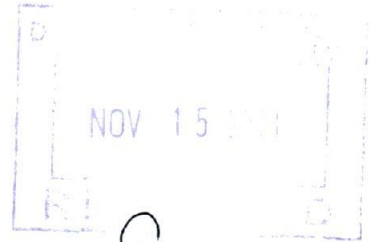




Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
Division of Baguio City  
**QUEZON AND NORTH QUEZON DISTRICTS**




**UNNUMBERED DISTRICT MEMORANDUM** # 547

To: Public Secondary School Heads  
Private Secondary School Heads  
School Sports Coordinators  
Coaches, Co-Coaches, Trainers, Chaperon

Subject: **TRAINING OF QUEZON AND NORTH QUEZON DISTRICTS (SECONDARY) ATHLETE FOR THE PALARONG PANLUNGSOD 2018**

Date: November 14, 2018

1. Relative to the conduct of Palarong Pan <sup>distrito</sup> 2018 which is scheduled on September 11, 12, 13, the Quezon and North Quezon Districts Secondary athlete shall undergo rigid training from November 15 to 26. Training will start from 1:00 - 5:00 during weekdays and 8:00 a.m.- 5:00 p.m. during Saturdays.
2. All athletes involved in this activity shall be excused from their classes and shall be given Flexible Learning Options (FLO) by their teachers. Teachers shall also be guided by the provision of Division Memo 09, s.2018 entitled **"COMPUTATION OF GRADES OF PUPILS PARTICIPATING IN CONTEST"**.
3. All coaches and trainers should strictly observe the **"No Coach, No Practice, No Play"** policy to ensure the safety of the athletes.
4. Teachers/Coaches who will be conducting their practices during Saturdays are entitled to service credits.
5. School heads are advised to make necessary contingency plan for teachers who are involved in this activity.
6. Full support and cooperation of all concerned is enjoined.

  
**BRENDALEE C. AWINGAN**  
Public Schools Districts Supervisor