



DepEd Baguio City <baguio.city@deped.gov.ph>

DepED DIVISION OFFICE
BAGUIO CITY
APR 11 2022
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Sat, Apr 9, 2022 at 5:54 PM

UP Cell Biological Society SIHAY.plugged 2022 Endorsement Letter

2 messages

UP Cell Biological Society <sihay.pr@gmail.com>
To: baguio.city@deped.gov.ph

Greetings Dr./Mr./Ms./Mrs. **Verano!**

The **UP Cell Biological Society (UP Cells)**, founded in the University of the Philippines Los Baños, is a student-led organization that aims to promote the field of Biology to students and mold them to become astounding young scientists.

The organization annually spearheads the **SIHAY National Biology Olympiad (SIHAY NBO)**, an event featuring activities to showcase the students' skills and passion for the biological strand. For its 24th year, the SIHAY NBO takes over the virtual domain again through **SIHAY.plugged** with the theme, **"Neoteric Speck: Zooming into the Particle Dimension of Nanobiotechnology"**. The event will transpire this **April 23-25, 2022**.

In light of this, the UP Cell Biological Society ~~would like to ask for your endorsement of~~ **SIHAY.plugged 2022**. An endorsement from your office would greatly help in boosting the attendance for the success of the event. For further details, attached herewith is the formal letter and link for the primer of the event. For your reference, the endorsement by the Chancellor of the University of the Philippines - Los Baños is also attached in this email.

We hope to see you together with our young scientists in this year's **SIHAY.plugged**.


Scientia et Virtus!

Event Primer -> bit.ly/SIHAY2022Primer

Respectfully yours,

Aina Michelle D. Fabila
Public Relations and Letters Ad Hoc Committee Head
SIHAY.plugged 2022
University of the Philippines Cell Biological Society

Athena Koleen Lupanggo
Educational Committee Head
SIHAY.plugged 2022
University of the Philippines Cell Biological Society

To: School Administrators, Principals & Teachers in-Charge
(Elementary & Secondary)
FOR YOUR INFORMATION & APPROPRIATE ACTION

FEDERICO P. MARTIN, EdD, CEEd, CESO V
Schools Division Superintendent

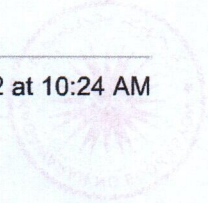
2 attachments

 **SIHAY NBO 2022 Endorsement Letter - Baguio City.pdf**
1663K



DepEd Baguio City <baguio.city@deped.gov.ph>
To: UP Cell Biological Society <sihay.pr@gmail.com>

Mon, Apr 11, 2022 at 10:24 AM



Received, thank you.

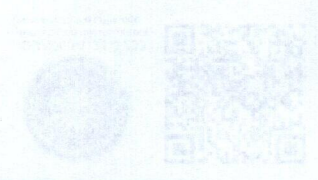
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10 November 2021
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Division Office Baguio City
Regional Office - Baguio
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UNIVERSITY OF THE PHILIPPINES LOS BAÑOS

Office of the Chancellor

24 March 2022

ENDORSEMENT

The University of the Philippines Los Baños (UPLB) is pleased to endorse **SIHAY.plugged 2022**, an event organized by the UP Cell Biological Society (UP Cells). The UP Cells is a duly recognized academic organization from the Institute of Biological Sciences, College of Arts and Sciences, and has been recognized by the Provincial Development Affairs Office of Laguna for their initiatives in promoting awareness and enthusiasm in cell biology among students and members of the community.

With the theme "**Neoteric Speck: Zooming into the Particle Dimension of Nanobiotechnology**," the event will consist of a BIO-symposia, digital poster-making contest, science feature writing contest, junior life sciences research olympiad, and a national biology quiz contest.

The event will be held on **23-25 April 2022** through various online platforms.

For more information, kindly coordinate with the UP Cells at mobile number +63 915 064 4386 or via email at sihaynbo@gmail.com.


