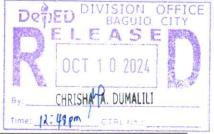


Republic of the Philippines

Department of Education CORDILLERA ADMINISTRATIVE REGION SCHOOLS DIVISION OF BAGUIO CITY



October 9, 2024

DIVISION MEMORANDUM

No. 5 6 6 - 2 0 2 4

MENTAL HEALTH OBSERVANCES 2024

To: OIC-Assistant Schools Division Superintendent CID and SGOD Chief Education Supervisors

> **Education Program Supervisors** Public Schools District Supervisors

Public Elementary and Secondary School Heads

All Others Concerned

- Reference is made to DepEd-CAR Regional Memorandum No. 601, s.2024 disseminating DepEd Memorandum tagged as OM-OUOPS-2024-09-06946 titled "Mental Health Observances 2024" dated August 27, 2024 which emanated from the office of Atty. Revsee A, Escobedo, Undersecretary for Operations.
- 2. All schools are encouraged to commemorate the following observances:
 - a. World Mental Health Day (WMHD) on October 11, 2024, with a theme "It is Time to Prioritize Mental Health in the Workplace";
 - b. National Mental Health Week on the 2nd week of October;
- 3. School personnel and learners are encouraged to wear blue shirt/blouse on October 11, 2024 as support to the "Light Up Blue for Mental Health Campaign", a program of the Philippine Mental Health Association, Inc.
- 4. Schools may have other forms of applicable and relevant activities in celebration of the said health programs.
- 5. References and materials to be used for the observances may be accessed at https://bit,ly/DepEd-SMHP_2024MHObservances.
- For further details please refer to the attached memorandum and for more inquiries, please contact the focal person Mary Libeney C. Sito, MD, MO IV at her mobile number 09601040280 or email address marylibiney.sito@deped.gov.ph
- 7. Immediate and wide dissemination of this memorandum is desired.

ULO PhD, CESO VI SORAYA T. FAC

Schools Division Superintendent









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