

REPUBLIC OF THE PHILIPPINES  
DEPARTMENT OF EDUCATION  
CORDILLERA ADMINISTRATIVE REGION  
DIVISION OF BAGUIO CITY

DepEd DIVISION OF  
BAGUIO CITY  
JUN 23 2017  
**RELEASED**  
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**DIVISION MEMORANDUM**

No. 151, s. 2017

**TO : Public Elementary & Secondary School Heads**

**FROM: FEDERICO P. MARTIN, Ed.D. CESO IV**  
Schools Division Superintendent 

**Subject: 2017 NUTRITION MONTH CELEBRATION**

**Date: June 21, 2017**

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1. The yearly Nutrition Month is lead by the National Nutrition Council (NNC) as the policy making body on nutrition. This year's celebration aims to disseminate nutrition-related messages to all Filipinos through the theme: **"Healthy Diet, Gawing Habit – for Life"**.
2. The celebration aims to:
  - a. Promote consumption of healthier foods and discourage the eating of unhealthy foods;
  - b. Encourage families and individuals to eat a balanced diet with a variety of food in the right quantity and maintaining an ideal body weight to reduce obesity and non-communicable diseases;
  - c. Create awareness among them on making right choices of food; and
  - d. Encourage food industry, producers, distributors, and farmers to make healthy foods available for all.
3. In support to this endeavor, all schools are enjoined to participate in the celebration by undertaking meaningful activities which will highlight the importance of good nutrition, healthy diet, and healthy lifestyle. Schools are also enjoined to serve healthy menu and indigenous snacks in the school canteens.
4. The **Engage Time-on-Task Policy** of the DepEd should be observed as stipulated in DepEd Order No. 9, s.2005
5. A consolidated narrative report with pictorials on the highlights of the observance of the Nutrition Month shall be submitted on or before August 4, 2017 at the Division Office.
6. Immediate dissemination of this Memorandum is desired.