



April 17, 2017

Atty. Agustin P. Laban III
OIC, Office of the Schools Division Superintendent
DEPED Baguio Division

Dear Atty. Laban,

Greetings!

This summer, we are excited to offer another series of workshops for teachers and students of education! This series is entitled: ***Balay Sofia Teacher Training: The Art and Science of Education***. The series will be held on **May 29 to June 2, 2017**, from 9 AM to 4 PM. Venue is at the Mary Knoll Ecological Sanctuary. We will be charging a minimal fee to cover for the expenses (materials, venue and honorarium of speakers) of this event. This training is designed to be experiential and interactive in order to help participants understand the lessons better.

We hope that your good office can endorse this training series as one of its objectives is really to help teachers discover new methodologies in instruction and class management, as well as help them imbibe a certain view of child development.

The training team is composed of long-time teachers from Manila Waldorf School, the first Steiner/Waldorf School in the Philippines (established in 1994). Dr. Rosario I. Alonzo, Ph.D., a Dean of the College of Education of the University of the Philippines from 2013-2015 and a DEPED consultant (in 2001), heads the team.

I have outlined below the various workshop sessions, and their objectives.

Early Childhood Education: The Key to Academic Success

Prospective Participants: teachers in early childhood, parents with children aged 2 to 6 years old and students of education courses

Objective:

- For participants to discover the importance of "play" as a viable method of instruction, how the activities in the kindergarten are the foundation of future academic success;
- To introduce participants to Waldorf education and its view of child development.
- For teachers in early childhood classes to discover new class materials, as well as learn class management techniques

Proposed coverage:

- The DEPED kinder curriculum vis-a-vis the waldorf goals in early childhood
- The phases of child development, how kinder is a foundation for further development of the child's capacity.
- Methodologies in the early childhood: rhythm, repetition, imitation
- An experience of the class activities such as storytelling, movement circle, eurhythmy, etc.

Schedule: May 29-31, 2017, 9 AM to 4 PM

Workshop Fee: PHP 2,000/person



Teaching Creatively: The philosophy and methodology in a Waldorf Grade School

Prospective Participants: teachers in grade school, parents with children aged 7 to 12 years old and students of education courses

Objective:

- For participants to discover the task of lower school education
- For participants to learn the practical application of the "learner-centered approach" in curriculum development

Proposed Coverage:

- The "task" of the lower school Steiner/Waldorf curriculum
- Milestones per grade level/ age, changes in the child, etc.
- Methodologies in grade school
- An experience class activities such as singing, movement, form drawing, etc.

Schedule: May 29-31, 2017, 9 AM to 4 PM

Workshop Fee: PHP 2,000/person

K to 12 and the Development of the Child by Dr. Ross Alonzo

Prospective Participants: teachers in kindergarten and grade school, parents with children in kindergarten and lower to middle school and students of education courses

Objective:

- For participants to get an introduction to waldorf vis-à-vis the DEPED K to 12 curriculum.
- For educators to realize that there is a shift in the framework of education and help them understand the real value behind the DEPED K to 12.

Program:

| DAY 1 | DAY 2 |
|---|--|
| 8:00- 8:30 Welcome & Orientation | 8:00- 8:30 Highlights of Day 1 |
| 8:30- 9:30 The K to 12 Educational Reform | 8:30- 9:30 Multiple Intelligences |
| 9:30- 10: 30 K to 12 Standards & Curriculum Guides | 9:30- 10:30 How the Child Is Smart |
| 10:30- 10:45 Health Break | 10:30- 10:45 Health Break |
| 10:45- 12:00 K to 12 Standards & Curriculum Guides | 10:45- 12:00 Assessment of Learning & Rubrics |
| 12:00- 1:00 Lunch Break | 12:00- 1:00 Lunch Break |
| 1:00- 2:00 Unwrapping Standards | 1:00- 2:00 Integrated Instruction |
| 2:00-3:00 Learner- Centered Teaching & Differentiated Instruction | 2:00- 3:00 Prototype Learning Plan 1 |
| 3:00- 3:15 Health Break | 3:00- 3:15 Health Break |
| 3:15-4:15 Contextualization & Localization | 3:15- 4:15 Prototype Learning Plan 2 |
| 4:15- 5:00 Clearing House/ Audience Participation | 4:15- 5:00 Clearing House & Closing Ceremonies |

Schedule: June 1 and 2, 8 AM to 5 PM

Workshop Fee: PHP 2,000/person



BALAY SOFIA

Creative, Experiential and
Inspiring Education Since 2009

SCHOOL ADMINISTRATION

We are willing to give discounts to those who are attending the full 5 days as well as to teachers in public schools.