JOSE V. CAMACHO, JR.
Chancellor

cc: CAS Dean's Office
IBS
RMO
CJCJ-L-22-201



University of the Philippines Cell Biological Society

Box#23, Room 8, 2/F SU Building,
University of the Philippines Los Baños, Laguna, 4031 Philippines

February 28, 2022

REINON ARVI T. LAYRIT
President

PRINCESS IMEE R. DELLOSA
Vice President

MA. GISELLE M. GERALDINO
Secretary

147
JOHN GABRIEL I. SAMONTE
Treasurer

IRISH M. MERCADO
Auditor

MARIE LEE L. LORENZO
P.R.O Internal

ELIJAH GERARD M. RIVERA
P.R.O External

ANA ZELIE SU-JI A. LEE
Membership Committee Head

ATHENA KOLEEN LUPANGGO
Educational Committee Head

MAREAH WAYNE A. MARAMAG
Publications Committee Head

Mr./Ms./Mrs. Marie Carolyn B. Verano
Schools Division Superintendent Office
Baguio City

Dear Mr./Ms./Mrs. Verano:

Greetings of wisdom through science!

The **UP Cell Biological Society (UP Cells)** is the largest student-led academic organization in the **Institute of Biological Sciences, University of the Philippines Los Baños**. The UP Cells is recognized by the National Youth Commission, Office of Student Affairs-UPLB, and the Provincial Development Affairs Office of Laguna as an organization that promotes awareness and enthusiasm in Cell Biology among students and community members. In addition, the organization is an affiliate of the association, Biology Majors Alliance of the Philippines, which unites more than 4000 biology majors across the country.

Following the success of SIHAY.plugged, which took place last April 25-May 1, 2021, the organization will be conducting **SIHAY.plugged 2022** for its 24th year. "**Neoteric Speck: Zooming into the Particle Dimension of Nanobiotechnology**" takes over the virtual platform again amidst the pandemic to foster a deeper appreciation of Biology. The nationwide event will transpire for three days. It will consist of activities like **BIO-symposia, digital poster-making contest, science feature writing contest, junior life sciences research olympiad, and national biology quiz competition** to stimulate and enthrall students in the field of Biology.

sihay
NATIONAL BIOLOGY OLYMPIAD 2022
.PLUGGED



University of the Philippines Cell Biological Society

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University of the Philippines Los Baños, Laguna, 4031 Philippines

REINON ARVI T. LAYRIT
President

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Vice President

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ANA ZELIE SU-JI A. LEE
Membership Committee Head

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Educational Committee Head

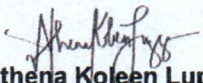
MAREAH WAYNE A. MARAMAG
Publications Committee Head

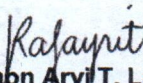
In light of this, the UP Cell Biological Society **would like to humbly ask your office to endorse SIHAY.plugged 2022**, which will take place this **April 23-25, 2022**. An endorsement would greatly help boost our event to have better attendance. Attached herewith is the primer that contains a thorough description of the event and the organization's profile for your perusal.

We look forward to your positive response in endorsing SIHAY.plugged 2022. For further inquiries, we may be contacted through **Ms. Athena Koleen Lupanggo** at **+639150644386** or through email at sihaynbo@gmail.com.

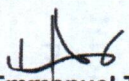
Thank you very much!

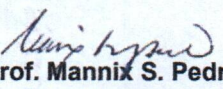
Respectfully yours,


Athena Koleen Lupanggo
Educational Committee Head

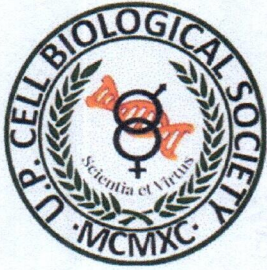

Reinon Arvi T. Layrit
President

Noted by:


Prof. Emmanuel T. Galang
Junior Adviser


Prof. Mannix S. Pedro
Senior Adviser

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University of the Philippines Cell Biological Society

Box#23, Room 8, 2/F SU Building,
University of the Philippines Los Baños, Laguna, 4031 Philippines

ABOUT THE ORGANIZATION

The UP Cell Biological Society (UP Cells) is an academic organization based at the Institute of Biological Sciences, University of the Philippines Los Baños. For the past 30 years, it has been continuously aiming to stimulate awareness and enthusiasm in Cell Biology. Besides its academic aspirations, the society aims to reach out to fellow students, organizations, and serve the community.

