Attn: MS. MARIE CAROLYN B. VERANO, CESO VI - Invitation Letter for a 3-Day National Seminar Workshop on "Addressing Mental Health Issues in the...

2 messages

Jovie Quitorio <jovie.arczoneprof@gmail.com>
Reply-To: Jovie Quitorio <jovie.arczoneprof@gmail.com>
To: "depedbaguiocity@gmail.com" <depedbaguiocity@gmail.com>

Tue, Jan 7, 2020 at 11:23 AM

Good day!

Please find the invitation letter below.

Thank you and GOD Bless!

Ms. Jovie Quitorio



MS. MARIE CAROLYN B. VERANO, CESO VI **Schools Division Superintendent** DEPED Division of Baguio City Baguio City

Dear Ms. Verano:

Republic Act No. 11036 otherwise known as Mental Health Law (June 20, 2018) stipulates in Sec. 2 that the state affirms basic right of all Filipinos to mental health as well as the fundamental rights of people who require mental health services. In this regard, Sec. 23 promotes the integration of mental health into the educational system such that the state shall ensure the integration of mental health into the educational system -age- appropriate content pertaining to mental health shall be integrated into the curriculum at all educational levels.

In this regard, the proposed seminar-workshop will allow teachers, counselors and school staff to be aware of their inherent responsibilities in promoting mental health as the primary carers of the holistic development of the students. Given the increasing number of mental health concerns of students nowadays, teachers, counsellors, homeroom advisers and school staff are being tapped in assisting the students in addressing their mental health concerns nonetheless of the insufficient number of trained professionals as well as limited capacities of handling these concerns. The topics shall discuss the context of mental health in schools, roles of teachers in the promotion and the latest trends in handling students' mental health issues in the local and foreign settings.

Committed in raising awareness of and promoting mental health at all levels of education, ARCZONE would like to offer this program exclusively to your division. This is to make the seminar - workshop accessible and affordable to your teachers.

We also would like to emphasize that ARCZONE Professional Development, Inc. has been accredited by the Professional Regulations Commission (PRC) as a Continuing Professional Development (CPD) Provider. This training has corresponding 12 CPD Units.



Attached are the details of the seminar-workshop. We look forward to working with you in providing high quality professional development to our educators, counselors, and staff.

If you need further information, do not hesitate to contact us:

Tel. Nos.: (02) 8781-6895 / 8710-5531 (PLDT) Telefax: (02) 7900-5176 (GLOBE) Mobile: 0921-576-1676 / 0905-447-3534

Email: arczone_eduphil@yahoo.com

Thank you very much.



Republic of the Philippines DEPARTMENT OF EDUCATION CORDILLERA ADMINISTRATIVE REGION **DIVISION OF BAGUIO CITY** #82 Military Cut-off Road, Baguio City, 2600



ADVISORY

January 09, 2020

TO: ALL SCHOOL HEADS (PUBLIC & PRIVATE) **ALL OTHERS CONCERNED**

> For information and appropriate action subject to existing guidelines.

> > MARIE CAROLYN B, VERANO, CESO VI Schools Division Superintendent

Ms. Jesusa Flores Training Coordinator

seminar-workshop on

Addressing Mental Health Issues in the School Setting

(Live-out seminar)

Dates: To be determined by the division (may be done during weekends)

Venue: To be determined by the division

Target participants: Medical/Health Personnel, School Nurses, School Administrator, Mid-level School Managers, Guidance Counsellors,

Homeroom Advisers and Teachers

Registration fee: Php1,500 (to cover costs of travel, meals, accommodation and professional fees of staff and speakers, and seminar kits, handouts and

certificates of participants.)

***minimum of 200 participants

Program of Activities

		Trogram of Activities		
Time	Day 1	Day 2	Day 3	
07:30 – 08:30	Registration			
08:30 - 09:00	Opening Program			
09:00 – 10:00	Introduction to Mental Health	Mental Health in Context: Stress and Anxiety	Navigation through Mental Health Problems	
10:00 – 10:15	BREAK			
10:15 – 12:00	Psychological First Aid	Mental Health in Context: Depression	Why should Well-Being taught in schools?	
12:00 – 01:00	LUNCH			
01:00 – 02:30	Basic Counselling Skills	Mental Health in Context: Suicidality / Psychological Assessment of Mental Health	Increasing well-being through Positive Psychology	
02:30 - 02:45	BREAK			
02:45 - 04:30	Continuation	Continuation	Continuation	
04:30 - 05:00			Closing Program / Awarding of Certificates	

Accredited by:





7 attachments







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Civil Service Commission (CSC) as a Learning and Development Institution

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DepEd Baguio <depedbaguiocity@gmail.com>
To: Jovie Quitorio <jovie.arczoneprof@gmail.com>

Tue, Jan 7, 2020 at 11:51 AM

Received, thank you.

On Tue, Jan 7, 2020 at 11:23 AM Jovie Quitorio <jovie.arczoneprof@gmail.com> wrote: Good day!

Please find the invitation letter below.

Thank you and GOD Bless!

Ms. Jovie Quitorio



www.arczoneprofdev.com

MS. MARIE CAROLYN B. VERANO, CESO VI **Schools Division Superintendent** DEPED Division of Baguio City **Baguio City**

Dear Ms. Verano:

Gmail - Attn: MS. MARIE CAROLYN B. VERANO, CESO VI - Invitation Letter for a 3-Day National Seminar Workshop on "Addressing... 1/8/2020

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Sincerely yours,

Ms. Jesusa Flores Training Coordinator

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	Registration Opening Program Introduction to Mental Health	Registration Opening Program Introduction to Mental Health in Context: Health Stress and Anxiety BREAK Psychological First Aid Mental Health in Context:

1/8/2020

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Accredited by:

http://www.csc.gov.ph/

Department of Education
Division of Baguio City
#82 Military Cut-off, Baguio City
Office of the SDS: 442-7819 telefax Planning Office: 446-1488 Front Desk / Finance: 442-4326 Supply Office / CID: 442-4393

Administrative / Personnel Office: 446-6738

ALS: 442-2923

COA Office: 424-1379 telefax E-mail: depedbaguiocity@gmail.com Website: www.depedpines.com

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