



REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF HEALTH
Cordillera Administrative Region



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June 6, 2018

FEDERICO P. MARTIN, Ed.D., CESO VI

School Division Superintendent
Department of Education
Baguio City

Dear Superintendent Martin:

The Department of Health-Cordillera Administrative Regional Office in coordination with Baguio General Hospital and Medical Center, Psychiatry Department will be conducting a series of lecture for teachers and students of Public Schools in Baguio City. The venue for the said activity will be at DOH-CAR, Regional Training Center, BGHMC Compound, Baguio City

In connection to this, we are inviting the following to attend the said lectures:

Topics	Participants	Dates
Understanding the Impact of Mental Health Disorders on Learning	Elementary Teachers (50 participants)	July 20, 2018 (9am – 11am)
Understanding School Bullying	Elementary Teachers (45 participants)	August 3, 2018 (9am – 11am)
Understanding School Bullying	High School Teachers (45 participants)	August 10, 2018 (9am – 11am)
Understanding Depression and Suicide Among Children and Adolescents	High School Teachers (25 participants)	September 7, 2018 (9am – 11am)
Caring for your Mental health	High School Students (25 participants)	September 21, 2018 (9am – 11am)
Caring for your Mental Health	Elementary Students (25 participants)	November 16, 2018 (9am-11am)

AM Snack will be provided by the DOH-CAR Office. We would like to request that travelling expenses before and after the activity and other allowable expenses be handled by your office.

Ms. Emily Quines, Nurse V, Dangerous Drug Abuse Prevention and Treatment Program Coordinator, will be coordinating with you regarding details of said activitie. For further inquiries, you may contact us through mobile number 09084912303.

Truly yours,


LAKSHMI L. LEGASPI, MD, RN, MAN
Director IV

To: All School Administrators, Principals & Teachers In-Charge
(Elementary & Secondary)
FOR YOUR INFORMATION & APPROPRIATE ACTION
FEDERICO P. MARTIN, Ed.D, CESO VI
Schools Division Superintendent



The round metal gong of the Cordillera known locally as "gangsa" is a symbol of the upland people's culture that has been passed on from generations to another.
The profile of a person blowing a "tanggayub" represents a community being called for an important matter or action.
The lines that shape the mountains, the rice terraces, clouds and rivers symbolize the connectivity and flow of human interaction in a geographic area such as the Cordillera.
All the symbols combined represent unity and harmony of its people with culture and environment in beating the gong for self determination.

