

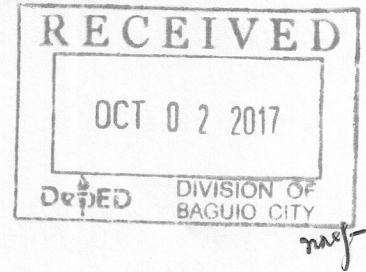


*Young Men's Christian Association
of the City of Baguio, Inc.*

POST OFFICE LOOP, BAGUIO CITY
Tel. No. (074) 442-4766 Fax (074) 619-8597



September 28, 2017



FEDERICO P. MARTIN, Ed. D. CESO VI
Schools Division Superintendent
Baguio City

Dear Sir:

Greetings from the YMCA of the City of Baguio, Inc.!

The Young Men's Christian Association of the City of Baguio, Inc. in enhancing its programs for youth development as mandated by its mission in developing young leaders in the community, wishes to inform you of the conduct of the "2017 YMCA ACADEMIC OLYMPICS" a tri-level literary-musical competition which will cater to elementary and high school students as well as tertiary level students with a Theme: "CALL FOR SERVANT LEADERSHIP".

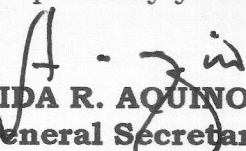
The Academic Olympics aimed in providing venue for development of the mind, body, and spirit where students can share their talents and skills in the arts and sciences as well as their experiences and insights for the youth to be more responsive to the needs of time is an annual program of the YMCA of the City of Baguio, Inc. which is coordinated with the Department of Education, Division of Baguio City.

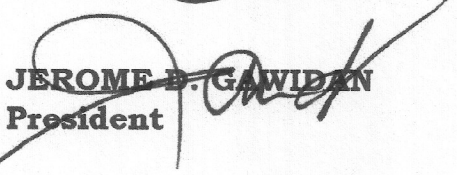
Relative to this, we have extended invitations to private and public Elementary Schools, Junior and Senior High Schools, and the different College and Universities to participate in this years' Academic Olympics local selection for participants to the Regional YMCA Academic Olympics on October 21-22, 2017, at the YMCA Function Hall.

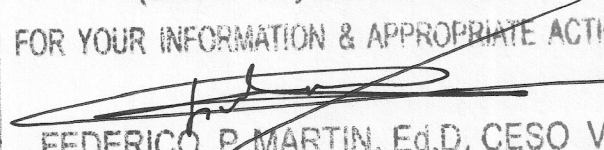
In this regard and knowing of your concern for youth development, may we humbly request the endorsement of the abovementioned activity by the Department of Education, Division of City Schools through your good office to the different private and public Elementary Schools, Junior and Senior High Schools in Baguio City.

Thank you very much, as we look forward for your unending support and partnership for the youth we serve.

Respectfully yours,


AIDA R. AQUINO
General Secretary


JEROME B. GAWIDEN
President

To: All School Administrators, Principals & Teachers In-Charge
(Elementary & Secondary)
FOR YOUR INFORMATION & APPROPRIATE ACTION

FEDERICO P. MARTIN, Ed.D, CESO VI
Schools Division Superintendent

YMCA OF THE CITY OF BAGUIO, INC.
Post Office Loop, Baguio City

2017 YMCA ACADEMIC OLYMPICS LOCAL SELECTION

Theme : "A Call to Servant Leadership"

Date : October 21-22, 2017

Venue : YMCA Function Hall

General Objectives:

To provide the holistic development of the youth in mind, body, and spirit, and building something of great value as the foundation of the visions of the YMCA to bring together the youth from the different colleges and universities, public and private schools, to mutually share as in art and science their experiences and insights to make the mission of the YMCA more responsive to the needs of time.

Specific Objectives:

1. To provide an appropriate venue where the talents of the youth can be fairly developed, harnessed and sustained.
2. To provide an opportunity where participants can share, articulate and sharpen their understanding on issues and concerns of local, regional and national relevance.
3. To provide a medium for wholesome fellowship among the YMCA youth members/participants in order to strengthen the relationship of the individual participants/members and inter-movement cooperation.

