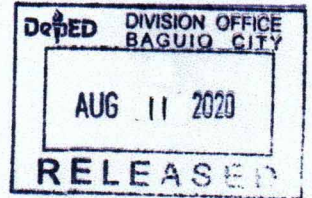




Republic of the Philippines
Department of Education
 Cordillera Administrative Region
SCHOOLS DIVISION OFFICE OF BAGUIO CITY



Office of the Schools Division Superintendent

10 Aug 2020

DIVISION MEMORANDUM
 No. 30), s. 2020

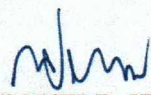
**Conduct of Psychological First Aid (PFA) using the
 Online and Self-Guided PFA Modules**

To: **All SDO Personnel**
Public Schools District Supervisors
Public Elementary and Secondary School Heads
Others Concerned

1. The Disaster Risk Reduction and Management Services (DRRMS) launched the Online and Self-Guided PFA Modules last July 2020. These Modules are supplemental to the SEES Manual that was previously used prior to COVID-19. This manual is essential in providing first aid to our learners.
2. The Class Advisers are expected to administer the four PFA Modules with the help of the DRRM Coordinator and Guidance Designates from August 17-21, 2020. The material can be downloaded at tinyurl.com/OSG-2020-BAGUIO. Please follow below matrix:

PFA Modules	SEES Online	Date
Module 1	Pie Chart of Graph of Emotions	August 17, 2020
Module 2	Counting Backwards, Sensory Check, Breathing Exercise	August 18, 2020
Module 3	Updated Referral Form	August 19, 2020
Module 4	Kite and Create a Poem	August 20, 2020

3. Currently, the materials available are for secondary learners, in case the elementary modules will not be available before August 17, elementary schools are instructed to use the secondary manual but need to contextualize the activities in the level of elementary learners.
4. For monitoring purposes, all class advisers that were done in administering the PFA modules are required to access this link: tinyurl.com/PFA2020ME.
5. Immediate and wide dissemination of this Memorandum is desired.


MARIE CAROLYN B. VERANO, CESO V
 Schools Division Superintendent

SGOD/SocMob/jss

