



January 6, 2018

DIVISION MEMORANDUM No. 10, s. 2018

SCHEDULE OF MEDICAL-DENTAL EXAMINATION AND PICTURE TAKING FOR 2018 CARAA

TO: Public Schools District Supervisors
 Public Elementary and Secondary School Heads
 Private Elementary and Secondary School Heads
 Coaches

- In preparation for the 2018 CARAA to be held in Abra, the School Health and Nutrition Services Section will conduct the regular medical-dental examination and the picture taking of athletes, coaches and other coaching staff at the **THIRD FLOOR DIVISION OFFICE CONFERENCE HALL** at **8:00 AM TO 5:00 PM** on the following schedules:

DATE TIME	JANUARY 9 (TUESDAY)	JANUARY 10 (WEDNESDAY)	JANUARY 11 (THURSDAY)
8 AM TO 12 NN	Archery Arnis Athletics Badminton	Futsal Football Gymnastics Aero-gymnastics Sepak Takraw	Table Tennis Tennis Volleyball Wrestling
1 PM TO 5 PM	Baseball Basketball Basketball 3on3 Billiards Boxing Chess	Softball Swimming Dancesports Pencak Silat	Taekwondo Wushu Kadang-Kadang Bunong Braso Special Games

- Athletes/Coaches/Officiating Officials who were examined last December 2017 and found **PHYSICALLY FIT DO NOT NEED** to come for a new **Medical Certificate** as their Medical Certificate will still be valid until February 2018.
- For **COMBATIVE SPORTS ONLY (Arnis, Boxing, Taekwondo, Wrestling, Wushu, Pencak Silat and Gymnastics)**, include Form 2 and Form 3. **FORM 2 SHALL BE SIGNED BY THE PARENTS OR GUARDIANS OF THE ATHLETE CONCERNED.**
- It is a **MUST** that all athletes shall undergo **DENTAL EXAMINATION** and secure dental certificate.



Republic of the Philippines
 Department of Education
 Cordillera Administrative Region
SCHOOLS DIVISION OF BAGUIO CITY
 #82 Military Cut-off Road, Baguio City



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5. It is advised that all athletes who shall undergo medical examination are to present themselves to the medical team with trimmed fingernails, clean cut haircut with no earrings for males and ponytails for females with long hair.
6. Parent's Consent/Waiver and other pertinent documents shall be duly accomplished prior to the medical-dental examination.
7. All school heads and teachers are requested to excuse all concerned and all athletes for medical-dental examination and picture taking.
8. Please follow **STRICTLY** the schedule provided above.
9. Wide and immediate dissemination of this memorandum is desired.

FEDERICO P. MARTIN, Ed. D., CESO VI
 Schools Division Superintendent

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8 AM TO 12 NN	Archery Arnis Athletics Badminton	Futsal Football Gymnastics Aerobic gymnastics Sepak Takraw	Table Tennis Badminton Judo Judo
1 PM TO 5 PM	Baseball Basketball 3on3 Billiards Boxing Chess	Softball Swimming Dancesports Pencak Silat	Taekwondo Wushu Karaté-Karaté Bunging Judo Special Games