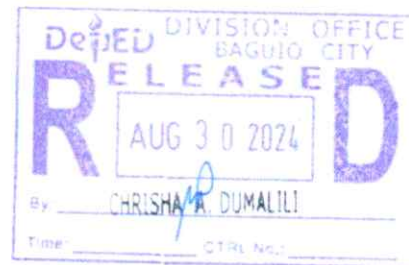




Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region  
**SCHOOLS DIVISION OFFICE OF BAGUIO CITY**



28 August 2024

**DIVISION MEMORANDUM**

No. **474-2024**

**Kamusta na YOUth: Psycho-social Support to Learners**

To : CID and SGOD Chief Education Supervisors  
All Public Schools District Supervisors  
Public Elementary and Secondary School Heads  
Supreme Elem. and Secondary Learner Gov't. Teacher-Advisers  
Supreme Elem. and Secondary Learner Gov't. Officers  
Others Concerned

1. In response to the Department of Education Secretary's directive to prioritize the mental health and wellness of all learners and strengthen the psycho-social, psychological health, and coping mechanisms, this Office through the School Governance and Operations Division- Youth Formation will be conducting a kamustahan with the Division Federation SELG and SSLG Officers on **September 27, 2024 at the SDO 3<sup>rd</sup> Floor Training Hall at 1:00 PM to 4:30PM.**
2. This activity aims to:
  - a. to strengthen the psychosocial health and coping mechanisms of the participants by engaging them to perform stress-relieving activities and practical strategies for everyday life.
  - b. develop the ability to analyze learners' own strengths and weaknesses, set personal and vocational goals, and have the self-esteem, confidence, motivation, and abilities to carry them out (including the ability to establish support networks in order to fully participate in community life and effect positive social change;
  - c. develop the ability to guide or direct others on a course of action, influence the opinions and behaviors of others, and serve as a role model.
3. The following documents are enclosed for reference:
  - a) Enclosure No. 1: List of Participants
  - b) Enclosure No. 2: Activity Matrix
4. For questions or clarifications, please contact *Ms. Augie Perl Simangan & Ms. Arlani B. Buccat*, Youth Formation Coordinators through 0995 2006 361.
5. Wide and immediate dissemination of this Memorandum is desired.

**SORAYA T. FACULO PhD, CESO VI**  
Assistant Schools Division Superintendent  
Officer-in-charge  
Office of the Schools Division Superintendent



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DepEd Tayo Baguio City



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## Enclosure 1. List of Participants

**\*\*If identified participant is unable to attend, please send a representative on your/their behalf.**

No.	SCHOOL	NAME	POSITION/DESIGNATION
<b>ELEMENTARY</b>			
1	Aguinaldo Elementary School	GABRIELLE VALDEZ	DF SELG PROTOCOL OFFICER
2	Apolinario Mabini Elementary School	PEARL ALEXANDRITE FLORES	DF SELG SECRETARY
3	Baguio Central School	IRISH LALAIN L. PIGAO	DF SELG BOARD MEMBER
4	Bonifacio Elementary School	PAUL RUZZEL Y. ACOKING	DF SELG BOARD MEMBER (SPORTS)
5	Camp 7 Elementary School	MARIANNE KATHERINE ULBERIO	DF SELG BOARD MEMBER
6	Dominican Mirador Elementary School	JULIE HANNAH L. LACBONGAN	DF SELG BOARD MEMBER
7	Don Mariano Marcos Elementary School	RAMS ZWAYZI T. GOMENG-AD	DF SELG BOARD MEMBER
8	Doña Aurora Elementary School	RAIN JANELLE G. RAMOS	DF SELG AUDITOR
9	Dontogan Elementary School	IWHA DWANE AFALLA	DF SELG BOARD MEMBER (YES-O)
10	Gibraltar Elementary School	LENNETH VALKYRIE VELAQUE	DF SELG BOARD MEMBER
11	Irisan Elementary School	KENNETH S. CARPIO	DF SELG BOARD MEMBER
12	Jose P. Laurel Elementary School	JASMINE M. FLAVIER	DF SELG BOARD MEMBER
13	Lindawan Elementary School	LARA CARYS A. CANUTO	DF SELG BOARD MEMBER
14	Loakan Elementary School	ALEXA DENISE A. FAJARDO	DF SELG BOARD MEMBER
15	Lucban Elementary School	MAIKO JARRAH B. SUMCAS	DF SELG PUBLIC INFORMATION OFFICER
16	Manuel L. Quezon Elementary School	EUMIE QIELLE C. BARTOLOME	DF SELG PRESIDENT
17	Pacday Quinio Elementary School	LYRELLE VENISSE S. BASA	DF SELG TREASURER
18	Pinsao Elementary School	YOHAN CLYDE L. PITAS	DF SELG BOARD MEMBER (BKD)
19	Quezon Hill Elementary School	JAEZELLE RAVE C. CONGA-EY	DF SELG VICE PRESIDENT
20	Quirino Hill Elementary School	AYESHA KHALYLE L. BACDONG	DF SELG BOARD MEMBER
21	Rizal Elementary School	PRECIOUS MAE S. ODANGGA	DF SELG BOARD MEMBER
22	San Luis Elementary School	JOHN MICHAEL S. AGUSTIN	DF SELG BOARD MEMBER



