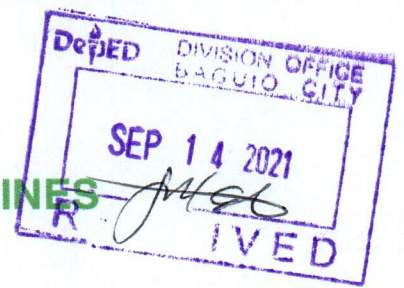




**GIRL SCOUTS OF THE PHILIPPINES**  
Northern Luzon Region  
Baguio Girl Scout Council



**CHQ CIRCULAR No. 8**  
**Series of 2021**

**TO : DISTRICT SUPERVISORS, PRINCIPALS, HEAD TEACHERS, GSP DISTRICT FIELD ADVISERS, GSP SCHOOL COORDINATORS AND GSP TROOP LEADERS**

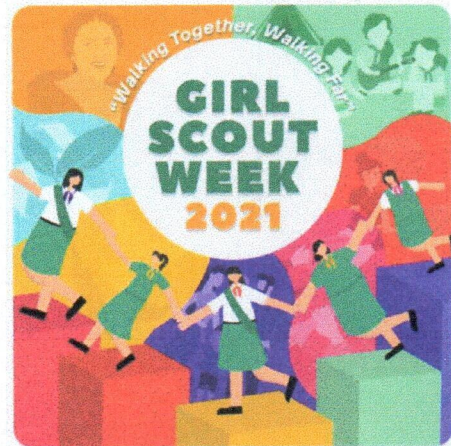
**RE : GS Week Celebration**

**Date : September 10, 2021**

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The Girl Scouts of the Philippines will celebrate the **Girl Scout Week on September 19-25, 2021** with the theme which we adopted from the 37<sup>th</sup> World Conference of the World Association of Girl Guides and Girls Scouts (WAGGGS) **“Walking Together, Walking Far”**.

In the midst of the COVID-19 pandemic, we continue our celebration through online activities to commemorate the life, legacy, and to give honor to our Founder Josefa Llanes Escoda, our inspiration for empowering girls and young women all over the country.



We hope that all Girl Scouts will participate in the week-long celebration. Please refer to **Attachment A** for the suggested activities which you may adopt. You may also plan other exciting and creative activities relative to the theme of the celebration.

Girl Scouts are encouraged to take this opportunity to register and/or renew their GSP membership during the Girl Scout Week celebration. Girl Scout Week Badge and Certificate of Participation shall be awarded to Girl Scouts by accomplishing at least three (3) Girl Scout Week activities, contribution to the Josefa Llanes Escoda Memento Fund, and a valid and active GSP membership status. A pre-event registration link will be posted at the Girl Scouts of the Philippines Facebook Page.

In preparation for the following Josefa Llanes Escoda (JLE) e-Conference series, the National Core Group for the Revision of the Adolescent Female Health (AFeH) Program will participate in the AFeH PeerEd Masterclass on Saturday, September 18, 2021, via Zoom to train them on how to be effective Peer Educators.




<b>JOSEFA LLANES ESCODA (JLE) E-CONCERENCE SERIES</b>	
<b>DATE</b>	<b>TOIC</b>
October 2	Webinar Session 1: <b>Adolescence</b>
October 9	Webinar Session 2: <b>Fertility Awarness</b>
October 16	Webinar Session 3: <b>Gender and Sexuality</b>
October 23	Webinar Session 4: <b>HIV/STI and AIDS</b> Human Immunodeficiency virux/Sexually Transmitted Illness and Aquired Immunodeficiency Syndrom
October 30	Webinar Session 5: <b>Violence Against Women and Girls</b>

Please note that GSP began conducting the JLE Conference in September 2019 which is a leadership seminar for Senior and Cadet Girl Scouts patterned after the "Juliet Low Seminar" (JLS). Last year's JLE e-Conference was about the WAGGGS Leadership Model facilitated by the JLS 2019 delegates of the GSP. Other details of this JLE e-Conference series will be sent in a separate circular.

We look forward to your usual participation. **Please submit your Girl Scout Week Celebration accomplished Report Form (Attachment B)** to the GSP Baguio Council along with action photos on or before October 30, 2021. You may also post your activity photos on your Facebook Account using the hashtag #GSPWeek2021 and tag the official Facebook page of the GSP NHQ at <https://www.facebook.com/girlscoutsofthephilippines>

Should you have further queries, you may contact our GSP Baguio City Council at landline (074) 442-2096, CP No. 0920-391-6890 (smart) CP No. 0927-823-4795 (globe)


**We wish everyone happy and safe Girl Scout Week!**

  
**JENNIFER T. BUGTONG**  
Council Executive

Encl.: a/s

**TO:** School Administrators  
Teacher's In-Charge  
Elem. & Secondary Teachers & GSP Coordinators  
(Public and Private)

