



Republic of the Philippines
Department of Education
Cordillera Administrative Region
DIVISION OF BAGUIO CITY
#82 Military Cut-Off, Baguio City



OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT

Division Memorandum No. 506 s. 2018


PARTICIPATION OF TEACHERS AND STUDENTS FOR THE COMING MENTAL HEALTH WEEK ACTIVITIES

To: Secondary PSDS
Secondary School Principals
Other Concern

1. There will be a half day lecture seminar and mini workshop to raise awareness about mental health issues of children and adolescents on October 24, 2018 from 1:00PM to 5:00PM at the Baguio General Hospital and Medical Center Men's Dormitory, Baguio City.
2. List of identified number of participants:

District	Teachers	Students
1. Baguio City High District	13	13
2. Baguio Central & West Baguio Central District	13	13
3. Quezon & North Quezon District	12	12
4. Lucban & Mabini District	12	12
Total	50	50

3. Attached is the letter from Baguio General Hospital & Medical Center, Department of Psychiatry.
4. Attached are the mechanics and criteria for the poster making contest and the pre-registration form.
5. For immediate dissemination and compliance.


FEDERICO P. MARTIN Ed.D., CEEd., CESO V
Schools Division Superintendent



Republic of the Philippines
 Department of Health
BAGUIO GENERAL HOSPITAL & MEDICAL CENTER
 DEPARTMENT OF PSYCHIATRY
 Baguio City



October 3, 2018

DR. FEDERICO P. MARTIN CESO VI (SDS)
DEPED BAGUIO
MILITARY CUT-OFF, BAGUIO CITY

Dear Sir/ Madame,

We would like to ask the participation of your teachers and students for the coming Mental Health Week Activities. The activity is entitled **“Mental Health Issues of Children and Adolescents”**. It is a one-day lecture, seminar, and mini-workshop to raise awareness about mental health issues of children and adolescents to be held on **October 24, 2018** from 1-5pm, at the Baguio General Hospital and Medical Center Men’s Dormitory.

There are only 50 slots for teachers and 50 slots for students for the said lecture. Please contact Dr. Mary P. Dancel at # 09173027508 to reserve your slot as soon as possible.

We are also inviting the artistically-inclined high school students of Baguio City for the poster making contest.

Attached herewith is the mechanics of the poster making activity. Kindly submit your entries to Dr. Leonor Juliana on or before October 20, 2018.

The program will be as follows:

	<i>Activities</i>	<i>Participants</i>
1-2 pm	Lecture on Recognition and management of Depression (Dr. Genna Hipolito)	- (50)Teachers
2-3 pm	Lecture on dealing with depression and suicide among children and adolescents (Dr. Gwendolyn Cayad)	- (50) Students
3-4 pm	Open Forum	- All
4-5pm	Merienda and Judging of Poster-making contest	- Students who complied with the poster making

Hoping for your kind consideration with regards to this matter.

Respectfully Yours:

Gwendolyn C. Cayad
Gwendolyn C. Cayad, MD, FPPA
 Training Officer

Noted by:

Lowell Rebucal
Lowell Rebucal, MD, MHcA, DSBPP, DPCAM, FPSMS
 Head, Psychiatry Department

Mechanics and Criteria for the POSTER-MAKING CONTEST 2018

This poster-making contest is part of the Baguio General Hospital and Medical Center's Mental Health Week Celebration to involve the artistically-inclined high school students of Baguio City and promote the awareness on

It will be held on the October 24, 2018, 4 PM @ Cancer Institute, BGHMC.

W. MECHANICS

133. The poster-making contest is open to all private and public high school of Baguio City
134. All interested applicants must submit a letter stating that they will join the contest addressed to
Dr. Lowell Rebutal, MD, MHcA, DPCAM, FPSMS, FPPA
Head, BGHMC , Dept. Of Psychiatry; not later than October 10, 2018 to include
the contact numbers for the organizers to follow up the entries.
135. The theme for the poster-making contest shall be: **"Young People and Mental Health in the changing world"**
136. The size of the poster should be 11.7" x 16.5" in illustration board with description of the artwork including the materials used of not less than 300 words in a separate bond paper size A4.
137. All artworks must be done and submitted on October 20, 2018 not later than 3pm at the Department of Psychiatry, BGHMC
138. Each participating school should submit one entry only.
139. All entries must be pre-numbered. No other identifying marks will be allowed to appear in the artworks.
140. All entries shall be judged by a Board of Judges composed of experts on the fields of arts and health.
141. Prizes shall be:
 - 1st place – 5,000 + certificate
 - 2nd place – 3,000+ certificate
 - 3rd place – 2,000 + certificate
142. Non-winning entries shall be awarded a certificate of appreciation by the BGHMC Psychiatry.
143. All entries shall be the property of the organizers (Psychiatry Department) and will be exhibited at the OBGYNE hallway at the start of the Mental Health Week Celebration
144. Contest schedule shall be on October 24, 2018 and awarding of winners, prizes and certificates will be right after the lecture on Mental Health.

X. CRITERIA FOR JUDGING

All artworks will be judged based on the following criteria:

▪ Relevance to the Theme	30%
▪ Creativity and Presentation	20%
▪ Originality	20%
▪ Color Harmony	10%
▪ Visual Impact	10%
▪ <u>Use of Recyclable materials</u>	10%
TOTAL	100%

For inquiries, please contact:

Dr. Beatrice Inumpa/Dr. Leonor Juliana
0915 190 6011



Department of Health
BAGUIO GENERAL HOSPITAL & MEDICAL CENTER
DEPARTMENT OF PSYCHIATRY
Baguio City



POSTER-MAKING CONTEST

Pre-registration Form

Complete Name of School: _____

Address: _____

Contact Number/s: _____

Email address: _____