Founded on August 9, 1990, UP Cells is currently the largest among the student organizations in the Institute of Biological Sciences and has received numerous honors for its noble principles and hard work. True to its mission and vision, the organization promises to bring Biology to a higher level through academic excellence and continuous innovation.

Beyond achieving academic excellence, UP Cells also offers a helping hand to the people through its major community service activities such as Panuluyan, a yearly visit to different caring shelters for underprivileged children, as well as the annual Medical and Surgical Missions to provide primary medical services to underserved communities.

To focus on bringing biology to greater heights, the organization conducts CELLpukan ng Talino at Galing, a university-wide Biology quiz contest, and the annual SIHAY National Biology Olympiad, the organization's flagship activity and the biggest inter-high school biology competition that provides both students and teachers from various junior and senior high schools in the country with comprehensive biology-related workshops and activities. These also aim to promote significant transformations in society through working with passion in reaching its goals.

For the years to come, UP Cells shall pursue its ideals with passion and virtue, enlightening the minds and hearts of its affiliates and entrants through Biology, all for the Filipino youth and the community.



University of the Philippines Cell Biological Society

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University of the Philippines Los Baños, Laguna, 4031 Philippines

ORGANIZATIONAL PROFILE

Organization's Name:	UP Cell Biological Society
Description:	The UP Cell Biological Society, or UP Cells, founded on August 9th, 1990 by 54 charter members, is a duly recognized academic organization exclusive for Biology majors. It is based at the Institute of Biological Sciences (IBS), University of the Philippines Los Baños.
Founding Year:	1990
Tagline:	We don't just exist. We excel.
Current President:	Reinon Arvi T. Layrit
Objectives:	The organization aspires to produce erudite and intellectual young citizens and to inculcate the values of biology in profession and application.
Organizational Email Address:	theupcells@gmail.com
Online Portals:	facebook.com/upcells/ twitter.com/upcells/ instagram.com/theupcells/



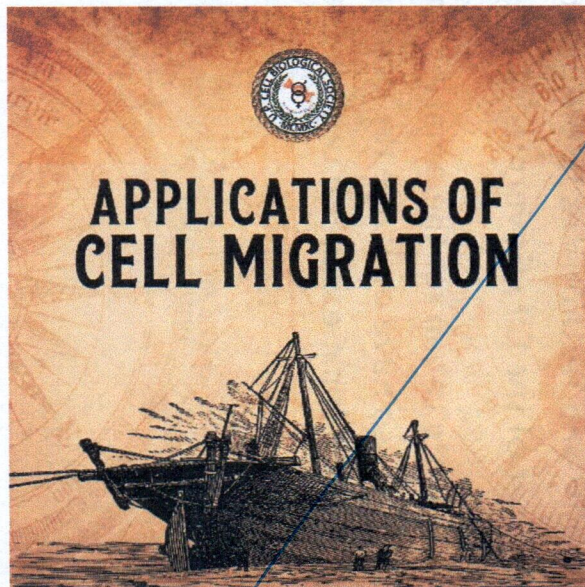
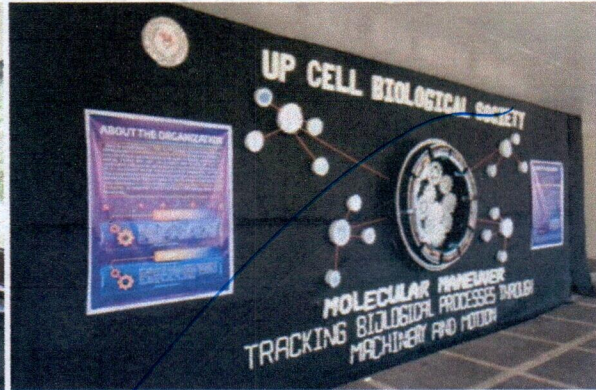
University of the Philippines Cell Biological Society

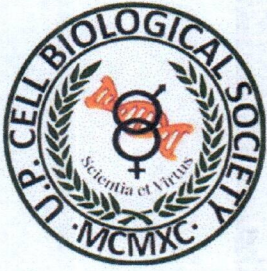
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University of the Philippines Los Baños, Laguna, 4031 Philippines

EVENTS AND ACTIVITIES

ANNIVERSARY WEEK Exhibit Week

A public display of creative figures, designs, and infographics showcasing the current breakthroughs in Cell and Molecular Biology. Presented in what could be considered as the institute's façade, it caters visually to our audience who happen to be passing by.



