



DR FEDERICO P. MARTIN
SUPERINTENDENT
DEPED DAVAO CITY

Dear Sir/Madam:

Republic Act No. 11036 otherwise known as **Mental Health Law** (June 20, 2018) stipulates in Sec. 2 that the state affirms basic right of all Filipinos to mental health as well as the fundamental rights of people who require mental health services. In this regard, Sec. 23 promotes the integration of mental health into the educational system such that the state shall ensure the integration of mental health into the educational system -age- appropriate content pertaining to mental health shall be integrated into the curriculum at all educational levels.

Further, Sec. 24 states that educational institutions such as schools, colleges, universities and technical schools shall develop policies and programs for students, educators and other employees designed to: raise awareness on mental health issues, identify and provide support and services for individuals at risk, and facilitate access, including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support. All public and private institutions shall be required to have a complement of mental health professionals.

In this regard, the proposed seminar-workshop will allow teachers, counselors and school staff to be aware of their inherent responsibilities in promoting mental health as the primary carers of the holistic development of the students. Given the increasing number of mental health concerns of students nowadays, teachers, counsellors, homeroom advisers and school staff are being tapped in assisting the students in addressing their mental health concerns nonetheless of the insufficient number of trained professionals as well as limited capacities of handling these concerns. The topics shall discuss the context of mental health in schools, roles of teachers in the promotion and the latest trends in handling students' mental health issues in the local and foreign settings.

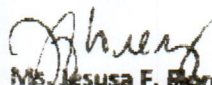
Committed in raising awareness of and promoting mental health at all levels of education, ARCZONE would like to request for your support to this seminar-workshop. We hope that you will help us motivate the participants from your region to avail the program.

We also would like to emphasize that **ARCZONE Professional Development, Inc.** has been accredited by the **Professional Regulations Commission (PRC)** as a **Continuing Professional Development (CPD) Provider**. The CPD unit application for this program is currently on process in the office of the PRC.

Attached are the details of the seminar-workshop. We look forward to working with you in providing high quality professional development to our educators, counselors, and staff.

Thank you very much.

Sincerely yours,


Ms. Jesusa F. Flores
Training Coordinator

To: All School Administrators, Principals & Teachers In-Charge
(Elementary & Secondary)
FOR YOUR INFORMATION & APPROPRIATE ACTION
FEDERICO P. MARTIN, Ed.D, CESO VI
Schools Division Superintendent



**A 3-day National Seminar-Workshop on
Addressing Mental Health Issues in the School Setting
(Live-out seminar)**

Details of Training

Dates: July 26, 27 and 28, 2019

Venue: Cooyeesan Hotel Plaza, Naguilian Rd, Baguio, Benguet

Target participants: School Administrator, Mid-level School Managers, Guidance Counsellors, Homeroom Advisers and Teachers

Registration fee: Php 3,800 (inclusive of snacks, buffet lunches, seminar kits, hand-outs and a certificate)

Program of Activities

Time	Day 1	Day 2	Day 3
07:30 – 08:30	Registration		
08:30 – 09:00	Opening Program		
09:00 – 10:00	Introduction to Mental Health	Mental Health in Context: Stress and Anxiety	Navigation through Mental Health Problems
10:00 – 10:15	BREAK		
10:15 – 12:00	Mental Health First Aid	Mental Health in Context: Depression	Why should well-being taught on schools?
12:00 – 01:00	LUNCH		
01:00 – 02:30	Basic Counselling Skills	Mental Health in Context: Suicidality / Psychological Assessment of Mental Health	Increasing well-being through Positive Psychology
02:30 – 02:45	BREAK		
02:45 – 04:30	...Continuation	...Continuation	...Continuation
04:30 – 05:00			Closing Program / Awarding of Certificates

Guest lecturers/facilitators are from Philippine Normal University – Manila, De La Salle University – Taft, University of the Philippines – Diliman, University of Santo Tomas – España, etc.

Accredited by:



Professional Regulation Commission (PRC)
as CPD Provider

REPLY SLIP

(Reservation is REQUIRED. Please send this slip or contact the secretariat for reservation. You may use a separate sheet.)

Name of Participant (s)

Contact Numbers

Company Name and Contact Number (s): _____