



Republic of the Philippines
Department of Education
CORDILLERA ADMINISTRATIVE REGION
SCHOOLS DIVISION OFFICE OF BAGUIO CITY

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DIVISION MEMORANDUM
No. 007, s. 2023

**Conduct of RELAX and LEARN TEAM BUILDING ACTIVITY
for LEADERS with a 'K' (REAL TALK)**

To : Chief Education Supervisors (CID &SGOD)
Public School District Supervisors
Education Program Supervisors
Public School Heads
All Others Concerned

1. Pursuant to Republic Act 9155 entitled An Act instituting a Framework of Governance for Basic Education and Establishing Authority and Accountability in public schools particularly the provision of professional and instructional support and assistance on curriculum and governance to the school heads, the Curriculum Implementation Division through the Public Schools District Supervisors will be conducting the Relax and Learn Team Building Activity for Leaders with a 'K' (REAL TALK), on January 11-12, 2023 at Puerto De San Juan Resort, San Juan, La Union.
2. This wellness and teambuilding activity aims to:
 - a. Strengthen the leadership skills and effectiveness of male and female school leaders through a careful cultivation of a strong sense of team collaboration;
 - b. improve strategic and effective communication skills necessary in the 21st century school-based management; and
 - c. Reinforce life skills necessary for school leaders to survive the diverse challenges they encounter in their schools.
3. Participants (see enclosure 1 for the list) for the activity are as follows.

Participants	Male	Female	Total
SDS	1		1
ASDS	1		1
CID Chief		1	1
SGOD Chief	1		1
Medical Officer		1	1
SEPS		1	1
ADAS	1		1
PSDS	3	6	9
School heads	20	44	64
Total	27	53	80

4. Participants are advised to be guided by the enclosures of this memorandum:
 - a. Enclosure 1 – List of Participants
 - b. Enclosure 2 – Activity Matrix



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5. Participants need to strictly comply with protocols on social distancing and implement precautionary measures consistent with the IATF health protocols, DOH protection protocols, local quarantine rules and all other relevant protocols outlined in DepEd and DepEd Task Force COVID-19 issuances.
6. Immediate and wide dissemination of this Memorandum is desired.

FEDERICO P. MARTIN, EdD, CEEd, CESO V
Schools Division Superintendent



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Enclosure 1 List of Participants