Terms and Conditions:

1. Only duly registered YMCA members of the College - Y, High - Y and Red Triangle (Elementary) clubs for the current year are allowed to join the competition. Non-members and members with expired membership are welcome to participate provided that they secure or renew their membership with the YMCA before the competition.
2. A participant who has been awarded with a gold medal in the past years of the Academic Olympics and still belongs to the same level (College, High School, and Elementary) shall no longer be allowed to participate in the same event for the succeeding years.
3. To encourage participation a school can field in one or two teams for individual and group events in each level. (College, High School, and Elementary).
4. All contestants are not allowed to wear their school uniforms or any identifying marks when participating in an event. Only Number Tags prepared by the contest committee shall be used for contestant identification purposes.
5. "Punctuality is a must". All participants must be and are expected to be in the contest venue an hour before the competition starts. A 15 minutes defaulting time will be given for late comers in a particular event.
6. All contestants are prohibited to carry or use their cell phones when participating in an event during the competition.
7. All entries (art works, literary pieces) shall become the property of the local YMCA.
8. All decisions of the Board of Judges will be final and therefore in appealable, NO PROTEST shall be entertained.
9. All first place winners will be representing the YMCA of Baguio, Inc. and their respective Schools during the YMCA Regional Academic Olympics.
10. All advisers/coaches of the different delegations must attend an orientation meeting on **October 3, 2017 at 5:00** in the afternoon at the YMCA Function Hall.
11. All participants must abide by the rules and regulations of the contest.

Eligibility and Registration of Participants:

1. All participants must be presently enrolled in the different Colleges, Universities, Public and Private Junior and Senior High School and Elementary Schools in Baguio City and Benguet.
2. Only duly registered YMCA members of the College - Y, High - Y and Red Triangle (Elementary) Clubs are allowed to join in the competition.
3. A corresponding registration fee of Php100.00 shall be assessed from each participant in the individual and group events in all levels. However, in the event that a participant/s is a NON - MEMBER of the YMCA or his/her membership has expired or will expire prior to the competition, the same shall be assessed with the corresponding YMCA membership fees for a year for each level as follow;

4. REGISTRATION FEE FOR NON-YMCA MEMBERS:

- College** - Php 100.00 (Membership Fee (1 year)) + Php 100.00 (Registration Fee) = **Php 200.00**
High School - Php 75.00 (Membership Fee (1 year)) + Php 100.00 (Registration Fee) = **Php 175.00**
Elementary - Php 50.00 (Membership Fee (1 year)) + Php 100.00 (Registration Fee) = **Php 150.00**

****Note: a corresponding membership ID card will be given to each participant.*

5. REGISTRATION FEE FOR YMCA MEMBERS:

- College** - Php 100.00
High School - Php 100.00
Elementary - Php 100.00

6. Registration of participants and school delegations will start on **October 2, 2017** at the YMCA Administration Office, for more info: please call tel. no. 442 - 4766.
7. Teacher advisers who are assigned as main advisers for a school delegation shall be assessed the amount of **Php 250.00** for obtaining or renewal of his/her YMCA membership. Although YMCA membership is voluntary, we encourage all coaches to be members of the YMCA movement.
8. All schools must have one or two main advisers assigned by the school head/principal for the Academic Olympics who shall be responsible for the school delegation.

Components and Competition Events:

1. Red Triangle Club

- a. Vocal Solo (1)
- b. Draw and Tell (1)
- c. Tula (1)
- d. Team Quiz Bee (3)
- e. Team Bible Quiz (3)
- f. Essay English (1)
- g. Modern Dance: YMCA (4-6)

2. Junior Hi-Y Club & Senior Hi-Y Club

- a. Vocal Solo (1)
- b. Vocal Duet (2)
- c. On-the-Spot Drawing (1)
- d. Oration (1)
- e. Extemporaneous Speaking (1)
- f. Essay English (1)
- g. Team Quiz Bee (6) : Junior Hi-Y (3), Senior Hi-Y (3)
- h. Team Bible Quiz (6) : Junior Hi-Y (3), Senior Hi-Y (3)
- i. Modern Dance (Hip-hop) – Junior Hi-Y (4-6)
- j. Folk Dance (██████████ & Traditional) – Senior Hi-Y (6)

