



WUSHU-SANDA for CARAA 2019
Division of Baguio City



September 3, 2018

ARTHUR TIONGAN
DIVISION CHIEF SCHOOL GOVERNANCE DIVISION
DEPARTMENT OF EDUCATION
BAGUIO CITY DIVISION

Dear Sir,

Greetings from Wushu!

May I request your good office to please disseminate this information for our selection of athletes for Wushu-Sanda for our Baguio Team for our Contingent for the CARAA 2019 that will be held on February 2019 at Province of Apayao?

Selection Date will be September 29 and 30, 2018. Venue: WFP-Baguio Chapter Central Gym Woods Gate, Camp7. Reason for scheduling is to cater private school and officiating officials that are not DepEd personnel.

If not asking very much if you could reconsider for the service credits and COC for the following personnel who will serve on this activity.

In this regard thank you for the following request, attached guidelines for the completion for Wushu-Sanda.

Yours in Sports,

Balsonn S. Cabato
Wshu-Sanda
Tournament Manager

NOTED AND APPROVED:

ARTHUR TIONGAN
Chief Education Supervisor
School Governance and Operations D



WUSHU-SANDA for CARAA 2019

Division of Baguio City

Rationale and purpose:

The Wushu-Sanda competition will be a simultaneous activity for the district meet and palarong lungsod, morning activity will be district meet eliminations and the afternoon activity will be the palarong lungsod competitions.

The tournament manager of each district will prepare the ramification of student athletes who qualified in their categories.

I. DATES / PLACE / ACTIVITY:

Wushu-Sanda Competition will be held on September 29 to 30 2018 at Pilota Court, Woods Gate Subdivision, Kalinga Street, Camp 7 Baguio City, Wushu Central Gym.

Weigh-in – September 28, 2018, District Tournament managers will schedule the time.

This activity will be done by the different district tournament managers for their student athlete.

Weigh-In Mandatory rule 1 hour will be given to the player for three trials only, this will reduce the dehydration of the student athlete, be reminded on safety of our student athlete

Note: Consider the 24 hour rule of rest of athletes

II. COMPETITION CATEGORY:

Group A – Who were born between January 01, 2001 to December 31, 2003

Male: 48kg; 52kg; 56kg

Female: 48kg; 52kg

Group B – Who were born between January 01, 2004 to December 31, 2006

Male: 42kg; 45kg; 48kg

Female: 42kg; 45kg

III. PARTICIPANTS/ COACHES / TRAINERS and their obligations:

1. Only Secondary School Students and pass the District meet Screening procedure.
3. Student Athletes are required to be hygienic, cut finger nails and toe nails, check body fragrance, no attached metal on any part of exposed body parts during the game, Girls must tie / or braid hair so it will not distract performance.

IV. MANDATED DOCUMENTS TO BE SUBMITTED FOR PARTICIPATION :

- i. AR-1
- ii. Photocopy of NSO Birth certificate

- iii. Form 137- certified true copy form original/ computer generated. Reflect the 1st grade Grades, **MUST not have 3 or more failing grades** in any learning for the S.Y 2017-2018. Their is a consideration for private schools who statrted their classes this August 2018.
- iv. Certification of Enrolment
- v. Medical Certificate (Form 2 and 3). The validity of of the medical check-up is 3 months.
- vi. Dental certificate.
- vii. Waiver of Liabilities
- viii. Each Team may compose of 2 Coaches (one girls,one boys), 1 Chaperon for the girls and 10 Athletes
 - a. There should be **one (1) athlete per weight category**

Note:

Forms must be in A4 size paper

V. Supplemental ground rules for the competition:

Rationale: The Competition will be conducted in accordance with the Rules of International Wushu Federation (IWUF) 2007, some ground rules are added and some was modified to suite the competition for DepEd sports, adopted

- i. The Competition shall be individual competition
- ii. Player who did not qualify in their weight-in are disqualified.
- iii. Student Athlete must have pass the qualifying meets School meet / District Meet
- iv. Knockout system will be adopted.
- v. Single round-robin will be adapted if number of competitors are 3 in a category
- vi. NO Head Kick / NO Fatal kick(s) to the head as well as successive/continuous punches to the head are not permitted, no thigh kick as remove during the palamong pambansa 2018.
- vii. The Competition time 1 minute and 30 seconds (stop clock) with 1 minute interval for each round.
- viii. A winner will be declare as best of 2 out of 3 rounds in each bout.
- ix. The training center of Wushu Baguio Chapter has a limited supply of equipments so district tournament managers should try to provide the important gears of their athletes stated in number 10.
- x. Players are advised not to make a part of the hand wrapped hard and stif and placed in the kuckle part and it will not fit to the gloves
- xi. During the competition, due to lack of gloves players are advise to leave the used gloves on the foamed part of the platform.

VI. COSTUME / PLAYING ATTIRE:

- ii District dominant color of the playing attire
- iii Gum shield/mouth piece , jockstrap and hand-wrap must be provided by competitors

themselves.

Note: Coaches are advised to be mandated to have their players own personal groin guard and shin guard with instep guard, the local sports association has a limited items from the stated gears.

VII. PLACING OF AWARDS:

Top three (3) (1gold,1silver,2bronze) men and women will be awarded respectively with Medals and Certificates if available.

VIII. ENTRIES:

- i. Final Entry with the events and names of competitors must be given to the District Tournament Managers
- ii. No Changes or additional entries will be accepted after the deadline.

IX. CONTACT PERSON:

BALSONN S. CABATO
Tournament Manger
MIL-AN High School 09476990679

X. Officiating Officials

TAN SUI TONG CANDELARIA
Tournament Commisioner / Jury
National Sports Association Representative
President Wushu Federation Philippines Baguio Chapter and CAR

Nominated Officiating Official

Member Jury	Rhea Parayao
Head Judge / Referee	Dare Malecdan
Sideline Judges	Jerome Wanawan Wilfred Padua Alexander Gaano Daryl Chulipas Alban Luken Ricky Luken
Table / Documents	Cecile Kelly John Parayao Lily Torres
Medics	Medical Personnel Division office

XI. OTHER MATTERS:

- i. Each team shall abide by the Rules of DepEd and the Organizing Committee.
- ii. Those who will violate the Rules and regulation will be dealt with according to the regulation of DepEd: (such as: Throwing of protective gears, uttering bad words, extreme and violent reactions and other unsportly conduct)
- iii. Teams may bring video cameras for the documentation of the bout(s), but it will not be accepted as basis for appeal.
- iv. Correction and reaction to this guidelines is accepted as long as it is written and signed by the coach and District sports coordinator

Note: interpretations and definitions of the content of this guideline, please contact the tournament manager for necessary corrections