District	No	Name	Position/Designation	School
1	1	Sharon Christianie R. Castillo	PI	Baguio CCV ES
	2	Jerry Walsiyen	School Head/HT I	Lindawan ES
	3	Ligaya Annawi	PII	QES
	4	Joseph A. Estigoy	PIII	Rizal ES
	5	Riona B. Copiling	School Head/MTII	Lindawan NHS
	6	Leonardo Zambrano	ASSPII	Rizal NHS
	7	Zenaida Kunayon	PI	Rizal Extension
	8	Nixon C. Elahe	PSDS	District 1
2	9	Rosie Beel A. Marzo	PIII	Fort Del Pilar ES
	10	Agnes P. Lomas-e	School Head/HTIII	Happy Hollow ES
	11	Jimmy B. Garcia Jr.	School Head/HTIII	Springhills ES
	12	Gloria A. Catiyan	PI	Kias ES
	13	Lilybeth B. Balutoc	ASSPII	Fort Del Pilar NHS
	14	Rey D. Gapasin	School Head/HTI	Happy Hollow NHS
3	15	Ellen F. Grande	PI	SPED Center
	16	Jeannette T. Lacana	PI	Laurel ES
	17	Helen C. Acop	PI	Loakan ES
	18	Edith Laop	HT VI	BCNHS
	19	Nickcarter C. Gonzalo Jr.	School Head/HTI	Hillside NHS
	20	Jane Marie Ngolab	PI	Mil-an NHS
	21	Janet Pascua	HT I	BCNHS
	22	Virginia C. Alindayo	PSDS	District 3
4	23	Proserpina M. Estacio	PIII	Mabini ES
	24	Octavia M. Pedro	PI	Brookspoint Es
	25	Estrella B. Bulay	PI	DMMES
	26	Maria O. Palsi	PII	DNJPES
	27	Nancy Dumalili	PSDS	District 4
5	28	Lillie A. Vinluan	HTII	Adiwang ES
	29	Jackie Fianza	PI	Dontogan ES
	30	Juliet R. Mamaril	PII	Manuel Roxas ES
	31	Leonila C. Catungal	PI	STES
	32	Rosalia A. Ocyaden	ASSPII	Roxas NHS
	33	Danilo P. Gayao	PIV	STNHS
	34	Jayrerosse S. Guevarra	PSDS	District 5 & 7
6	35	Renita Laranang	PI	Baguio CS
	36	Caster P. Canuto	PII	Josefa Cariño ES
	37	Esther K. Lilit	PIV	Baguio CS
	38	Whitney Dawayen	PIII	Pines City NHS
	39	Grace M. Domingo	HT I/ Asst School Head	Pines City NHS
	40	Marcial L. Lami-ing	PI	San Luis ES
	41	Gemma N. Lomboy	PII	Dom-Mirador ES
	42	Victor Fernandez	School Head	Dom-Mirador NHS
	43	Lourdes B. Lomas-e	PSDS	PSDS, District 6
7	44	Johnny Kidian	HTI	Irisan NHS
	45	Jane L. Adolfo	PI	Irisan ES
	46	Amalia K. Micklay	PII	Quezon Hill ES
	47	Luz F. Soriano	PI	San Carlos Heights ES



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	48	Maria Joan D. Andayan	PI	BCNSHS
	49	Jeffrey Aliga	HTI	Irisan NHS
	50	Jesusa R. Yadao	PI	Quezon HNHS
8	51	Valeriano B. Accad	PI	Bonifacio ES
	52	Rommel L. Manzano	PI	Fairview ES
	53	Regina K. Banawol	School Head	Holy Ghost Ext. ES
	54	Jackson T. Caya-os	PI	Lucban ES
	55	Annie Laurie W. Bisquera	PII	Pinsao ES
	56	Rosanna D. Dizon	School Head	Guisad Valley NHS
	57	Christopher D. Basing-at	HT I	Pinsao NHS
	58	Brendalee C. Awingan	PSDS	District 8
9	59	Alice B. Masidong	PI	Alfonso Tabora ES
	60	Florida F. Cael	PI	Magsaysay ES
	61	Philip B. Sagalla	PI	Pinget ES
	62	Marie D. Sillatoc	P2	Quirino Hill ES
	63	Lucia T. Casim	PI	Magsaysay NHS
	64	Stephen Doriano	OIC, School Head	Pinget NHS
	65	Marilyn S. Tami-ing	PSDS	District 9
10	66	Brigitte Y. Galong	PI	Bakakeng ES
	67	Teodora B. Botis	PI	DAHBS
	68	Remedios P. Quiño	PIV	Pacday Quino ES
	69	Wilma S. Biteng	PII	SVES
	70	Erwin Robert D. Allaga	School Head/HTI	Bakakeng NHS
	71	Felto P. Agpawa	School Head/MTII	Joaquin Smith NHS
	72	Edward C. Vicente	PII	SVNHS
	73	Santiago L. Bugtong	PSDS	District 10
SDO	74	Phoebe Navarette	SDO	Librarian II
	75	Elaine Cabuag	SDO-SGOD	SEPS
	76	Mary Libeney Sito	SDO-SGOD	Medical Officer
	77	Juliet Sannad	SDO-CID	Chief-CID
	78	Nino Tibangay	SDO-SGOD	Chief-SGOD
	79	Christopher Benigno	SDO-OSDS	ASDS
	80	Federico P. Martin	SDO-OSDS	SDS

Enclosure 1 Activity Matrix

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