



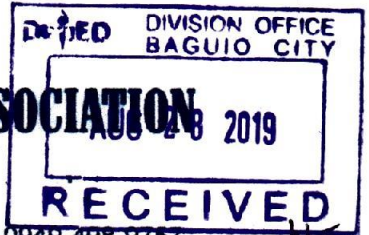
PHILIPPINE MENTAL HEALTH ASSOCIATION

CORDILLERA CHAPTER INC.

Marcos Highway, Baguio City 2600

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Email: pmhabbc@yahoo.com • Website: www.pmhabbci.com



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Chapter Executive Manager

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August 28, 2019

DR. FEDERICO P. MARTIN

CESO IV

Department of Education - Baguio

Military Cut- Off, Baguio City

Dear **Dr. Martin:**

Greetings from the PMHA CCI family!

We are pleased to inform you that the Philippine Mental Health Association Cordillera Chapter, Inc. (formerly Baguio-Benguet Chapter, Inc.) will be conducting its **36th Mental Health Symposium** on **September 13, 2019 (Friday)** from **8:00 A.M. to 5:00 P.M.** at the **YMCA Multi-Purpose Hall, Post Office Loop, Baguio City** in observance of the Suicide Prevention Day happening every 10th of September.

This symposium aims to discuss about the Julia Buencamino Project, The Impact of Suicide in the Family and how to Identify Risk and Promoting Well-being for individuals in Distress. A workshop on Suicide Prevention Programs in the school and the workplace will also be done.

In lieu of this, we would like to invite you, your teachers, and your guidance counsellor/s to participate in the symposium.

MEMBER: WORLD FEDERATION FOR MENTAL HEALTH

To: All School Administrators, Principals & Teachers In-Charge
(Elementary & Secondary)

FOR YOUR INFORMATION & APPROPRIATE ACTION

FEDERICO P. MARTIN, Ed.D, CESO VI
Schools Division Superintendent

The registration fee which covers the participant's seminar kit, certificate, lunch and snacks in the morning and afternoon is as follows:

	PMHA Members as of September 6, 2019	Non- Members
Early Registrants (on or before Sept. 6, 2019)	Php 1, 000.00	Php 1, 100.00
Regular Registrants (until September 11, 2019)	Php 1, 200.00	Php 1, 300.00

- Note: 1. Payments are transferrable but nonrefundable.
2. Onsite registration will NOT be accommodated.
3. Limited slots only.**

Payments can be made through our Metrobank Account No: 0033003561659 and Landbank Account No: 0221383214 with Account Name: PMHACCI.

Kindly confirm the attendance of interested participants **on or before September 11, 2019** by calling us thru the following numbers: (074) 442-2337; 0943-708-4672 (Sun/Smart); or message us on Facebook. Attached is a copy of the program for your reference.

Thank you very much and we look forward to seeing you during this important event.

Sincerely yours,


HON. JUDGE FRANCIS A. BULIYAT, SR. (Ret.)
Chairperson, PMHA BCCI Board of Management



PHILIPPINE MENTAL HEALTH ASSOCIATION
CORDILLERA CHAPTER INC.
(FORMERLY PMHA BAGUIO - BENGUET CHAPTER INC.)

*in celebration of its 60th Anniversary
presents the*

36th Mental Health Symposium



P M H A

September 13, 2019

8:00 A.M. to 5:00 P.M.

Multipurpose Hall, YMCA Baguio Office,
Post Office Loop, Baguio City

PROGRAMME

8:00 – 8:15 - Registration

8:15– 8:30 - Opening Ceremonies

Opening Prayer &
Singing of the National Anthem

- Welcome Remarks

- **Hon. Judge Francis A. Buliyat, Sr. (Ret.)**
Chairman, Board of Management

8:30– 9:45 - **Julia Buencamino Project**

The Impact of Suicide in the Family

MS. SHAMAINE BUENCAMINO
Julia Buencamino Project

9:45 – 10:00 - Open Forum

10:00 - 10:30- Break

10:30 - 11:45- **Identifying Risk and Promoting Well-being for Individuals-in-Distress**

MR. WILFREDO II FRANCIS F. MINA,
MSC,ND,RGC,RPM,SHC

Guidance Services Specialist
University of the Philippines Manila

11:45 – 12:00 - Open Forum

12:00– 1:00 - Lunch Break

1:00 - 2:30 - **Workshop:**
**Suicide Prevention Programs in
the School and the Workplace**

2:30 – 3:30 - Presentation of Programs

3:30 - 4:00 - Break

4:00 – 4:30 - **Synthesis**

4:30 – 5:00 - Closing Program

- Closing Remarks

Ms. Nonnette C. Bennett
Vice-Chairman (Baguio),
PMHACCI