**FOR INFORMATION AND APPROPRIATE ACTION:**

  
**FEDERICO P. MARTIN, CESO V**  
School Division Superintendent  
GSP Council Commissioner on Admin





## GIRL SCOUTS OF THE PHILIPPINES

National Headquarters

Manila

### GIRL SCOUT WEEK CELEBRATION

September 19-25, 2021

### Theme: "Walking Together, Walking Far"

<p><b>September 19 Sunday</b></p>	<p><b>Day 1- Thanksgiving Day</b></p> <p><i>Suggested activities:</i></p> <p><b>Opening Ceremony via FB Live @ GSP FB Page</b></p> <ul style="list-style-type: none"> <li>• Interfaith Prayer- A prayer created by the six Girl Representatives to the Central Board will be posted on the GSP's page.</li> <li>• Participate actively in a Worship Service- through online or face to face if permitted such as Holy Mass, Prayers Meetings, Praise and Thanksgiving Services, Sabbath, etc.</li> </ul> <p><i>Other suggested activities:</i></p> <p><b>Wishlist</b></p> <ol style="list-style-type: none"> <li>1. Working in pairs, go outside (but just within your front yard) and make a list of all the living things that you see, hear, feel, and smell.</li> <li>2. Keep the list and share it with your partner through video call.</li> <li>3. After making your list, reflect on the following question:             <ul style="list-style-type: none"> <li>➤ How important are these things to me?</li> <li>➤ Do I value them as much as I need them?</li> <li>➤ How can I help preserve this living thing?</li> </ul> </li> </ol> <p><b>Mindfulness Meditation</b></p> <ol style="list-style-type: none"> <li>1. Find a place in your house where you will not be disturbed. You may sit on a chair or on the floor. Be sure to keep your back and neck straight.</li> <li>2. As you begin, try and stay focused on the present moment. Do not think about the past or the future.</li> <li>3. Develop an awareness of the breath and focus on the feeling of air moving in and out of your body as you breathe in and out. Notice your belly rising and falling, as the air enters your nostrils and leaves your mouth. Notice how each breath is a little different.</li> <li>4. Notice every thought that comes and goes. You can even name your thoughts. If you are worried, acknowledge that and let it go. Don't ignore your thoughts, but make a note of them, using your breath as an anchor.</li> <li>5. If you have trouble staying focused on the present moment, bring your focus back to your breathing, and don't be too hard on yourself.</li> </ol>
<p><b>September 20 Monday</b></p>	<p><b>Day 2- Founder's Day</b></p> <ul style="list-style-type: none"> <li>• Josefa Llanes Escoda Ceremony @ GSP FB Page</li> <li>• Launch of Revised Adolescent Female Health (AFeH) Program</li> <li>• GSP Council and Regions are enjoined to also conduct activities to honor of Founder Josefa Llanes Escoda and contribute to the Josefa Llanes Escoda Memento Fund.</li> </ul>



September 21  
Tuesday

**Day 3- Partnership Day/Community Day**

*Suggested activities:*

- Mini-Concert- A mini-concert to celebrate the Day with Girl Scouts with special needs. This event will also serve as a campaign for membership.

*Other suggested activities at Council Level:*

**Speed Dating**

1. In this group activity, the members of your family will form two lines facing each other. As in group dating, they will introduce themselves to the person in front of them.
2. They will tell the person in front of them all the positive traits they have observed in that person.
3. After 1 minute, they will change partners and will converse again.
4. Do this until everyone has talked to each other.

(This activity will encourage the girls to show respect and their appreciation to other people.)

**The Helpfulness Journal**

1. Observe your family member and try to converse with them.
2. At the end of the day, write in your journal how you have shown compassion or have helped the people you interacted with today.  
Ponder on the questions below:
  - a) How do I feel about being able to help others?
  - b) What would I feel if I were the person who was given help?
  - c) What could have happened if I was not mindful of or absent in the situation?
3. At the end of the week, evaluate your progress by checking /how often you paid attention to people whom you met and who were in need.
4. Do the journaling repeatedly until helping becomes natural for you.
5. Share the practice of your family with your friends.

September 22  
Wednesday

**Day 4- Troop Leader's Day**

*Suggested activities:*

**Appreciation Letter**

1. The girl shall send an email to her Troop Leader that will show her appreciation and express her gratitude. The email may contain either pictures or videos with the Troop Leader, poem, verse, digital artwork, or short anecdote,
2. Create a traditional or digital artwork for your Troop Leader. It can be a drawing, video, animation, gif, etc. Post it on your Facebook wall with your message to your Troop Leader as the caption and do not forget to tag her,
3. Spend quality time with your troop leader through any social media platforms. This can be done by patrol or troop. Reminisce your favorite experiences with your Troop Leader. Take this chance to also express gratitude to her.

**Troop Leader's Day e-BINGO**

1. One girl participant must be partnered with her troop leader through any social media platforms.



2. The Girl and the TL will be given the same e-BINGO card but they must answer separately.
3. They must cross out the things they remember doing together.
4. After crossing out their answers, they must show each other their respective e-BINGO card
5. BINGO, it's time to reminisce about your moments with your troop leader!
6. You may share your e-BINGO cards in your social media accounts and tag your troop leader.