The organizer of these trainings is Balay Sofia Inc., the only Steiner/Waldorf School in the Cordilleras. Like the first Waldorf School established in Stuttgart, Germany in 1919, Balay Sofia looks at education as a viable force for social change. We espouse and promote universal human values, educational pluralism and meaningful teaching and learning opportunities – values that we wish to share to more individuals in Baguio City and the Cordilleras who are involved in education.

Through the *Balay Sofia Teacher Training Series*, we hope that participants can begin to appreciate a different way of educating children which balances academics with artistic and practical activities.

We hope for your positive support that these trainings be of real help for our country and our people.

Respectfully yours in the service of God and Country,

Sarah Mae F. Sabado
School Administrator
Balay Sofia Inc.

To: All Administrator School Heads &
Teachers In-Charge, (Elem. and
Secondary - Public & Private)

FOR YOUR INFORMATION AND APPROPRIATE
ACTION

ATTN: AUGUSTIN P. LABAN III
OIG - Schools Division Superintendent

ROSARIO I. ALONZO, Ph.D.
College of Education, U.P.

Educational Background:

Ph.D. Filipino Translation, College of Arts & Letters, U.P. 1997
MA Second Language Teaching, College of Education, UP, 1979
BSE English, College of Education, U.P., 1972

Designation: Professor VII

REGALE (Language Education Area)

Other Positions:

- Dean, College of Education, U.P. Diliman (2013-2015)
- Consultant, Evaluation of CHED Centers of Excellence (COEs)
 - Director of Instruction, U.P. Diliman (2005 –2011)
 - Coordinator, Intensive English Program (IEP)
 - DepEd Consultant (with official appointment from the Secretary of Education-2001)
 - Program Development Associate (PDA)
Office of the Vice-Chancellor for Academic Affairs (OVCAA) 2001-2005
 - Coordinator, REGALE (2003-2005)
 - Faculty-in-Charge, Language Teaching (2002-2003)

Awards

Professorial Chair, 2014

- Dr. Jack Richards Professorial Chair Award, 2009
- The Mac Arthur & Josefina delos Reyes Excellence in Teaching Award
(in English Language) 2008
- Dr. Jack Richards Professorial Chair Award, 2007
- DJ Faculty Grant
- Phi Kappa Phi International Honor Society
- Pi Gamma Mu International Honor Society
- Phi Lambda Theta International Honor Society
- Graduate of the Year CEd, 1972

Affiliations

- President, Philippine Association of Language Teaching, Inc. (PALT), country affiliate of TESOL International (2010-2012)
- Technical Panel Member, Commission on Higher Education (CHED) (2009-2012)
- Board of Directors - Member, State Universities and Colleges Teacher Educators Association (SUCTEA) (2009-2012)
- Vice-President, Philippine Association of Language Teaching, Inc. (PALT), country affiliate of TESOL International (2005-2009)

- Life-time member, Reading Association of the Philippines (RAP), country affiliate of International Reading Association
- Life-time member, Pambansang Samahan sa Wika
- Life-time member, Pambansang Samahan sa Sikolohiyang Pilipino

Research:

1. Fostering Intermental and Intramental Abilities through Interaction
2. Identifying Critical Thinking Skills: Toward Maximization of Second Language Learning
3. TEEP Research on Multigrade, Team Leader, Tupaya, Ifugao
4. UP Diliman Faculty Manual, 2003

Publications:

1. Raya (Filipino Book), C & E Publications, 2005
2. Literature in Focus, Sibs Publishing, 1998

Involvement in Curricular Assessment

- Academic Improvement in Higher Education, September 28, 2007. State Universities and College Teacher Education Association (SUCTEA) National Congress, Dapitan City
- U. P. Revitalized General Education Program: 2006
- School of Labor and Industrial Relations (SOLAIR): 2006
- UP Los Baños Intensive English Program (External Review Consultant): 2005

