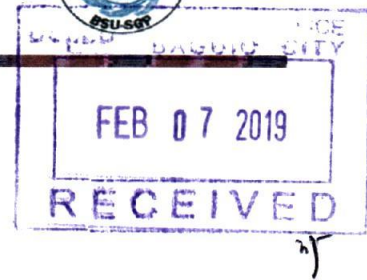




Republic of the Philippines
Benguet State University
 Graduate School - College of Teacher Education
Benguet State University – Society of Guidance Practitioners
 La Trinidad, Benguet 2601
 societyofguidancepractitioners@gmail.com



February 6, 2019

FEDERICO P. MARTIN, Ed.D., C.Ed.D. CESO V
 Schools Division Superintendent
 Division of Baguio City
 # 82 Military Cut-Off, Baguio City

SIR:

World Peace!

The Benguet State University – Society of Guidance Practitioners (BSU – SGP) will be conducting a seminar on **Mental Health Awareness, Bullying and Positive Psychology** on *March 9, 2019 (Saturday) from 08:00 AM - 05:00 PM at the Function Hall of College of Teacher Education, Benguet State University, La Trinidad, Benguet.* The aims of the activity are to inform guidance designates, guidance counselors, guidance facilitators, teachers and other individuals on ways of taking care of their mental health as well as practice and promote positive/ healthy coping strategies. Furthermore, it aims to provide an avenue to address queries of mental health advocates regarding the Philippine Mental Health Law.

The invited speakers are **Dr. Sheila Marie “Shake” Guevarra-Hocson**, the guidance director of Far Eastern University and former president of Philippines Guidance and Counseling Association (PGCA), and **Ms. Lorraine “Loffy” Bermejo**, a mental health advocate and a member of Baguio Mental Health Support Group by Kylie Verzosa.

In line with this, may we invite the DepEd Guidance Designates, Guidance Counselors, Teachers and Individuals who are interested to participate in this endeavor? A registration fee of five hundred pesos (PhP 500.00) will be collected from the participants to cover seminar kits, certificates, AM and PM snacks, lunch, and other miscellaneous expenses.

For further information, you can reach Mr. Bryan Jake D. Padrones at 0939-314-9998.

Thank you so much as we anticipate your favorable response to this request.


Respectfully yours,


BRYAN JAKE D. PADRONES
 Chairperson, BSU - Society of Guidance Practitioners

Noted:


ERLYN HONEYLETTE C. MARQUEZ, RGC
 Adviser, BSU - Society of Guidance Practitioners


ELIZABETH A. LASCANO, Ph.D.
 Chairperson, Department of Related Programs


IMELDA G. PARCASIO, Ed.D.
 Dean, College of Teacher Education


ROMEO A. GOMEZ, JR., Ph.D.
 Dean, Graduate School

To: All School Administrators, Principals & Teachers In-Charge

FOR YOUR INFORMATION & APPROPRIATE ACTION

FEDERICO P. MARTIN, Ed.D., CESO VI
 Schools Division Superintendent

