







Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
DIVISION OF BAGUIO CITY



**BAGUIO CITY NATIONAL SCIENCE HIGH SCHOOL**  
Purok 12, Irisan, Baguio City

**MID-YEAR IN - SERVICE TRAINING 2019**

Day 1	MENU	# of Pax	Unit Cost	Total Cost
AM Snack	Banana bread , fruit juice(canned/bottled)	55		
Lunch	Rice main dish: Fish fillet side dish: vegetables (buttered) dessert: buko pandan	55		
PM Snack	Pancit canton and Pandesal, water (bottled)	55		
<b>Day 2</b>				
AM Snack	Fresh Lumpia, Fruit Juice (canned)	55		
Lunch	Rice main dish: Chicken Inasal side dish: Fresh Vegetable Salad dessert: leche plan (medium)	55		
PM Snack	Kutsinta, Pichi- pichi, water (bottled)	55		
<b>Day 3</b>				
AM Snack	Chicken sandwich with veges, fruit juice	55		
Lunch	Rice main dish: Sweet and Sour Fish side dish: Chopsuey dessert: brownies	55		
PM Snack	Fresh fruit salad	55		
<b>Day 4</b>				
AM Snack	bilobilo	55		
Lunch	Rice main dish: Pork Sinigang w/ gabi side dish: *** dessert: cheese bar	55		
PM Snack	Puto Pao, Banana	55		
<b>Day 5</b>				
AM Snack	Champorado, water (bottled)	55		
Lunch	Rice main dish: Chicken-Pork Adobo side dish: Potato salad dessert: mac salad	55		
PM Snack	Lasagna with Garlic bread, fruit juice (canned)	55		
<b>Note: With Overflowing brewed coffee/tea and water</b>				
		<b>TOTAL</b>		