Training Programs Developed/Designed:

Filipino Language Learning: Sentro Rizal, 2015

- English Language Teaching (ELT5): Contextualized Language Instruction (2007)
- English Language Teaching (ELT4): Content-Based Instruction (2005)

Papers Presented:

International

- "Sensitizing University-level Students to Varieties of English" 6th CamTESOL Conference on English Language Teaching, February 27-28, 2010, Phnom Penh, Cambodia
- "Benchmarking U.P.'s Intensive English Program" Tri-International Conference/Symposium: TESOL, PAC & PALT, December 2009, Manila Hotel
- "Developing Inquiring/Reflective Teachers" SUCTEA 2nd International & 12th National Convention, February 18-20, 2009, University of Rizal System, Morong, Rizal

- “University Teaching”
PALT International Conference on Language Teaching (ICLE)
Manila Hotel, Dec. 3-5, 2008
- “EFL: Intensive English Program:
The University of the Philippines Experience”
AILA Convention, Essen, Germany – August 24-28, 2008
- “Effective College / University Teaching”
International Conference for Teacher Education (ICTEd)
Manila Hotel, July 25, 2008
- “Integrating the Three Modes of Communication”
42nd TESOL Convention, New York City, USA – April 2-5, 2008
- “Integrating the Three Modes of Communication”
PALT International Conference Manila Hotel – December 4, 2007
- “Experts’ Forum on Mentoring” PALT International Conference
Manila Hotel – December 4, 2007
- “Fostering Intermental and Intramental Abilities Among Speakers of Other
Languages”, Teaching English as an Additional Language Conference
(May 5, 2007), Vancouver, Canada
- “The Philippine Association of Language Teaching – Reaching Out to
Teachers of English”, JALT International Conference (November 5, 2006),
Kitakyushu, Japan
- “Fostering Intermental and Intramental Abilities: Advanced Level”, JALT
International Conference (November 4, 2006), Kitakyushu, Japan
- “Philippine ELT: Experiences and Explorations”, JALT International
Conference (November 4, 2006), Kitakyushu, Japan

National

- “Proficiency Assessment”
CHED-commissioned project of College of Education
University Hotel, U.P.Diliman Sept. 22, 2008
- “Communicative Competence”
CHED-commissioned project of College of Education
University Hotel, U.P.Diliman Sept. 22, 2008
- “Language in the Content Areas”
CHED-commissioned project of College of Education
University Hotel, U.P.Diliman Sept. 23, 2008
- “Reading in the Content Areas”
CHED-commissioned project of College of Education
University Hotel, U.P.Diliman Sept. 23, 2008
- “Content-Based Instruction”
CHED-commissioned project of College of Education
University Hotel, U.P.Diliman Sept. 24, 2008
- Communication Skills and Career Enhancement
International Hotel, Cebu City December 16, 2007

- Reading and Literacy Appreciation in Bilingual Context, (February 11-12, 2008) Center for Human Research and Development, UP-ISSI
- Academic Improvement in Higher Education, (September 28, 2007). State Universities and Colleges Teacher Educators Association (SUCTEA) National Congress, Dapitan City
- “Enhancing the Implementation of the new Teacher Education Curriculum”, SUCTEA National Congress (September 27, 2007), Dipolog City, Zamboanga
- Kritiko sa paksang Pagtuturo ng Wika /Wikang Panturo. (Agosto 16, 2007) UP Kumperensiyang Pangwika, Bulwagang Jose Rizal, UP
- “Reflective Teaching”, Teaching Effectiveness Course (May 31, 2007), University of the Philippines Diliman, Quezon City
- “Alternative Assessment”, Teaching Effectiveness Course (May 30, 2007), University of the Philippines Diliman, Quezon City
- “Learner-Centered Teaching”, Teaching Effectiveness Course (May 29, 2007), University of the Philippines Diliman, Quezon City
- “Teaching for Quality Learning”, Teaching Effectiveness Course (May 28, 2007), University of the Philippines Diliman, Quezon City
- “Reflective Teaching” Teaching Effectiveness Course (November 9, 2006), University of the Philippines Diliman, Quezon City
- “Alternative Assessment”, Teaching Effectiveness Course (November 8, 2006), University of the Philippines Diliman, Quezon City

