



# PHILIPPINE MENTAL HEALTH ASSOCIATION

## BAGUIO-BENQUET CHAPTER, INC.

Marcos Highway, Baguio City 2600

Tel./Fax No.: 442-23-37 • Mobile No.: 0917-517-2083 / 0949-498-9757

Email: pmhabbc@yahoo.com • Website: www.pmhbbci.com

DIVISION OFFICE  
BAGUIO CITY

APR 05 2019

RECEIVED

*Christine Gina Dailay-Camsol*  
Chapter Executive Manager

April 1, 2019

**FEDERICO P. MARTIN, Ed.D., C.E.d.D., CESO V**  
**Schools Division Superintendent**  
Department of Education  
Schools Division of Baguio  
82 Corner Military Cut-off, Baguio City

Dear Sir:

Greetings from the PMHA family!

We are pleased to inform you that this year, the Philippine Mental Health Association Cordillera Chapter, Inc. (formerly Baguio-Benguet Chapter, Inc.) is celebrating its 60<sup>th</sup> Foundation Anniversary.

In line with this, PMHACCI will conduct its **35<sup>th</sup> Mental Health Symposium** on **April 26, 2019 (Friday)** from **8:00 A.M. to 5:00 P.M.** at the **Milan, Florence ABC Halls, Hotel Veniz, 1 Abanao St., Baguio City**

This conference aims to discuss some of the mental health concerns that have significant impact to the Filipino family and society. It features lectures on the following topics: a) Suicide and its impact on the family (b) The needs and Roles of Care Givers of Persons with Intellectual Disability, (c) Psychological Impact and Interventions for the Survivors of Sexual Abuse, and (d) Factors and Interventions for Children In Conflict with the Law.

We would like to invite you, the teachers from the elementary and secondary schools of Baguio, and other interested personnel to be part of this gathering.

The registration fee which covers the participant's seminar kit, certificate, lunch and snacks in the morning and afternoon is as follows:

	<b>PMHA Members as of April 17, 2019</b>	<b>Non- Members</b>
<b>Early Registrants (on or before April 17, 2019)</b>	Php 900.00	Php 1, 000.00
<b>Regular Registrants (until April 24, 2019)</b>	Php 1, 100.00	Php 1, 200.00

- Note: 1. Payments are transferrable but nonrefundable.  
2. Onsite registration will NOT be accommodated.  
3. Limited slots only.**

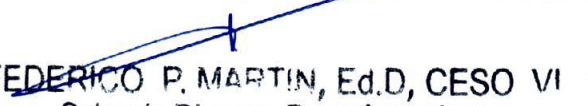
Payments can be made through our Metrobank Account No: 0033003561659 and Landbank Account No: 0221383214 with Account Name: PMHABBCI.

Kindly confirm the attendance of interested participants **on or before April 24, 2019** by calling us thru the following numbers: (074) 442-2337; 0917-517-2083 (Globe); 0943-708-4672 (Sun/Smart). Attached herewith is the program for your reference.

Thank you very much and we look forward to seeing you during this important event.

Sincerely yours,

  
**HON. JUDGE FRANCIS A. BULIYAT, SR. (Ret.)**  
Chairperson, PMHA BBCI Board of Management

To: All School Administrators, Principals & Teachers In-Charge  
(Elementary & Secondary)  
FOR YOUR INFORMATION & APPROPRIATE ACTION  
  
**FEDERICO P. MARTIN, Ed.D, CESO VI**  
Schools Division Superintendent

PHILIPPINE MENTAL HEALTH ASSOCIATION  
CORDILLERA CHAPTER, INC.  
(formerly PMHA BAGUIO – BENGUET CHAPTER INC.)

BGH Exit Road, Marcos Highway, Baguio City  
Tel. No. (074) 442-23-37; 09175172083; 09437084672

## **60th PMHA CCI Anniversary**

*Theme: "You and I MINDing Each Other"*

## **35th Mental Health Symposium**

April 26, 2019, 8:00 A.M. – 5:00 P.M.,  
Milan, Florence ABC Halls, Hotel Veniz, 1 Abanao St., Baguio City

### **PROGRAMME**

- |               |   |
|---------------|---|
| 8:00 – 8:15   | - Registration  |
| 8:15– 8:30    | - Opening Ceremonies  |
| 8:30– 9:45    | - <b>Children In Conflict with the Law: Risk Factors and Interventions</b><br><b>Ms. Elita B. Hererro</b><br>Director for Life Skills Plus Program<br>Child and Family Services Philippines, Inc. |
| 9:45 – 10:00  | - Open Forum  |
| 10:00 - 10:30 | - Break   |
| 10:30 - 11:45 | - <b>Sexual Abuse: Psychological Impact and Interventions</b><br><b>Dr. Mary Jane P. Carrido</b><br>Medical Officer III, WCPU Coordinator<br>Benguet General Hospital                             |
| 11:45 – 12:00 | - Open Forum  |
| 12:00– 1:00   | - Lunch Break   |
| 1:00 - 2:15   | - <b>Gadgets: Effects on the Individual's Well-being</b><br><b>Ms. Sally I. Maximo, RPsy, RGC, LPT</b><br>Professor<br>Saint Louis University   |
| 2:15 – 2:30   | - Open Forum  |
| 2:30 - 3:00   | - Break   |
| 3:00 – 4:15   | - <b>Intellectual Disability in Children and Adults: Needs and Roles of Caregivers</b><br><b>Roland M. Mamaat, PhD, RPsy, LPT</b>   |
| 4:15- 4:30    | - Open Forum  |
| 4:30 – 5:00   | - Closing Program   |