



Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
**SCHOOLS DIVISION OFFICE BAGUIO CITY**  
#82 Military Cut-off Road, Baguio City



September 20, 2018

**DIVISION MEMORANDUM**

No. ~~44~~7, s. 2018

**PARTICIPATION OF HEALTH AND PHYSICAL EDUCATION TEACHERS  
TO THE 2018 CELEBRATION OF WORLD HEART DAY**

**To: Public Schools District Supervisors  
School Heads Public and Private  
MAPEH Department Heads**

In response to the invitation of Baguio General Hospital and Medical Center, Department of Pediatrics in coordination with the Philippine Heart Association will be *celebrating the World Heart Day In line with this year's theme of "My Heart, Your Heart"*, they will be heading a physical Activity (Zumba), conduct **lectures on Healthy Lifestyle and Hands On CPR**. This will be held on September 23, 2018 (Sunday) from 8:00-12:00 Noon at Baguio City National High School, Auditorium.

**Health and Physical Education Teachers** are highly encouraged to participate.

Freebies are the following:

1. First one hundred (100) participants will be given t-shirt
2. Snacks
3. Certificate of Participation

Immediate dissemination of this memorandum is desired.

  
**FEDERICO P. MARTIN, EdD, CEEd, EdD, CESO V**  
Schools Division Superintendent

/s/m/cid/092018/



**BAGUIO GENERAL HOSPITAL AND MEDICAL CENTER  
DEPARTMENT OF PEDIATRICS**

[bghpedia@gmail.com](mailto:bghpedia@gmail.com)



received  
9/3/18 ksk

September 3, 2018

**TO: FEDERICO P. MARTIN, ED. D., ED. D.,**  
CESO V  
DEPARTMENT OF EDUCATION  
BAGUIO CITY

The Baguio General Hospital and Medical Center, Department of Pediatrics in coordination with the Philippine Heart Association will be celebrating the World Heart Day. In line with this year's theme of "My Heart, Your Heart", we will be heading a physical activity and conducting lectures on Healthy Lifestyle and Hands Only CPR. In connection with this, we would like to invite your health and physical education teachers to participate in the said activity. This will be held on **September 23, 2018** from 8:00 AM to 12:00 NOON. The venue will be announced later.

We are looking forward for your favorable response on the above request.

Thank you.

Sincerely,

*Sm*  
**BERITH GRACE R. BERMEJO, MD, DPPS, FPCC**  
Cardiologist  
Department of Pediatrics

*Therese*  
**THERESE D. TOLENTINO, MD, FPPS, DPSAAI**  
Chair, Department of Pediatrics  
Baguio General Hospital and Medical Center

*Zumba - 8:30-9:30 negotiation →  
lecture on healthy lifestyle  
- Hands on CPR  
= Brgy health worker*

CP # : 09214969897 - Dra. Lana  
BCH PEDIA //