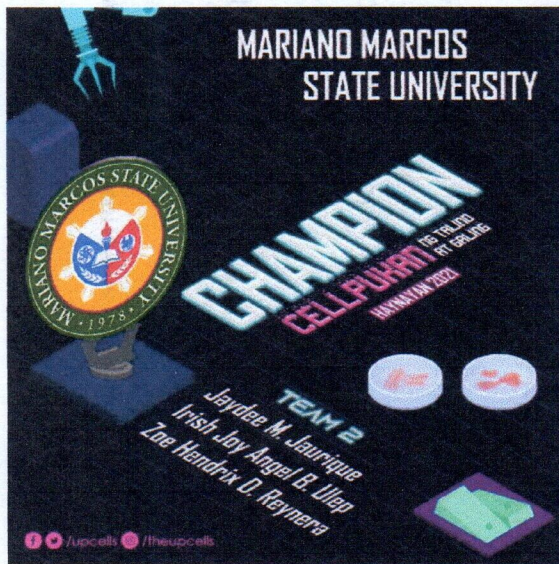


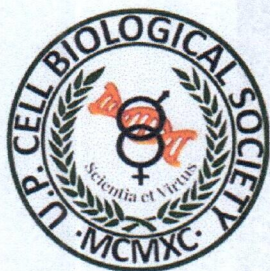
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Haynayan 2021: CELLpuhan ng Talino at Galing

As we transition to the online remote set-up, the organization pioneered its first-ever intercollegiate Biology quiz contest. The contest is open to all college students nationwide willing to test their knowledge in different fields of biology where the winners get prizes and recognition through the social media platforms of the organization.



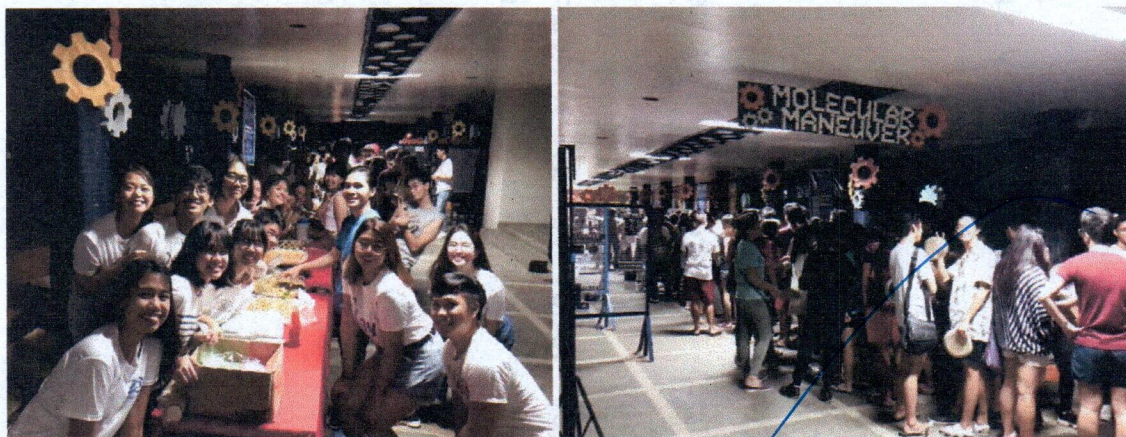


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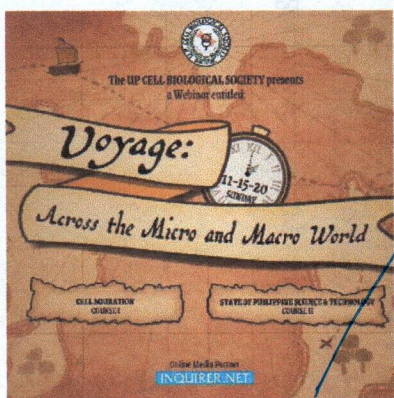
Open Tambayan

