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Republic of the Philippines Department of Education Cordillera Administrative Region SCHOOLS DIVISION OF BAGUIO CITY #82 Military Cut-off Road, Baguio City



January 8, 2019

DIVISION MEMORANDUM No. 023, s. 2019

SCHEDULE OF MEDICAL-DENTAL EXAMINATION FOR 2019 CARAA AND CORRIGENDUM TO DIVISION MEMORANDUM NO. 611, s. 2019 (TRAINING OF BAGUIO CITY ATHLETES FOR 2019 CARAA)

- TO: Public Schools District Supervisors Public Elementary and Secondary School Heads Private Elementary and Secondary School Heads Sports District Coordinators Coaches All others concerned
 - In preparation for the 2019 CARAA to be held in the province of Apayao, the School Health and Nutrition Services Section will conduct the regular medical-dental examination of athletes, coaches, assistant coaches, chaperon, officiating officials and MESS members at the QUEZON ELEMENTARY SCHOOL at 8:30 AM TO 4:00 PM on the following schedules:

DATE	JANUARY 21 (MONDAY)	JANUARY 22 (TUESDAY)	JANUARY 23 (WEDNESDAY)	JANUARY 24 (THURSDAY)
8:30 AM TO 12:00 NN	Volleyball Archery Badminton	Swimming Softball Boxing	Athletics Kadangkadang Bunong Braso Dancesport	Taekwondo Wrestling Arnis
1:00 PM TO 4:00 PM	Futsal Football Sepak Takraw	Table Tennis Tennis Pencak Silat Billiards Chess	Baseball Basketball Basketball 3on3	Gymnastics Aerogymnastics Wushu Special Events MESS Officiating officials

- 2. For COMBATIVE SPORTS ONLY (Arnis, Boxing, Taekwondo, Wrestling, Wushu, Pencak Silat and Gymnastics), include Form 2 and Form 3. FORM 2 SHALL BE SIGNED BY THE PARENTS OR GUARDIANS OF THE ATHLETE CONCERNED.
- 3. Parent's Consent/Waiver and other pertinent documents shall be duly accomplished prior to the medical-dental examination.

Office of the SDS: 442-7819 telefax;



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- 4. It is advised that all athletes who will undergo medical examination are to present themselves to the medical team with trimmed fingernails, clean cut haircut with no earrings for males and ponytails for females with long hair.
- 5. Athletes who are not able to come during the scheduled examination because of illness must present a **medical certificate/parental letter** to the medical-dental team during the check-up.

AFTER JANUARY 25

- 6. For replacement of athletes, the coach shall make a request letter recommending approval by the tournament manager and approved by the SGOD-Chief.
- 7. All school heads and teachers are requested to excuse all concerned and all athletes for medical-dental examination.
- 8. The coaches/chaperon must accompany their athletes during the said medicaldental examination.
- Please bring the old medical forms during the examination. For the CARAA all medical forms should be signed by a government physician. Use the same dental form.
- 10. There is a change of date in the submission of the required documents/papers from January 18, 2019 as indicated in the Division Memorandum No. 611, s. 2018 to JANUARY 25, 2019 to MR. JOSEPH A. ESTIGOY at Lucban Elementary School.
- 11. Please follow **STRICTLY** the schedule provided above.

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12. Wide and immediate dissemination of this memorandum is desired.

FEDERICO P. MARTIN, EdD, CEdD, CESO Schools Division Superintenden