
7	BRAINLY MANGATAM	Chief – Field Judge – Jump
8	RYAN ASTUDILLO	Chief – Field Referee
9	DIVINA KITONGAN	Chief – Track Referee
10	MINNIE CHALLOY	Field Recorder – Jump
11	CONCEPCION QUIDNO	Field Recorder – Throw
12	CONSTANCIA APILING	Judge at Finish/Timer
13	NANCY DAMASO	Judge at Finish/Timer
14	JENNY GUMABAY	Judge at Finish/Timer
15	DONALD GUHIC	Judge at Finish/Timer
16	MERLY JOCSON	Judge at Finish/Timer
17	MICHELLE ALUMNO	Judge at Finish/Timer
18	OLIVER ONGAT	Judge at Finish/Timer
19	ABEGAIL GENSAYA	Flagman – Finish Line
20	JOSEPHINE LATA	Secretary – Track
21	REAGAN CONTIC	Field Judge – Jump
22	MARK ALOS	Field Judge – Jump
23	RENAN CONTIC	Field Judge – Jump
24	JULIET BIADNO	Field Judge – Throw
25	MARK RAJIE SORIANO	Field Judge – Throw
26	RYAN CAPUYAN	Field Judge – Throw
27	DARWIN PAAS	Field Judge – Throw
28	JEREMY MURILLO	Field Judge – Throw
29	ROSS RILLERA	Lane Umpire
30	BELEN OAING	Lane Umpire
31	PAULO VIÑEGAS	Lane Umpire
32	ARNOLD CAYSO	Lane Umpire
33	AILEEN GARCHE	Lane Umpire
34	LORIE GRACE SABELO	Lane Umpire
35	GEOWARD NGINA	Lane Umpire
36	JONIE LAGMAY	Lane Umpire
37	JUNEL KADATAR	Lane Umpire

Certified Correct:



MICHAEL C. ABOC
 Tournament Director, Athletics
 09294900688/09260476104

Republic of the Philippines
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**2016 PALARONG PANLUNGSOD
 SCHEDULE OF GAMES IN ATHLETICS**

VENUE: BAGUIO CITY ATHLETIC BOWL OVAL

DATE: DECEMBER 14-15, 2016

DECEMBER 14, 2016

TIME	EVENT NO.	EVENT	LEVEL
8:00-12:00	1	100 Meter High Hurdles	Elementary Girls
	2	100 Meter High Hurdles	Secondary Girls
	3	110 Meter High Hurdles	Elementary Boys
	4	110 Meter High Hurdles	Secondary Boys
	5	100 Meter Dash	Elementary Boys
	6	100 Meter Dash	Elementary Girls
	7	100 Meter Dash	Secondary Boys
	8	100 Meter Dash	Secondary Girls
	9	Discus Throw	Elementary Boys
	10	Discus Throw	Elementary Girls
	11	Discus Throw	Secondary Boys
	12	Discus Throw	Secondary Girls
	13	3,000 Meter Run Steeplechase	Secondary Boys
	14	3,000 Meter Run	Secondary Girls
1:00-5:00	15	400 Meter Low Hurdles	Elementary Boys
	16	400 Meter Low Hurdles	Elementary Girls
	17	400 Meter Low Hurdles	Secondary Boys
	18	400 Meter Low Hurdles	Secondary Girls
	19	Running Long Jump	Elementary Boys
	20	Running Long Jump	Elementary Girls
	21	Running Long Jump	Secondary Boys
	22	Running Long Jump	Secondary Girls
	23	800 Meter Run	Elementary Boys
	24	800 Meter Run	Elementary Girls
	25	800 Meter Run	Secondary Boys
	26	800 Meter Run	Secondary Girls
	27	4X100 Meter Relay	Elementary Boys
	28	4X100 Meter Relay	Elementary Girls
	29	4X100 Meter Relay	Secondary Boys
	30	4X100 Meter Relay	Secondary Girls

DECEMBER 15, 2016

TIME	EVENT NO.	EVENT	LEVEL
8:00-12:00	31	Shotput	Elementary Boys
	32	Shotput	Elementary Girls
	33	Shotput	Secondary Boys
	34	Shotput	Secondary Girls
	35	400 Meter Dash	Elementary Boys
	36	400 Meter Dash	Elementary Girls
	37	400 Meter Dash	Secondary Boys
	38	400 Meter Dash	Secondary Girls
	39	High Jump	Elementary Boys
	40	High Jump	Elementary Girls
	41	High Jump	Secondary Boys
	42	High Jump	Secondary Girls
	43	1,500 Meter Run	Elementary Boys
	44	1,500 Meter Run	Elementary Girl
	45	1,500 Meter Run	Secondary Boys
	46	1,500 Meter Run	Secondary Girls