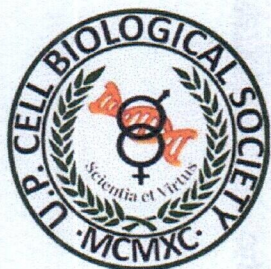
A form of thanksgiving activity where UP Cells is notable for. A feast with great food selections is prepared and prepared for all constituents of the university as a way of giving back.



Education Webinar

A virtual conference that tackles recent breakthroughs on Cell and Molecular Biology and its impact on the science community where scientists and experts are invited as speakers. Partnered by various organizations that promote biology across the country and promoted by the Philippine Daily Inquirer, the event catered to over 200 online audiences, ranging from students to professionals.





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CELLScapades

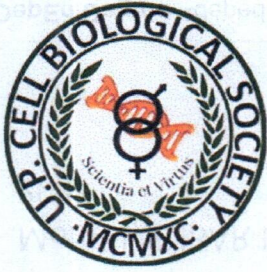
As part of the Anniversary Week, the organization published materials that showcased several trivia in cell and molecular biology on their social media platforms to engage the audience more in biology.



DONATION DRIVE: Paskumapit

An online benefit concert performed by resident members through showcasing their talents fit for the Christmas season. The proceeds were given to the Eastern Bicol Medical Center, a public hospital located in Virac, Catanduanes.





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OUTREACH PROGRAMS

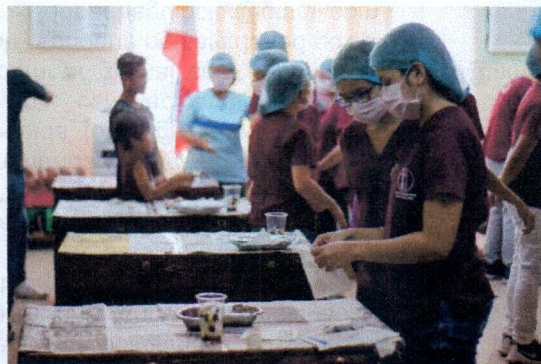
Panuluyan

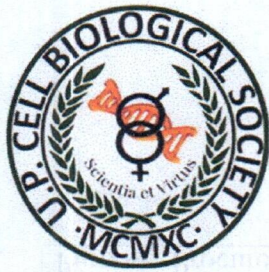
An annual charity project aimed at providing assistance to underprivileged communities. It consists of mini-programs ranging from educational discussions to recreational activities. The organizing committee personally takes a trip to the location of the beneficiary.



Medical and Surgical Mission

A program done in partnership with UP Cells Alumni in the medical field. This project aims to contribute healthcare assistance to an in-need locality by providing free consultations. Through this event, our affiliates can immerse themselves in the spirit of volunteerism and service.





University of the Philippines Cell Biological Society

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ABOUT SIHAY

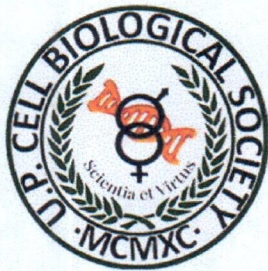
In its inception, SIHAY National Biology Olympiad (SIHAY NBO) started as a Biology Quiz Contest as a regional inter-high school quiz competition on February 8, 1997, at the D.L. Umali Hall. Hailed as the organization's flagship event and culminating activity for Cell Week, SIHAY is the Filipino translation for "cell," originating from the union of si- (silid) and -hay (na may buhay).

Committed to being at the frontier of promoting academic excellence, SIHAY has developed progressively through the years. It included other activities such as laboratory techniques demonstration, poster-making, and essay-writing contests and became known as the SIHAY Biology Competition. In 2006, the first-ever SIHAY Biology Congress was held, with wider sets of activities such as workshops, seminar series, and research competitions. Eventually, the target audience widened: from being a Luzon-wide activity, it became nationwide in 2016.