**September 23  
Thursday**

**Day 5- Environment Day**

*Suggested activities:*

**Lights off! (Conserve to Preserve)**

1. Members of the Girl Scouts of the Philippines are encourage to turn off their light and/or electronic devices for one hour.

**Girls Gone Green**

1. Hunt for recyclable materials in your household. It could be steel cans, newspapers, plastic soda containers, laundry detergent bottles, cereal boxes, egg cartons, tissue rolls, etc.
2. Sort the materials you found into the following categories. (Plastic, Paper, and Steel/Glass.)
3. Unleash your creativity and make something new that you can use in your home. You can make pen holders, paper organizers, plant pots, utensil organizers, or even improvised speakers.

**Photo e-SEA**

1. Cut pictures from old magazines, newspapers, or books that will allow you to create a photo essay.
2. When you have your desired number of pictures, glue them on a piece of paper like a notebook.
3. Describe your output and write down your realizations beside it.

**Seeds of Change**

1. In your home, find a spot where you can grow a plant.
2. Place your plant in a pot or an allotted section in your backyard. You can use planting videos on YouTube as your guide or you can ask for help from an adult.
3. Give your plant a name and write it down on a piece of paper together with a pledge to care for it.
4. Finally, create a progress tracker for your plant and chart its progress weekly.

**Connecting the drops**

1. Access the internet and look up which countries do not have access to clean water and sanitation. List down your findings on a piece of paper.
2. On your paper, answer the question, "If I am situated in X country, how would I survive without clean water and Sanitation?"
3. Reflect on the question and think of steps that you can do to help people in your family or community access safe drinking water.



September 24  
Friday

### Day 6- Girl's Day

*Suggested activities:*

- Virtual Campfire- The virtual campfire is presented in lieu of the face-to-face campfires held during camps. It will feature similar elements of traditional campfires, with added activities so that both Girls and Titas can participate and enjoy the activity.

*Other suggested activities:*

#### **memoREWIND**

1. Look for some pictures of you and your friends during campings or Girl Scout activities that show you being a sister and a friend to them.
2. Make it a collage and post it on your social media walls (Facebook, Twitter, and Instagram). Your caption must be the reason why you picked those pictures. [Offline version: Girls can make a collage using old photos they have with other Girl Scouts. Then they will write a short caption about their fondest memories in those photos.

#### **The Human Knot**

1. The participant shall send an email to five or more acquaintances that may contain either a poem, verse, digital artwork, or short anecdote related to Girl Scouting or their personal experiences.
2. Barring any complications, the recipients of the email are encouraged to forward it to the same number of friends with the correspondence now tweaked to bear words with similarity to the ones found below:

Hello there, I hope this note finds you well!

We've started an email collective for an uplifting exchange of inspirational material. It's a one-time thing, and we hope you will participate. We have included those we think would be willing to participate and make it meaningful.

Please send a poem/quote/thought to the person whose name is in position 1 below (even if you don't know them/her/him). It should be a favorite text/verse/meditation that has affected you. Don't agonize over it.

- 1) Name of the participant (e-mail of the participant)
- 2) Name of the recipient (e-mail of the recipient)

After you've sent the short poem/verse/quote/etc. to the person in position #1, and only that person, copy this letter into a new email. In the text, move my name to position #1, and put your name in position #2. Only my name and your name should show in the copy of the new email. Then send the email to yourself and BCC (blind copy) 5 friends. It can be a combination of work and personal friends – whoever you think might appreciate it.

It's fun to see where they come from and what they say. Seldom does anyone drop out, because we all need encouragement. The turnaround is fast, as there are only two names on the list, and you only have to do it once.

#### **SHero through the Looking Glass**

1. Using available resources, read up on the narratives of female game-changers.
2. Select one woman from the narratives you've read and on a piece of paper, reflect on the characteristics that make her an empowered person and answer the following guide Questions.

(SHero through the Looking Glass)

- After surfing the internet, who is the feminist who inspired you



	<p>the most and why?</p> <ul style="list-style-type: none"> <li>➤ What do you think urged her to advocate for gender equality and fight for her rights?</li> <li>➤ If you could talk to her today, what would you tell her?</li> <li>➤ If you would be given a superpower to accomplish SDG 5, what power would you choose and why?</li> </ul>
<p><b>September 25 Saturday</b></p>	<p><b>Day 7- Family Day</b></p> <p><i>Suggested activities:</i></p> <p><b>Family Fun Day</b></p> <ol style="list-style-type: none"> <li>1. Spend quality time with you family playing board games, doing crafts, gardening, that or anything other fun activities to foster good family relations.</li> <li>2. Capture and share your family moments by posting it to your social media accounts.</li> </ol> <p><b>Closing Ceremony via GSP FB Live @ GSP FB Page</b></p>