3. College-Y Club

- a. Vocal Solo (1)
- b. Vocal Duet (2)
- c. On-the-Spot Drawing (1)
- d. Oration(1)
- e. Extemporaneous Speaking (1)
- f. Essay English (1)
- g. Team Quiz Bee (3)
- h. Team Bible Quiz (3)
- i. Ballroom Dance: Tango and Jive (1 pair) (2)

Prizes in each Event:

1. Medals (Gold, Silver & Bronze) and Certificate of Merit for top three winners.
2. Certificates of Participation/Recognition-participants/advisers

Determination of Winners: Rank System

Determination of Level Champion: Highest Point Garnered

*****Note: only delegations who have participated in all events per level are qualified for level championship.**

Computation of Points				
	1st	2nd	3rd	Participation
Group	25	20	15	10
Individual	10	7	5	3

Contest Rules and Regulations:

A. VOCAL SOLO (ALL LEVELS)

1. The contestant is free to choose his/her song piece. It must be in an OPM Tagalog. Rap or Rock songs and even narrations are not allowed. Accompaniment of the piece shall be prepared in a CD, FLASHDRIVE or Mobile Gadget.
2. The public address system shall be used in the performance.
3. All CDs, FLASHDRIVES or Mobile Gadgets must be submitted to the sound system operator/in charge fifteen (15) minutes before the contest commence. Each CD, Flashdrive or Mobile Gadget shall be labeled with the number of the contestant, properly cued and ready to be played.
4. Criteria:

➤ Voice Quality	40%
➤ Rhythm	20%
➤ Phrasing	15%
➤ Vocal Dynamics & Style	15%
➤ Stage Deportment	10%

B. DUET (Hi-Y and College – Y Club)

1. The entry is **STRICTLY MALE-FEMALE COMBINATION**.
2. The contestants are free to choose their song piece. It must be in English. Rap or Rock songs and even narrations are not allowed. Accompaniment of the piece shall be prepared in a CD, FLASHDRIVE or Mobile Gadget.
3. The public address system shall be used in the performance.
4. All CDs, FLASHDRIVES or Mobile Gadgets must be submitted to the sound system operator/in charge fifteen (15) minutes before the contest commence. Each CD shall be labeled with the number of the contestant, properly cued and ready to be played.
5. Criteria:

➤ Voice Quality	30%
➤ Harmony and Rhythm	20%
➤ Blending & Phrasing	25%
➤ Vocal Dynamics & Style	15%
➤ Stage Deportment	10%

C. ON-THE-SPOT DRAWING (Hi-Y and College – Y Club)

1. The subject matter to be drawn shall be decided by a committee organized for this purpose.
2. The subject matter will be given 5 minutes before the contest starts.
3. The Contest Committee shall provide the following:
 - a) Sand Paper #100 17"x11" – Junior Hi-Y and Senior Hi-Y
 - b) Canvass (2ftx3ft) – College Y
4. Each contestant shall provide his/her own medium or drawing materials. The following medium shall be used:
 - a) Pastel – Junior Hi-Y and Senior Hi-Y
 - b) Water-based Paint – College Y
5. Pentel pens are allowed only for borders and lines.
6. Drawing time shall be:
 - a) 3 hours – Junior Hi-Y and Senior Hi-Y
 - b) 5 hours – College-Y
7. Criteria:

➤ Originality	20%
➤ Concept	30%
➤ Color	30%
➤ Relevance to the subject matter	20%

D. DRAW AND TELL (RED TRIANGLE CLUB)

1. The theme of the artwork shall evolve from a subject matter which shall be made known to the contestants ten (10) minutes before the contest.
2. The Contest Committee shall provide 8.5"x13" VELLUM BOARD.
3. Each contestant shall provide and shall use OIL PASTEL as his/her medium.
4. Pentel pens are allowed only for borders and lines.
5. Drawing time shall be three (3) hours. After which, each contestant shall be given a minimum of 2 minutes and a maximum of 3 minutes to explain his/her work.
6. Criteria:

➤ Relevance to the theme:	Draw	15%
	Tell	20%
➤ Artistry		30%
➤ Workmanship		15%
➤ Originality		20%

E. QUIZ BEE (ALL LEVELS)

The subject areas for this contest shall be:

a) RED TRIANGLE CLUB (Elementary)

QUIZ BEE - Math, Science, (Ecology), and YMCA facts (General and Historical Facts)