In 2017, it became the SIHAY National Biology Olympiad, opening its gates to the entire country. Marking its 20th year, it was dubbed as an OLYMPIAD—similar to the Greek's quadrennial culmination of athleticism through their Olympic games—to commemorate the fourth quadrennial anniversary of immense revolutions Cell Biology, and the two glorious decades of awakening the inner biologists in the Filipino Youth, giving rise to today's visionaries in biology. In its entirety, it was the realization of the visions through which this event was built upon — shaping the future of biology in our country, one student at a time.

For its 23rd year, SIHAY NBO took on a new facet as it launched the SIHAY.plugged, the first-ever online installment of SIHAY! This year, as it takes on its 24th year, SIHAY.plugged once again launches with the theme Neoteric Speck: Zooming into the Particle Dimension of Nanobiotechnology. SIHAY.plugged aims to tackle Nanobiotechnology by transitioning its sub-events into an online set-up without compromising its quality and capability to uplift the youth's awareness of Cell Biology.

SIHAY will constantly aim to inculcate among its participants the biological and holistic excellence (exemplified by competitions such as poster-making, science feature writing, research competition, and quiz contest); academic scholarship (through symposia and techniques demonstration); most importantly, camaraderie and harmony – the same virtues upon which the organization was founded.



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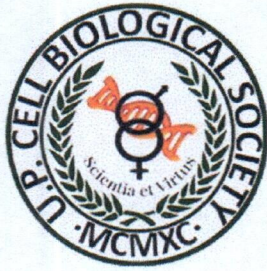
SIHAY NATIONAL BIOLOGY OLYMPIAD PROFILE

1. For its 24th year, SIHAY NBO takes on a new facet as it launches the second installment of SIHAY.plugged with the theme "Neoteric Speck: Zooming into the Particle Dimension of Nanobiotechnology". SIHAY.plugged aims to tackle Nanobiotechnology by transitioning its sub-events into an online set-up without compromising its quality and capability to uplift the youth's awareness of Cell Biology. SIHAY will constantly aim to inculcate among its participants the biological and holistic excellence (exemplified by competitions such as poster-making, science feature writing, research competition, and quiz contest); academic scholarship (through symposia and techniques demonstration); most importantly, camaraderie and harmony – the same virtues upon which the organization was founded.
2. The activity shall be conducted and documented by the Publications and Documentations Team of UP Cell Biological Society.
3. For coordination and concerns on the SIHAY National Biology Olympiad 2019, kindly contact our Educational Committee Head at the following contact numbers and/or the official SIHAY contact details:

Ms. Athena Koleen Lupanggo (09150644386)

Facebook page: [facebook.com/SIHAYNBO/](https://www.facebook.com/SIHAYNBO/)

Email Address: sihaynbo@gmail.com



University of the Philippines Cell Biological Society

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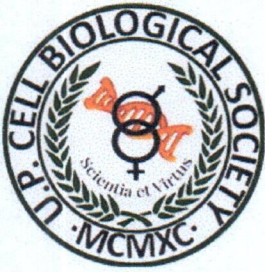
THREE-YEAR DEVELOPMENT PLAN OF SIHAY NATIONAL BIOLOGY OLYMPIAD

Committed to provide an avenue for young, aspiring high school students an opportunity to excel in the biological arena, SIHAY has catered more diverse and immense activities in the biological field. For this year's installment, its components comprise the Science Feature Writing, Digital Poster-Making, and Biology Quiz Contest, all to foster biological and holistic excellence, as well as the Research Olympiad to test the academic zeal and scholarship of the participants.

In recent years, SIHAY's theme focused on shaping the future of Biology through the Filipino youth by involving the current advancement in Biotechnology. However, for this year, the organization attempts to broaden its horizons by looking through prominent research and studies centered on Nanobiotechnology.

