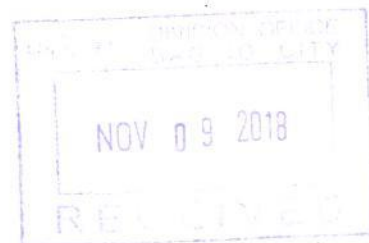


ST. JUDE TRAINING CENTER

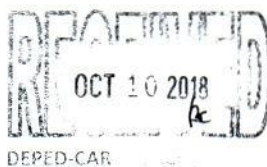
PRC ACCREDITED CPD PROVIDER
ACCREDITATION NUMBER 2018-195
GALAM'S BLDG, MAHARLIKA HIGHWAY,
BRGY QUIRINO SOLANO, NUEVA VIZCAYA
LANDLINE (078) 392 1838
WEBSITE: stjudereviewandtrainingcenter.com



We are St. Jude Training Center, a provider of accessible, affordable and innovative training programs for several professions. Through our EDUCATIONAL CARAVAN (EDU-CAR), we are committed to reach out to Filipino professionals and students in the farthest areas of the country.

October 10, 2018

To: Dr. May B. Eclar, CESO IV
Officer-In-Charge
Office of the Regional Director
Department of Education-CAR



RE: CPD Convention on MENTAL HEALTH IN THE WORKPLACE and PERSONALITY DEVELOPMENT: THE TRUE INNER SELF.

Dear Ma'am:

Greetings of Peace!


May we humbly invite you and your constituents to attend our 2-day CPD convention on **Mental Health in the Workplace: A Cognitive Behavioral Approach & Personality Development: The True Inner Self**. We aim that the participants will be able to prevent and manage any work-related stress caused by several risk factors in the workplace which is now a growing concern among our workforce as backed up by statistics. In addition to this, we have included the topic on Personality Development which will be approached using concepts on "Mindfulness" and "Inner Peace". Based on our experiences, the most effective way of managing stress is when we are able to control our Inner Self through the power of the mind.

We pray that you can join us in our crusade to promote mental health in all sectors of society. This is a part of our advocacy to make Filipinos aware of mental health issues which are common, yet often neglected.

For queries and registration, kindly contact us through our Marketing Department:
Ms. Magnolia Daniel - +639565404312
Mr. Chris Cachero - +639154648300

We hope to see you in our event. May God bless you more.

Sincerely yours,


Marie Curie O. de Pona, RSW, RN, RM, LPT
CEO, St. Jude Training Center



Received: ORD
OCT 23 2018

In service of the nation



Republic of the Philippines
Department of Education
Cordillera Administrative Region
Wangal, La Trinidad, Benguet



ADVISORY

October 23, 2018

TO: **SCHOOLS DIVISION SUPERINTENDENTS
ALL DIVISIONS
ALL CONCERNED**

For information and dissemination. In compliance with **DepEd Order No. 9, s. 2005** entitled "Instituting measures to increase engaged time-on-task and ensuring compliance therewith".
To: All School Administrators, Principals & Teachers in Charge (Elementary & Secondary)

FOR YOUR INFORMATION & APPROPRIATE ACTION


FEDERICO P. MARTIN, Ph.D., CESO VI
Schools Division Superintendent


MAY B. ECLAR, Ph.D., CESO V
Regional Director