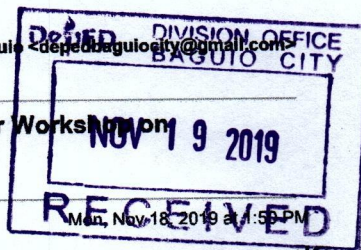




DepEd Baguio <depedbaguio@deped.gov.ph>



Attn: MS. MARIE CAROLYN B. VERANO, CESO VI - Invitation Letter for a 3-Day National Seminar Workshop on "Addressing Mental Health Issues in the..."
1 message

Jovie Quitarro <jovie.arczoneprof@gmail.com>
To: depedbaguio@deped.gov.ph

Good day!

Please find the invitation letter below.

Thank you and GOD Bless!

Ms. Jovie Quitarro

www.arczoneprofdev.com



To: All School Administrators, Principals & Teachers In-Charge
(Elementary & Secondary)
FOR YOUR INFORMATION & APPROPRIATE ACTION
[Signature]
MARIE CAROLYN B. VERANO, CESO VI
Schools Division Superintendent

MS. MARIE CAROLYN B. VERANO, CESO VI
Schools Division Superintendent
DEPED Division of Baguio City
Baguio City

Dear Ms. Verano:

Republic Act No. 11036 otherwise known as **Mental Health Law** (June 20, 2018) stipulates in Sec. 2 that the state affirms basic right of all Filipinos to mental health as well as the fundamental rights of people who require mental health services. In this regard, Sec. 23 promotes the integration of mental health into the educational system such that the state shall ensure the integration of mental health into the educational system -age- appropriate content pertaining to mental health shall be integrated into the curriculum at all educational levels.

In this regard, the proposed seminar-workshop will allow teachers, counselors and school staff to be aware of their inherent responsibilities in promoting mental health as the primary carers of the holistic development of the students. Given the increasing number of mental health concerns of students nowadays, teachers, counsellors, homeroom advisers and school staff are being tapped in assisting the students in addressing their mental health concerns nonetheless of the insufficient number of trained professionals as well as limited capacities of handling these concerns. The topics shall discuss the context of mental health in schools, roles of teachers in the promotion and the latest trends in handling students' mental health issues in the local and foreign settings.

Committed in raising awareness of and promoting mental health at all levels of education, ARCZONE would like to offer this program exclusively to your division. This is to make the seminar - workshop accessible and affordable to your teachers.

We also would like to emphasize that **ARCZONE Professional Development, Inc.** has been accredited by the **Professional Regulations Commission (PRC)** as a **Continuing Professional Development (CPD) Provider**. This training has corresponding **12 CPD Units**.

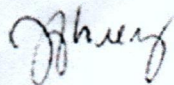


Attached are the details of the seminar-workshop. We look forward to working with you in providing high quality professional development to our educators, counselors, and staff.

If you need further information, do not hesitate to contact us:
Tel. Nos.: (02) 8781-6895 / 8710-5531 (PLDT)
Telefax: (02) 7900-5176 (GLOBE)
Mobile: 0921-576-1676 / 0905-447-3534
Email: arczone_eduphil@yahoo.com

Thank you very much.

Sincerely yours,



Ms. Jesusa Flores
Training Coordinator

seminar-workshop on
Addressing Mental Health Issues in the School Setting
(Live-out seminar)

Dates: To be determined by the division (may be done during weekends)

Venue: To be determined by the division

Target participants: Medical/Health Personnel, School Nurses, School Administrator, Mid-level School Managers, Guidance Counsellors, Homeroom Advisers and Teachers

Registration fee: Php1,500 (to cover costs of travel, meals, accommodation and professional fees of staff and speakers, and seminar kits, handouts and certificates of participants.)

*****minimum of 200 participants**

Program of Activities

Time	Day 1	Day 2	Day 3
07:30 – 08:30	Registration		
08:30 – 09:00	Opening Program		
09:00 – 10:00	Introduction to Mental Health	Mental Health in Context: Stress and Anxiety	Navigation through Mental Health Problems
10:00 – 10:15	BREAK		
10:15 – 12:00	Psychological First Aid	Mental Health in Context: Depression	Why should Well-Being taught in schools?
12:00 – 01:00	LUNCH		
01:00 – 02:30	Basic Counselling Skills	Mental Health in Context: Suicidality / Psychological Assessment of Mental Health	Increasing well-being through Positive Psychology
02:30 – 02:45	BREAK		
02:45 – 04:30	... Continuation	... Continuation	... Continuation
04:30 – 05:00			Closing Program / Awarding of Certificates

Accredited by:



7 attachments



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