- 2014: "Recognizing the Role of Biotechnology in Conquering Global Climate Crisis"2015: "Strengthening Biotechnology Through Integrative Education Towards a Progressive Community"
- 2016: CONVERGE: "Connecting Biotechnology and Ecology to Create Solutions Towards Conserving Biodiversity"
- 2017: "IMMUNOVATION: Fortifying Our Natural Defensive Armors Through Biotechnology"
- 2018: "METASTATIC CASCADE: Hijacking Growth and Invasion of Cancer Cells Through Biotechnology"
- 2019: "PINNACLE POTENTIAL: Tracing the Paths of Differentiation and Repair in Stem Cell Biotechnology"
- 2020: "CELLULAR CONTRIVANCE: Biomimetics in Tissue Engineering and Nanoscale Biotechnology" (canceled due to COVID-19)
- 2021: "DECODING ARCHIVES: Unravelling the Biologic Code through Molecular Data Acquisition and Analysis"
- 2022: "NEOTERIC SPECK: Zooming into the Particle Dimension of Nanobiotechnology"

SIHAY NBO has always been a platform for harnessing and traversing the capabilities of its delegates and members. Through the years, the organization has continuously sought its extensive development by incorporating additional sub-events that would fortify the students' learning. As such, it was able to open its borders Luzon-wide in 2016's SIHAY Congress and nationwide in 2017's SIHAY NBO.



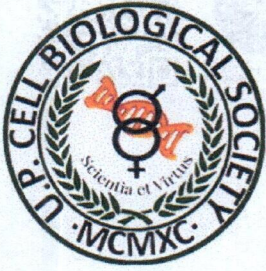
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Even virtually, SIHAY has opened its borders nationwide through SIHAY.plugged last 2021 bringing biology to the comfort of the students' homes without compromising their appreciation of Cell Biology. SIHAY is set apart from other competition for it offers unity in the diversity of biological subfields and encourages the youth to excel in their chosen scopes.

In three years, SIHAY is envisioned to be eminent, notable, and accessible. The organization aspires that SIHAY will be even more advanced in the activities it offers and will be able to provide high school students the skills needed to compete internationally. The possible plans that can be adapted to meet DepEd's requirements are as follows:

1. Sponsor the winner of SIHAY National Biology Olympiad (SIHAY NBO) to the International Biology Olympiad (IBO), a science Olympiad for high school students that caters to 70 participating countries across the five continents. Four winners of a country's National Biology Olympiad must be sent to IBO accompanied by two adults who are members of the international jury.
2. Provide a funding and research grant to a student who won the presentation of the research proposals.



University of the Philippines Cell Biological Society

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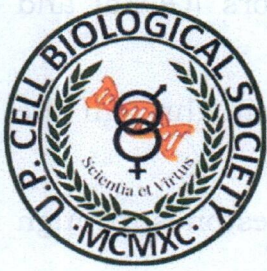
PROGRAM OF ACTIVITIES

Contests and Sub-Events

1. Bio-Symposia
 - presents recent advancements in biology and biological instruction to students and educators in the hope of using this knowledge to innovate their learning and teaching styles and methods for the advancement of biological education.
2. Science Feature Writing Contest
 - showcases the participants' ability to integrate information contained in a set of journal articles and create an understandable, interesting, and creative feature article through masterful use of language and prior biological knowledge.
3. Digital Poster Making Contest
 - allows students to channel their creativity and artistry in biological thought. The contest is directed to integrate biology with modern technology to produce art as the event transitions to the online set-up.
4. Junior Life Science Research Olympiad
 - allows students to present research projects in conformity with the ethics statement set by this competition (as adapted from Intel International Rules for Pre-college Science Research: Guidelines for Science and Engineering Fairs 2015-2016 and National Science and Technology Fair 2015-2016 Mechanics)
5. Biology quiz Olympiad
 - aims to showcase the participant's comprehensive knowledge in different fields in biology as well as their critical thinking skills.

Target Participants

For the second installment of SIHAY.plugged 2022, the target participants remain to be high school students, ranging from Grades 7 to 12 students, from public and private schools nationwide.



