



Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region  
**SCHOOLS DIVISION OF BAGUIO CITY**

22 November 2022

DIVISION MEMORANDUM

No. \_\_\_\_\_ s. 2022

**TRAINING ON FILIPINO SIGN LANGUAGE CUM MENTAL HEALTH  
AWARENESS AND STRESS MANAGEMENT FOR SPED EDUCATORS**

To : CID, Chief Education Supervisor  
All Public Schools District Supervisors  
All School Heads (Elementary and High School)  
Others Concerned

1. Relative to the Regional Memorandum No. 524 s. 2022, titled Regional Training on Filipino Sign Language Cum Mental Health Awareness and Stress Management for SPED Educators, this office informs the participants to attend this training on December 2-4, 2022, which will start at 1:00 o'clock in the afternoon of December 2, 2022, at Strawberry Hotel, La Trinidad, Benguet.
2. This aims to:
  - a. capacitate the participants and promote the use of Filipino Sign Language (FSL);
  - b. strengthen the use of FSL as the medium of instruction in teaching Deaf or Hard of Hearing;
  - c. raise awareness on mental health continuum and,
  - d. develop good rapport, relationship and self -confidence between and among SPED Educators.

3. The participants of this activity are:

Name	Position	School	
1. Jeffrey Munar	SPET III	Baguio SPED Center	Resource Speaker
2. Arlene C. Compay	Master Teacher 1	Baguio City SPED Center	Resource Speaker
3. Marina D. Tabangcura	EPS	SDO, Baguio City	Facilitator/ Participant
4. Nancy B. Dumalili	PSDS	SDO, Baguio City	Participant
5. Felto Agpawa	Master Teacher II	Joaquin Smith NHS	Participant
6. Leonila Catungal	Principal 1	Sto. Tomas ES	Participant
7. Gloria Catiyan	Principal 1	Kias ES	Participant
8. Virginia Alindayo	PSDS	SDO, Baguio City	Participant
9. Shaira Abao	Teacher 1	Camp 7 ES	Participant
10. Mitzi Antonette Carte	Teacher 3	Lucban ES	Participant

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11. Rhylyzette A. Ching	SPET II	Baguio City NHS	Participant
12. Janice C. Bey-agan	Teacher 3	Irisan NHS	Participant
13. Mary Ann S. Diosan	Teacher 2	Gibraltar ES	Participant
14. Conception T. Beray	Teacher 3	Pines City NHS	Participant
15. Soling Galong	Teacher 1	Baguio Central School	Participant
16. Isabel Tanawe	SPET 1	Baguio SPED Center	Participant
17. Jennifer Tayaban	Teacher 1	Roxas ES	Participant

4. Identified teacher-participants shall be relieved from their regular tasks during the said activity. However, they shall prepare activities to be given to learners.
5. The speakers and participants shall be granted two-day Compensatory Overtime Credits (COCs) subject to existing DepEd and CSC rules and regulations.
6. Accommodation and meals for three (3) days shall be charged to the downloaded Special Education Program Funds for Filipino Sign Language, while travel and other incidental expenses of participants shall be charged to School MOOE/Local Funds subject to usual accounting and auditing rules and regulations.
7. For more details or inquiry relative to this, please contact the Division SPED Focal Person, MARINA D. TABANGCURA with contact number: 09475682034.
8. Immediate dissemination of and strict compliance with this Memorandum is directed.

**FEDERICO P. MARTIN, EdD, CEEd, CESO V**  
Schools Division Superintendent *fm*

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