Committee Work:

1. Co-chair, Ad Hoc Committee to Review the Revitalized General Education Program (RGEP)
2. Chair, University Council Committee on Academic Policies
 - 2002-2003
 - 2003-2004
 - 2004-2005
3. Chair, Committee on Student Teaching, 2002-2003; 2003-2004
4. Chair, External Review Committee, UP Los Baños, 2005
5. Member, R & D Committee
 - 2003-2004
 - served as Co-Coordinator of Research Seminar held in Manila Hotel (together with Dr. Mercedes Adorio)
6. Member, Curriculum Committee
 - 2003-2004
 - 2004-2005
7. Member, Master’s Entrance Test Committee, 2005
8. Member, Doctoral Entrance Test Committee, 2002-2005

Seminars Attended:

“1st National Philippine Education Deans Association (PEDA), Inc. Conference” , Best Practices in Teacher Education, Ateneo de Manila University, Katipunan Ave., Loyola Heights, Quezon City, July 7, 2007.

“Philippine Education Road Map: Building the 21st Century School System”, Education Summit 2006, Hotel Plaza, Manila, October 26-27, 2006.

“International Learning Styles Leadership Conference, Baguio Country Club, Philippines, January 16-21, 2006.

“AUNP 3rd Round Table: Regional Cooperation in a Globalizing World, Enhancing University and Private Sector Cooperation, Partnerships and Institutional Linkages”, Manila, Philippines, August 28 – 31, 2005.

“ASEAN-EU University Network Programme (AUNP), AUNP Grant Holders’ Meeting”, Manila, Philippines, August 25-26, 2005.

Extension Services:**A. 2005**

Facilitator, UPD Teaching Effectiveness Course, DILC, UP Diliman, May 23-24, 2005
Speaker, “Reading Skills”, 44th PALT Annual Convention, University of Northern Philippines, Vigan, Ilocos Sur.

Speaker, “The Content of Grammar Interaction for the elementary Level”, Effective Reading Education: Elementary School Level, DISP Training Program, April 20, 2005.

Speaker, Foundation for Upgrading the Standard of Education, Training Division of Batanes Teachers for “CONSTEL”, Batanes, April 13-16, 2005.

Speaker, “English as a Tool for global Communication”, University of the East, College of Education, February 24, 2005.

Speaker, “Reading & Literary Appreciation in a Bilingual Context”, Center for Human Research and Development Foundation, U.P. Diliman, February 7-8, 2005.

MYRA PANDALAN

56-D Manansala St. F. Amorsolo U.P. Diliman, Quezon City

maipan_16@yahoo.com

09065464114

ACADEMIC TRAININGS AND EXPERIENCE

Manila Waldorf School

Kindergarten teacher, 2002-present

Management Committee member, 2010-present

Professional Development Committee member, 2006-present

Board of Trustee, 2013-2015

6th Asian Waldorf Teachers' Conference in Japan

Theme of Conference: Building a conscious bridge to the future for Asia

Workshop attended: Make the free play possible

Singing and movement in the Kindergarten

2015

Handle Level 1-2 Intensive

Approach to Neurodevelopmental Differences

2015

5th Asian Waldorf Teachers' Conference in Korea

Theme of Conference: Developing Social Healing out of Anthroposophy

Workshop attended: "Difficult" Children disturbances of the lower senses and how can we help

Hand gesture Games

2013

3rd Asian Waldorf Teachers' Conference in Philippines

Eurythmy

2009

6th International Kolisko Conference

Theme of Conference: Healing through education

2006

Asian Waldorf Teacher's Conference in Taiwan

Extra lesson

2005

Intensive Beginner's Course in Waldorf/Steiner Early Childhood Education

2001

EDUCATION AND LICENSURE

LICENSURE EXAMINATION FOR TEACHERS

2008

University of the Philippines, Diliman

Certification in Professional Education

2006-2008

University of the Philippines, Diliman

BA in Philippines Studies

1996-2001