23	Sto. Tomas Elementary School	RUSSEL B. LEGASPI	DF SELG BOARD MEMBER
<b>SECONDARY</b>			
24	Baguio City National High School	JANNICA C. YASSAN	DF SSLG PRESIDENT
25	Baguio City National Science High School	JERMAINE VILLARICO	DF SSLG VICE PRESIDENT
26	Fort del Pilar National High School	RHOWE KLEIN B. SANTIAGO	DF SSLG SECRETARY
27	Guisad Valley National High School	JESSIEKHEILLE M. BUSTARDE	DF SSLG TREASURER
28	Happy Hollow National High School	DJ ROSE D. TAMULANG	DF SSLG AUDITOR
29	Hillside National High School	RHEANIELLE NICHOLE ABUAN	DF SSLG PUBLIC INFORMATION OFFICER
30	Irisan National High School	JAZELLE MAE A. TOCMO	DF SSLG PROTOCOL OFFICER
31	Joaquin Smith National High School	TRISHA MARIE I. YUCADDI	DF SSLG PROTOCOL OFFICER
32	Magsaysay National High School	PRINCESS FAITH C. GAMSAO	DF SSLG BOARD MEMBER (LRPO)
33	Mil-an National High School	THEO L. SORIANO	DF SSLG BOARD MEMBER (BKD)
34	Pines City National High School	ROJAN CYRUS D. MARTINEZ	DF SSLG BOARD MEMBER (YES-O)
35	Pines City National Senior High School	VISHANNE L. EDAS	DF SSLG BOARD MEMBER (DRRM)
36	Pinget National High School	ROVI B. GACAYAN	DF SSLG BOARD MEMBER
37	Quezon Hill National High School	MARKUS NORIEL L. TAN	DF SSLG BOARD MEMBER
38	Roxas National High School	KEILAH GRACE A. MARCOS	DF SSLG BOARD MEMBER
39	San Vicente National High School	KYLE CEDRICK C. DIMAANO	DF SSLG BOARD MEMBER
40	Sto Tomas National High School	MERIAM A. PULIDO	DF SSLG BOARD MEMBER

#### Other Participants

41	Adiwang Elementary School	Thea Gabrielle Pugoan	Learner Gov't. Officer
42	Aguinaldo Elementary School	Gabrielle Viscara	Learner Gov't. Officer
43	Alfonso Tabora Elementary School	AG Samuel Tabangcura	Learner Gov't. Officer
44	Apolinario Mabini Elementary School	Pearl Alexandrite Laderas	Learner Gov't. Officer
45	Baguio Country Club Village elementary School	Raja Muel Cawi	Learner Gov't. Officer
46	Baguio Central School	Irish Lalaine L. Pigao	Learner Gov't. Officer