BIBLE QUIZ - Questions shall be based from the four (4) GOSPEL BOOKS
- **Categories: PEOPLE, PLACE & EVENT**
- **New International Version. Choose the best answer (choices of 4)**

b) HI-Y CLUB (High School)

1. JUNIOR HI-Y:

QUIZ BEE - Math (General Algebra & Trigonometry), Science (Ecology), and YMCA facts (general and historical facts)

BIBLE QUIZ - Questions shall be based on ACTS AND EPISTLES
- **Categories: PEOPLE, PLACE & EVENT**
- **New International Version. Choose the best answer (choices of 4)**

2. SENIOR HI-Y:

QUIZ BEE - General Math, Earth and Life Science, General Info. Which includes the YMCA facts (general and historical facts)

BIBLE QUIZ - Questions shall be based on PENTATEUCH
- **Categories: PEOPLE, PLACE & EVENT**
- **New International Version. Choose the best answer (choices of 4)**

c) COLLEGE-Y CLUB:

QUIZ BEE - Math (Basic Statistics and College Algebra), Science (Ecology), and YMCA facts (general and historical facts)

BIBLE QUIZ - Questions shall be based on OLD TESTAMENT EXCEPT PENTATEUCH
- **Categories: PEOPLE, PLACE & EVENT**
- **New International Version. Choose the best answer (choices of 4)**

IMPORTANT

1. A total of 21 questions shall be asked.
2. The contestants are required to submit one (1) question for each subject and one (1) tie-breaking question (any subject)
3. All questions must be submitted to the Contest Committee **before** the contest proper.
4. All questions must be computerized or printed on a ¼ sheet (cross-wise) of a letter-sized bond paper indicating the source of information for reference (stating the reference's title and author, facts of publication, place and date) and the answer. **Questions lifted from any of the worldwide websites are not allowed, except for the questions about YMCA.**

5. All questions shall be by the multiple choice type with four (4) choices. (a,b,c,d)
6. Contestants shall write their answers on the board provided by the committee in-charge of the contest.
7. A ten (10) second allotment is given to the contestants for them to answer each question except for Math questions requiring computations where thirty (30) seconds is allotted. Countdown starts after the quizmaster has read the question twice and said "GO". Proctors will immediately check the answers of the contestants.
8. Top three teams will emerge as winners on the basis of point system.
9. In case of ties, the "sudden death" will be applied.

F. MODERN DANCE: YMCA BY THE VILLAGE PEOPLE (RED TRIANGLE CLUB)

1. The group must have four to six (4-6) members.
2. Each group shall dance to the original music of YMCA which is sung by the Village people. This means, **no remix** in any form shall be made.
3. The use of props is **prohibited**.
4. CD, FLASHDRIVE or Mobile Gadget shall be submitted to the management one (1) hour before the contest starts. This should be properly labeled (indicating the local association and the entry number) and must be ready to be played. Dry run or testing of CDs, FLASHDRIVES or Mobile Gadgets with the official sound system shall be done an hour before the competition with the presence of the coaches.
5. Criteria:

➤ Basic Rhythm & Timing (execution of the step with the music)	30%
➤ Movement (power, nature, free flow)	30%
➤ Togetherness (compatibility, mutual consistency)	15%
➤ Style and Grace	15%
➤ Technique	10%

G. DANCE (Junior Hi-Y and Senior Hi-Y Club)

a) Junior Hi-Y Modern Dance (Hip-Hop)

1. The group must have four to six (4-6) members.
2. The modern dance can be remixed but should not be more than five (5) minutes (including entrance and exit). Deduction of 0.5 points from the total points for every excess of 30 seconds shall be applied. Another minute is given for clearing the area after the performance.
3. Pyrotechnics even party poppers are not allowed. Any group violating this shall automatically be disregarded in the judging.
4. Dance steps (since this will involve difficult stunts) shall have been supervised and approved by the respective advisers prior to registration of their entries. The Management shall not be held responsible for any incident that may occur in the course of the performance.
5. CD, FLASHDRIVE or Mobile Gadget shall be submitted to the management one (1) hour before the contest starts. This should be properly labeled (indicating the local association and the entry number) and must be ready to be played. Dry run or testing of CDs, FLASHDRIVES or Mobile Gadgets with the official sound system shall be done an hour before the competition with the presence of the coaches.
6. Criteria:

