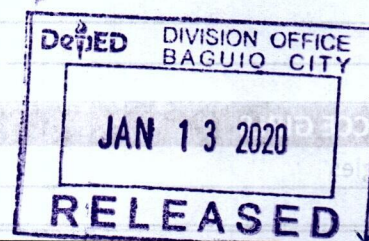




Republic of the Philippines  
**Department of Education**  
 CORDILERA ADMINISTRATIVE REGION  
**SCHOOLS DIVISION OF BAGUIO CITY**



Office of the Schools Division Superintendent

January 13, 2020

DIVISION MEMORANDUM

No. 16, s. 2020

**SCHEDULE OF MEDICAL-DENTAL EXAMINATION FOR 2020 CARAA**

To: Public Schools District Supervisors  
 Public Elementary and Secondary Schoolheads  
 Private Elementary and Secondary Schoolheads  
 Sports District Coordinators  
 Coaches  
 CARAA Officiating Officials from Baguio City  
 MESS Committee Members  
 All others cornered

- In preparation for the 2020 CARAA, the School Health and Nutrition Services Section will conduct the regular medical-dental examinations of athletes, coaches, assistant coaches, chaperon, officiating officials and MESS members at the **SDO TRAINING CENTER** from **8:30AM to 4:00PM** on the following schedules:

Date Time	January 14 (Tuesday)	January 15 (Wednesday)	January 16 (Thursday)	January 17 (Friday)
8:30AM to 12:00NN	Volleyball Kadangkadang	Athletics	Arnis Pencak Silat Chess Dancesports	Taekwondo Tennis
1:00PM to 4:00PM	Swimming Archery	Table Tennis Aerogymnastics Gymnastics	Baseball Softball Bunong Braso	Muaythai Billiards Sepak Takraw

Date Time	January 20 (Monday)	January 21 (Tuesday)	January 22 (Wednesday)
8:30AM to 12:00NN	Badminton Football	Basketball Basketball3x3 Boxing	Officiating Officials
1:00PM to 4:00PM	Futsal Wrestling Wushu	Special Events MESS	

- Parent's Consent/Waiver and other pertinent documents shall be duly accomplished prior to the medical-dental examination.
- It is advised that all athletes who will undergo medical examination are to present themselves to the medical team with trimmed fingernails, clean cut haircut with no earrings for males and ponytails for females with long hair.



**Address:** 82 Military Cutoff Road, Baguio City

**Telephone:** Office of the SDS: 442-7819 telefax; Front Desk: 442-4326; Planning Office: 446-6738; Supply Office: 442-4393; Administrative Services: 244-0978

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4. Athletes who are not able to come during the scheduled examination because of illness must present a **medical certificate/parental letter** to the medical-dental team during the check-up.
5. All school heads and teachers are requested to excuse the school health and nutrition section personnel, coaches, athletes and other concerned for medical-dental examination.
6. The coaches/chaperon must accompany their athletes during the said medical-dental examination.
7. The deadline for submission of **COMPLETE DOCUMENTS** of athletes, coaches, assistant coaches and chaperons is on **JANUARY 22, 2020 (Wednesday)** to Mr. Joseph A. Estigoy at Lucban Elementary School.
8. Please follow **STRICTLY** the schedule provided above.
9. Wide and immediate dissemination of this memorandum is desired.

  
**MARIE CAROLYN B. VERANO, CESO VI**  
Schools Division Superintendent

Encl.: As stated

Reference: N o n e

To be indicated in the Perpetual Index  
under the following subjects:

SPORTS  
ATHLETICS

AKDN/DM- Schedule of Medical-Dental Examination for 2020 CARAA/January 10, 2020



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