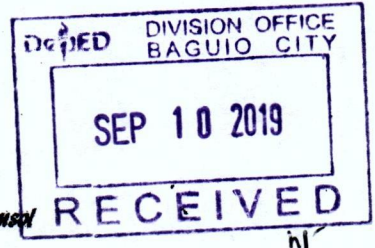




# PHILIPPINE MENTAL HEALTH ASSOCIATION

## CORDILLERA CHAPTER INC.

Marcos Highway, Baguio City 2600  
Tel./Fax No.: 442-23-37 • Mobile No.: 0917-517-2083 / 0949-498-9757  
Email: pmhabbc@yahoo.com • Website: www.pmhabbc.com



*Christine Gina Dailay-Cancel*  
Chapter Executive Manager

### 2017-2018 BOARD OF MANAGEMENT

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Atty. Edilberto B. Tenevencia  
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Hon. Judge Mia Joy O. Cawed  
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Atty. Augustin P. Laban III

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FPSCAP, FPPA  
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Ms. Regina G. de Jesus  
National Executive Director

18 East Avenue, Quezon City  
Philippines, P.O. Box 1040  
Tel. Nos. 921-4958; 921-4959  
Fax No. (632) 921-2093

MEMBER: WORLD FEDERATION FOR MENTAL HEALTH

August 28, 2019

DR. MAY B. ECLAR, CESO V  
OIC- Office of the Regional Director  
Department of Education - CAR  
Wangal La Trinidad, Benguet

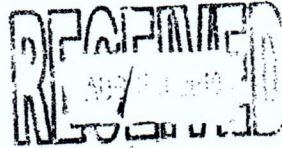
Dear Dr. Eclar:

Greetings from the PMHA CCI family!

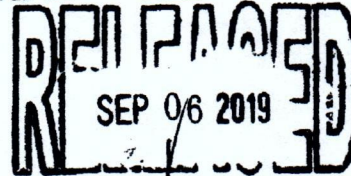
We are pleased to inform you that the Philippine Mental Health Association Cordillera Chapter, Inc. (formerly Baguio-Benguet Chapter, Inc.) will be conducting its 36<sup>th</sup> Mental Health Symposium on September 13, 2019 (Friday) from 8:00 A.M. to 5:00 P.M. at the YMCA Multi-Purpose Hall, Post Office City Loop, Baguio City in observance of the Suicide Prevention Day happening every 10<sup>th</sup> of September.

This symposium aims to discuss about the Julia Buencamino Project, The Impact of Suicide in the Family and how to Identify Risk and Promoting Well-being for individuals in Distress. A workshop on Suicide Prevention Programs in the school and the workplace will also be done.

In lieu of this, we would like to invite you, your teachers, and your guidance counsellor/s to participate in the symposium.



DEPED-CAR



DEPED-CAR

To: All School Administrators, Principals & Teachers In-Charge  
(Elementary & Secondary)

FOR YOUR INFORMATION & APPROPRIATE ACTION

*Federico P. Martin*  
FEDERICO P. MARTIN, Ed.D, CESO VI  
Schools Division Superintendent



Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
Wangal, La Trinidad, Benguet



### ADVISORY

September 5, 2019

TO: SCHOOLS DIVISION SUPERINTENDENTS  
ALL DIVISIONS  
ALL OTHERS CONCERNED

RE: 36<sup>TH</sup> MENTAL HEALTH SYMPOSIUM

For information and dissemination.

*MAY B. ECLAR*  
MAY B. ECLAR, Ph.D., CESO V  
Regional Director



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Chapter Executive Manager

**2017-2018**

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**DR. MAY B. ECLAR, CESO V**  
OIC- Office of the Regional Director  
Department of Education - CAR  
Wangal La Trinidad, Benguet

Dear **Dr. Eclar:**

Greetings from the PMHA CCI family!

We are pleased to inform you that the Philippine Mental Health Association Cordillera Chapter, Inc. (formerly Baguio-Benguet Chapter, Inc.) will be conducting its **36<sup>th</sup> Mental Health Symposium** on **September 13, 2019 (Friday)** from **8:00 A.M. to 5:00 P.M.** at the **YMCA Multi-Purpose Hall, Post Office Loop, Baguio City** in observance of the Suicide Prevention Day happening every 10<sup>th</sup> of September.

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In lieu of this, we would like to invite you, your teachers, and your guidance counsellor/s to participate in the symposium.

MEMBER: WORLD FEDERATION FOR MENTAL HEALTH

The registration fee which covers the participant's seminar kit, certificate, lunch and snacks in the morning and afternoon is as follows:

	<b>PMHA Members as of September 6, 2019</b>	<b>Non- Members</b>
<b>Early Registrants (on or before Sept. 6, 2019)</b>	Php 1, 000.00	Php 1, 100.00
<b>Regular Registrants (until September 11, 2019)</b>	Php 1, 200.00	Php 1, 300.00

- Note: 1. Payments are transferrable but nonrefundable.  
2. Onsite registration will NOT be accommodated.  
3. Limited slots only.**

Payments can be made through our Metrobank Account No: 0033003561659 and Landbank Account No: 0221383214 with Account Name: PMHACCI.

Kindly confirm the attendance of interested participants **on or before September 11, 2019** by calling us thru the following numbers: (074) 442-2337; 0943-708-4672 (Sun/Smart); or message us on Facebook. Attached is a copy of the program for your reference.

Thank you very much and we look forward to seeing you during this important event.

Sincerely yours,

  
**HON. JUDGE FRANCIS A. BULIYAT, SR. (Ret.)**  
Chairperson, PMHA BCCI Board of Management



PHILIPPINE MENTAL HEALTH ASSOCIATION  
CORDILLERA CHAPTER INC.  
(FORMERLY PMHA BAGUIO - BENGUET CHAPTER INC.)  
in celebration of its 60th Anniversary  
presents the

# 36th Mental Health Symposium



September 13, 2019

8:00 A.M. to 5:00 P.M.

Multipurpose Hall, YMCA Baguio Office,  
Post Office Loop, Baguio City

## PROGRAMME

- 8:00 – 8:15 - Registration
- 8:15– 8:30 - Opening Ceremonies  
Opening Prayer &  
Singing of the National Anthem
- Welcome Remarks
- Hon. Judge Francis A. Buliyat, Sr. (Ret.)  
Chairman, Board of Management
- 8:30– 9:45 - **Julia Buencamino Project**  
**The Impact of Suicide in the Family**  
**MS. SHAMAINE BUENCAMINO**  
Julia Buencamino Project
- 9:45 – 10:00 - Open Forum
- 10:00 - 10:30- Break
- 10:30 - 11:45- **Identifying Risk and Promoting Well-being for Individuals-in-Distress**  
**MR. WILFREDO II FRANCIS F. MINA,**  
**MSC,ND,RGC,RPM,SHC**  
Guidance Services Specialist  
University of the Philippines Manila
- 11:45 – 12:00 - Open Forum

- 12:00– 1:00 - Lunch Break
- 1:00 - 2:30 - **Workshop:**  
**Suicide Prevention Programs in the School and the Workplace**
- 2:30 – 3:30 - Presentation of Programs
- 3:30 - 4:00 - Break
- 4:00 – 4:30 - **Synthesis**
- 4:30 – 5:00 - Closing Program  
- Closing Remarks  
**Ms. Nonnette C. Bennett**  
Vice-Chairman (Baguio),  
PMHACCI