➤ Timing/Synchronization	30%
➤ Choreography/Creativity	30%
➤ Dexterity/Difficulty of Steps/Stunts	15%
➤ Stage Deportment/Costume/Clarity of Message	15%
➤ Technique	10%

b) Senior Hi-Y Folk Dance (Traditional)

1. The group must have six (6) mixed male and female members.
2. The group will perform a Courtship Dance of not more than five (5) minutes (including entrance & exit). Props shall be allowed as long as **indicated in the literature**. Every group shall be given one minute to prepare and one minute to dismantle props/material.
3. At least five copies of the folk dance literature must be submitted to the contest committee one (1) week before the contest starts. (Failure to submit will be a ground for disqualification).
4. CD, FLASHDRIVE or Mobile Gadget shall be submitted to the management one (1) hour before the contest starts. This should be properly labeled (indicating the local association and the entry number) and must be ready to be played. Dry run or testing of CDs, FLASHDRIVES or Mobile Gadgets with the official sound system shall be done an hour before the competition with the presence of the coaches.

5. Criteria:

➤ Authenticity of Steps	30%
➤ Timing	20%
➤ Grace (facial expression, charm & flow of movements)	20%
➤ Costume & Props	15%
➤ Coordination & Mastery	15%

H. BALLROOM DANCE: TANGO AND JIVE (COLLEGE-Y CLUB)

1. The dance entry will be composed of two dancers (1 pair), male and female.
2. Each group shall dance **tango and jive**. Each group can choose which dance shall be performed first.
3. Each group shall be given a minimum of four (4) minutes and maximum of six (6) minutes performance including entrance and exit.
4. The group must observe decency on the use of costume. Women should use one piece dress and must avoid extremes.
5. CD, FLASHDRIVE or Mobile Gadget shall be submitted to the management one (1) hour before the contest starts. This should be properly labeled (indicating the local association and the entry number) and must be ready to be played. Dry run or testing of CDs, FLASHDRIVES or Mobile Gadgets with the official sound system shall be done an hour before the competition with the presence of the coaches.
6. Criteria:

➤ Basic Rhythm & Authenticity of Steps (execution of the step with the music)	30%
➤ Movement (power, nature, free flow)	30%
➤ Togetherness (compatibility, mutual consistency)	15%
➤ Shape (style/grace)	15%
➤ Technique	10%

I. ORATION (HI-Y & COLLEGE-Y CLUBS)

1. The subject of the speech contest shall revolve on the **general theme** ("A Call to Servant Leadership") of the Academic Olympics.
2. All speeches must be delivered in English without the aid of a public address system.
3. Delivery time shall not be less than five (5) minutes but not more than seven (7) minutes. A deduction of one (1) point from the total points garnered by the participants for every excess of one (1) minute shall be applied.
4. All contestants must submit (5) copies of their piece to the Contest Committee. It must be typewritten or computerized on a standard size (8.5x11) white bond paper, double spaced an hour before the contest starts. Failure to submit such shall be a ground of disqualification for the contestant.
5. Criteria:

➤ Delivery (style, voice, gesture, pronunciation)	40%
➤ Content & Organization	20%
➤ Mastery	10%
➤ Relevance to the Theme	20%
➤ Manner & Stage Presence	10%

J. EXTEMPORANEOUS SPEECH (HI-Y AND COLLEGE-Y CLUB)

1. All speeches must be delivered in English.
2. The generic question to be discussed by the contestants shall be determined by the Contest Committee.
3. Each contestant shall be given three (3) minutes to prepare for his/her piece and three (3) minutes to deliver it. A deduction of one (1) point from the average grade for every excess of one (1) minute shall be applied. Contestants shall be isolated from the contest venue and shall be called one by one for their own delivery.
4. No participant shall be allowed to read from his/her note and to carry with him/her any electronic device.
5. Criteria:

5.1 Content (50%)

➤ Organization	30%
➤ Relevance to the Theme	20%

5.2 Delivery (50%)

- Voice & Diction 20%
- Poise and Stage Presence 10%
- Effectiveness & Impact 20%