47	Bonifacio Elementary School	Guben Keith Vicente	Learner Gov't. Officer
48	Brookspoint Elementary School	Pearl Bangbang	Learner Gov't. Officer
49	Camp 7 Elementary School	Charles Christopher Pacis	Learner Gov't. Officer
50	Crystal Cave Elementary School	Jhed Kevin Bernardino	Learner Gov't. Officer
51	Doña Aurora Elementary School	Akiszha Rhys Asing	Learner Gov't. Officer
52	Fort del Pilar Elementary School	Nero Kin C. Umaming	Learner Gov't. Officer
53	Happy Hollow Elementary School	Raelyn S. Delos Santos	Learner Gov't. Officer
54	Holy ghost extension Elem.school	Zymoneth Farong-ey	Learner Gov't. Officer
55	Kias Elementary School	Lumidao, Kathleen	Learner Gov't. Officer
56	Pacday Quinio Elementary School	Darlene Aguilba	Learner Gov't. Officer
57	Lindawan National High School	Jesrylle Rayne Acdang	Learner Gov't. Officer
58	Baguio City National High School	Jael P. Lao-e	Learner Gov't. Officer (Ex-Officio)
59	Baguio City National High School	Jhanelle Cariño	Learner Gov't. Officer
60	Baguio City National Science High School	Art Villamor	Learner Gov't. Officer (Ex-Officio)
61	Dominican Mirador National High School	Sean Drayco Castillo	Learner Gov't. Officer
62	Dominican Mirador National High School	Vain Guntan	Learner Gov't. Officer
63	Guisad Valley National High School	Aliyah Gem Decoyna	Learner Gov't. Officer (Ex-Officio)
64	Joaquin Smith National High School	Carl Mark Duka	Learner Gov't. Officer
65	Magsaysay National High School	Ylisha de Guzman	Learner Gov't. Officer
66	Magsaysay National High School	Rina Pao-eng	Learner Gov't. Officer
67	Magsaysay National High School	Elisha Manaoat	Learner Gov't. Officer
68	Mil-an National High School	Joshua jessant Chua	Learner Gov't. Officer
69	Pines City National High School	Gian Francine Lampaz	Learner Gov't. Officer (Ex-Officio)
70	Pines City National High School	John David Sangalang	Learner Gov't. Officer
71	Pines City National High School	Beverly Shane Pag-ang	Learner Gov't. Officer
72	Happy Hollow National High School	Ashley Wansi	Learner Gov't. Officer



73	Rizal National High School	Keith Mckintosh Moncado	Learner Gov't. Officer
74	Roxas National High School	Fremarie Corisay	Learner Gov't. Officer (Ex-Officio)
75	Sto Tomas National High School	Whalan Agwasil	Learner Gov't. Officer (Ex-Officio)
76	Sto Tomas National High School	Kyla Faith Emmanuel	Learner Gov't. Officer
77	San Carlos heights Elementary School	Akeelah Hoyan Chagona	Learner Gov't. Officer
78	San Vicente Elementary School	Jodvince love Lacmaan	Learner Gov't. Officer
79	Springhills Elementary School	Jilian G. Baskial	Learner Gov't. Officer
80	SDO Baguio City	Soraya T. Faculo	OIC-SDS
81	SDO Baguio City	Niño M. Tibangay	CES-SGOD
82	SDO Baguio City	Jerry C. Ymson	EPS-SGOD
83	SDO Baguio City	Joanna Mae Villareal	AA VI
84	SDO Baguio City	Olivia Gomez	PO III
85	SDO Baguio City	Sonny Paday-os	IT
86	SDO Baguio City	Arlani Buccat	PDO I
87	SDO Baguio City	Augie Perl Simangan	PDO I

## Enclosure 2. Activity Matrix

## Enclosure 2. Activity Matrix

### Kamusta na YOUTh? Psycho-social support to learners

September 27, 2024

1:00 PM to 4:30 PM

3<sup>rd</sup> Floor SDO Training Hall

Time	Activity/Resource Person
12:30 NN– 1:00 PM	Registration
1:00 PM-1:30 PM	Opening Program: Preliminaries  Welcome Remarks: <b>Niño M. Tibangay</b> CES - SGOD  Message: <b>Soraya T. Faculo PhD, CESO VI</b> <i>Schools Division Superintendent</i>  Introduction to the Speaker: <b>Augie Perl A. Simangan</b> <i>Youth Formation Coordinator</i>
1:30 PM – 4:00 PM	Topic: Psychosocial Support to Learners  Resource Speaker: <b>Allen Candelasa, RPM</b> PDO I – DYFC Region III
4:00 PM – 4:15 PM	Question and Answer
4:15 PM – 4:30 PM	Announcement and Acknowledgements Awarding of Certificates Closing Remarks

~ PUSO. GALING. TALINO. ~

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