1:00-5:00	47	200 Meter Dash	Elementary Boys
	48	200 Meter Dash	Elementary Girls
	49	200 Meter Dash	Secondary Boys
	50	200 Meter Dash	Secondary Girls
	51	Javelin Throw	Elementary Boys
	52	Javelin Throw	Elementary Girls
	53	Javelin Throw	Secondary Boys
	54	Javelin Throw	Secondary Girls
	55	Triple Jump	Elementary Boys
	56	Triple Jump	Elementary Girls
	57	Triple Jump	Secondary Boys
	58	Triple Jump	Secondary Girls
	59	5,000 Meter Run	Secondary Boys
	60	4X400 Meter Relay	Elementary Boys
	61	4X400 Meter Relay	Elementary Girls
	62	4X400 Meter Relay	Secondary Boys
	63	4X400 Meter Relay	Secondary Girls

Certified Correct:



MICHAEL C. ABOC
Tournament Director, Athletics
09294900688/09260476104

PALARONG PANG LUNGSOD - ATHLETICS FORM 01 - OFFICIAL LINE UP AND INDIVIDUAL ENTRY LIST

SECONDARY GIRLS

TEAM: _____

Name of Athletes	Athlete Number	100 Meters	200 Meters	400 Meters	800 Meters	1500 Meters	3000 Meters	100 m. High Hurdles	400 m. Low Hurdles	4 x 100 M. Relay	4 x 400 M. Relay	High Jump	Long Jump	Triple Jump	Shot Put	Discus Throw	Javelin Throw

Copy Furnished (Triplicate)
1 Copy for Field Recorder
1 Copy for Chief Timer
1 Copy for Tournament Secretary

Legend:
1 - Best Performer
2 - Second Best Performer
3 ,4,5 - For Relays Added

Submitted and Certified by: _____
COACH TRACK

Contact No. _____
COACH FIELD

PALARONG PANGLUNGSOD- ATHLETICS FORM 01- OFFICIAL LINE UP AND INDIVIDUAL ENTRY LIST

SECONDARY BOYS

TEAM: _____

Name of Athletes	Athlete Number	100 Meters	200 Meters	400 Meters	800 Meters	1500 Meters	3000 Steeple Chase	5000 Meters	110 m. High Hurdles	400 m. Low Hurdles	4 x 100 M. Relay	4 x 400 M. Relay	High Jump	Long Jump	Triple Jump	Shot Put	Discus Throw	Javelin Throw	

Legend:

- 1 - Best Performer
- 2 - Second Best Performer
- 3 ,4,5 - For Relays Added

Copy Furnished (Triplicate)

- 1 Copy for Field Recorder
- 1 Copy for Chief Timer
- 1 Copy for Tournament Secretary

Submitted and Certified by: _____
 COACH TRACK

 COACH FIELD

PALARONG PANGLUNGSOD-ATHLETICS FORM 01- OFFICIAL LINE UP AND INDIVIDUAL ENTRY LIST

TEAM: _____ Elementary Girls

Name of Athletes	Athlete Number	100 Meters	200 Meters	400 Meters	800 Meters	1500 Meters	110 m. High Hurdles	400 m. Low Hurdles	4 x 100 M. Relay	4 x 400 M. Relay	High Jump	Long Jump	Triple Jump	Shot Put	Discus Throw	Javelin Throw

Copy Furnished (Triplicate)
 1 Copy for Field Recorder
 1 Copy for Chief Timer
 1 Copy for Tournament Secretary

Submitted and Certified by: _____
COACH TRACK
COACH FIELD

Contact No. _____

PALARONG PANGLUNGSOD- ATHLETICS FORM 01- OFFICIAL LINE UP AND INDIVIDUAL ENTRY LIST

TEAM: _____ Elementary Boys

Name of Athletes	Athlete Number	100 Meters	200 Meters	400 Meters	800 Meters	1500 Meters	110 m. High Hurdles	400 m. Low Hurdles	4 x 100 M. Relay	4 x 400 M. Relay	High Jump	Long Jump	Triple Jump	Shot Put	Discus Throw	Javelin Throw

Copy Furnished (Triplicate)
 1 Copy for Field Recorder
 1 Copy for Chief Timer
 1 Copy for Tournament Secretary

Legend:
 1 - Best Performer
 2 - Second Best Performer
 3 ,4,5 - For Relays Added

Submitted and Certified by: _____ COACH TRACK COACH FIELD
 Contact No. _____