K. ESSAY WRITING: ENGLISH (ALL LEVELS)

1. All contest articles must be written in English containing no less than 300 words but must not exceed 500 words.
2. All articles must revolve from a subject matter which shall be made known to the contestants ten (10) minutes before the contest period.
3. The contestants shall be allowed to compose their articles for a period of one (1) hour only.
4. All contestants must bring with them black pens. No contestant shall be allowed to carry with him/her any writing items, e.g. papers, notes or any electronic device, etc. Pieces of contest paper shall be provided to each contestant as their entry number.
5. Criteria:

Content (50%)		
➤ Organization		25%
➤ Originality		15%
➤ Effectiveness		10%
Form (50%)		
➤ Grammar		30%
➤ Style		20%

L. TULA (RED TRIANGLE CLUB)

1. The official piece shall be "ISANG PUNONGKAHOY" by Jose Corazon de Jesus (see attached copy)
2. The use of props is **prohibited**.
3. Criteria :
 - Interpretation (impact, appeal and effectiveness) 30%
 - Delivery (style and pronunciation) 20%
 - Mastery of piece 30%
 - Voice (modulation and clarity) 20%

ISANG PUNUNGKAHOY

ni

Jose Corazon de Jesus

Kung tatanawin mo sa malayong pook,
ako'y tila isang nakadipang kurus;
sa napakatagal na pagkakaluhod,
parang ang paa ng Diyos.

Organo sa loob ng isang simbahan
ay nananalangin sa kapighatian,
habang ang kandila ng sariling buhay
magdamag na tanod sa aking libingan.

Sa aking paanan ay may isang batis,
maghapo't magdamag na nagtutumangis;
sa mga sanga ko ay nangakasabit
ang pugad ng mga ibon ng pag-ibig!

Sa kinislap-kislap ng batis na iyan,
asa mo ri'y agos ng luhang nunukal;
at saka ang buwang tila nagdarasal,
ako'y binabati ng ngiting malamlam.

Ang mga kampana sa tuwing orasyon,
nagpapahiwatig sa akin ng taghoy,
ibon sa sanga ko'y may tabing nang dahon,
batis sa paa ko'y may luha nang daloy.

Ngunit tingnan ninyo ang aking narating,
natuyo, namatay sa sariling aliw.
Naging kurus ako ng pagsuyong laing
at bantay sa hukay sa gitna ng dilim.

Wala na, ang gabi ay lambong na luksa,
panakip sa aking namumutlang mukha!
Kahoy na nabuwal sa pagkakahiga
ni ibon, ni tao'y hindi na matuwa.

At iyong isiping nang nagdaang araw,
isang kahoy akong malago't malabay.
Ngayon, ang sanga ko'y kurus sa libingan,
dahon ko'y ginawang korona sa hukay!

YMCA OF THE CITY OF BAGUIO, INC.

**2017 ACADEMIC OLYMPICS LOCAL SELECTION
SCHEDULE OF ACTIVITIES**

DATE and TIME	ACTIVITY	VENUE
OCTOBER 20, 2017 (Friday)		
8:00 AM – 5:00 PM	Registration of Participants	Administration/ Program Office
OCTOBER 21, 2017 (Saturday)		
8:00 AM – 8:30 AM	Opening Program	Function Hall
8:30 AM – 10:30 AM	On the Spot Drawing (Elementary, High School and College)	AVR
	Essay Writing Contest (Elementary, High School and College)	Pre - School Section: <i>Charity</i>
	Tula (Elementary Level)	<i>Board Room</i>
	Oratorical Speech Contest (High School and College)	<i>Function Hall</i>
10:30 AM – 12:00 NN	Extemporaneous Speech Contest (High School and College)	<i>Function Hall</i>
8:30 AM – 12:00 NN	Quiz Bee: - Elementary Level - High School Level - College Level	<i>Gymnasium</i>
	Bible Quiz: - Elementary Level - High School Level - College Level	<i>Function Hall Annex</i>
LUNCH BREAK		
1:00 PM – 3:00 PM	Vocal Solo - Elementary Level - High School Level - College Level	<i>Function Hall</i>
	Vocal Duet - High School Level - College Level	
OCTOBER 22, 2017 (Sunday)		
8:00 AM – 12:00 NN	Dance Competitions: 1. Elementary Level: Modern Dance 2. High School Level: Hip Hop Dance/Folk Dance 3. College Level: Ballroom Dance	<i>Function Hall</i>
LUNCH BREAK		
AWARDING AND CLOSING PROGRAM		