University of the Philippines Cell Biological Society

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SIHAY NBO Details

Contact Numbers	SIHAY NBO Heads Athena Koleen Lupanggo (09150644386) Ezeth Rouie B. Pegano Grayshe Mae G. Balano Aina Michelle Fabila (09129276831) Margaret Christiane T. Aguila Louis Bryan B. Ranera Louize Danielle F. Luceño Ma. Christina Alexandria N. Espeña Danielle Ruth P. Hipolito
SIHAY Email Address	sihaynbo@gmail.com
SIHAY Online Portals	facebook.com/SIHAYNBO/ twitter.com/sihaynbo/ instagram.com

SCHEDULE OF ACTIVITIES

subject to changes without prior notice

Date	Event and Activity
April 23	Opening of SIHAY.plugged 2022 BIO-Symposia Biology Quiz Olympiad - Elimination Round Junior Life Science Research Olympiad - Finals
April 24	Science Feature Writing Contest Digital Poster Making Contest
April 25	Biology Quiz Olympiad - Final Round BIO-Symposia Conclusion of SIHAY.plugged 2022



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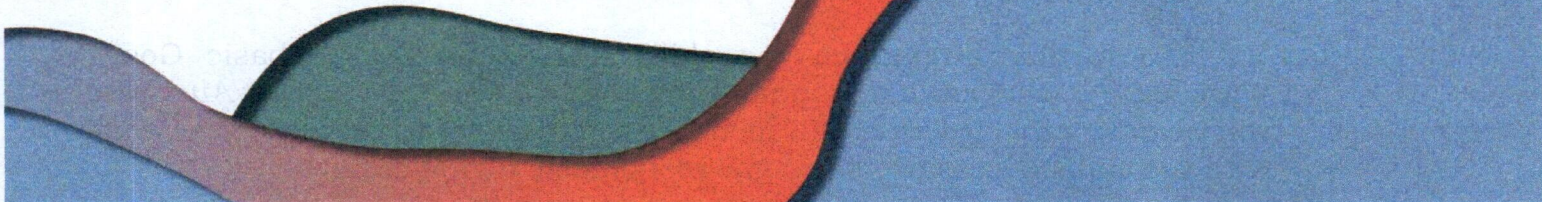
RESIDENT MEMBERS' DIRECTORY

Abon, Reignheart Zyrah A.	Los Baños, Laguna
Aguila, Katherine Gwen D.	Los Baños, Laguna
Aguila, Margret Christiane T.	Calamba City, Laguna
Aguilar, Jessa Clarice L.	Las Piñas City, Metro Manila
Alicdan, Irdiel Ciena D.	Trece Martires, Cavite
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Batacan, Angeleen Mae N.	Calamba, Laguna
Bato, Jana Erica O.	Bay, Laguna
Buenafe, Anfernee E.	Lagonoy, Camarines Sur



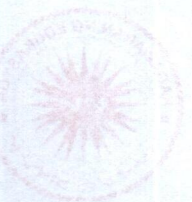
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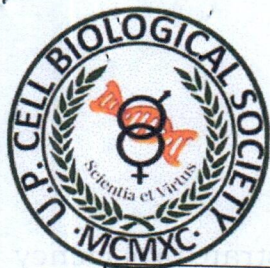
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Cabungcal, Rica Joy M.	St. Ignatius, Quezon City
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Calibo, Alvin D.	Calamba City, Laguna
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Supplementary Course in the Internet Awareness

This training is designed to give teachers an introduction and higher level of understanding to the Internet Awareness curriculum developed by Google. This is to provide teachers, parents, and other school community members different resources to be SMART, ALBERT, STRONG, KIND and BIVALENTE while accessing the Internet.





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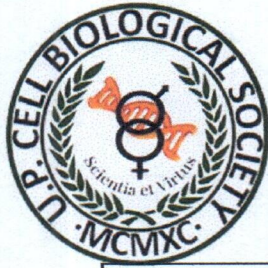
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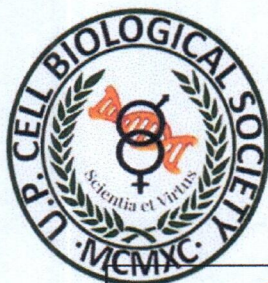




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