

Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OF BAGUIO CITY

February 23, 2025

Division Memorandum
No. **064-2025**

**ECHO TRAINING ON THE UNIVERSAL PREVENTION CURRICULUM FOR
SUBSTANCE USE CURRICULUM 1**


TO: All Public Schools District Supervisors
Public Secondary School Heads
School Health and Nutrition Personnel
Program Development Officer/Administrative Officer
Guidance Counselor
Other Concerned

1. The UPC is designed to train prevention professionals, engaged to all populations, with researched-based strategies to strengthen families, schools, community organization and other institutions. The curriculum is a series that provides extensive foundational knowledge to drug prevention coordinators about the most effective evidence-based prevention interventions on substance use and abuse in the different divisions.
2. The implementation of the activity is in compliance with the roles and responsibilities of Republic Act (RA) 9165 otherwise known as Comprehensive Dangerous Drugs Act of 2002. The RA was supported by the following DepEd issuances:
 - DepEd Order No. 28, s. 2018 – Policy and Guidelines on Oplan Kalusugan sa DepEd
 - DepEd Order No. 48, s. 2016 – Policy and Guidelines on Comprehensive Tobacco Control
 - DepEd Order No. 30, s. 2018 – Preventive Drug Education Program Policy for Curriculum and Instruction
 - DepEd Order No. 12 2. 2009 – Strengthening the National Drug Education Program (NDEP) in School
3. The objective of the training is for the participants to:
 - a. Be able to gain the foundational knowledge and skills to drug prevention that provides the most effective evidence-based prevention interventions on substance use and abuse.
 - b. Be able to apply the perspectives and competencies gained in implementing the UPC in their school of assignment.
4. Participants of the training are identified in Enclosure no. 1
5. Schedule of the training will be on February 3 - 7, 2025 at G1 Lodge, Upper Session Road, Baguio City.
6. The training matrix in Enclosure no. 2



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7. Identified participants are advised to confirm their participation by filling up the confirmation form through this link: <https://tinyurl.com/EchoTrainingUPC>
8. For concerns and queries, you may contact Cynthia S. Cadawan, Nurse II, at 09176255223/09294501234 or email at cynthia.cadawan@deped.gov.ph
9. Immediate and wide dissemination of this memorandum is desired


SORAYA T. FACULO Phd, CESO VI
Schools Division Superintendent



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Enclosure no. 1

List of Identified Participants on the Echo Training on the Universal Prevention Curriculum

Name	Designation	Office/School
1. Jesebel D. Laus	Medical Officer III	BCNHS
2. Sofia Delos Santos	Nurse II	PCNHS
3. Jojit F. De Vera	Nurse II	SDO
4. Evangeline C. Manzano	Nurse II	SDO
5. Shyrigail C. Miranda	Nurse II	SDO
6. Mary Ann G. Montemayor	Nurse II	SDO
7. Brigitte D. Palasi	Nurse II	SDO
8. Agnes O. Totaan	Nurse II	SDO
9. Ma. Loreto L. Andrada	Dentist I	SDO
10. Maria Michelle A. Tauli	Dentist II	SDO
11. Jenny P. Orpiano	Dentist I	PCNHS
12. Charlene Alo Lapeña	Dentist I	BCNHS
13. Fevie Eguia	AO	JCES
14. Augie Perli A. Simangen	PDO	SDO
15. Sherielyn B. Mayao	PDO	Pinsao ES/NHS
16. Rodalyn Olatic	PDO	DAES
17. Sarah Joy F. Sebastian	PDO	QHES/QHNHS
18. Leslie N. Tongyofen	AO	BCSHS
19. Ofelia Padlan	AO	PCNHS
20. Don Jose Tolentino	AO	BCES
21. Leah Marie Calabias	PDO	Pinget NHS
22. Airah Olatic	PDO	FDPNHS
23. Aiza Alban	AO	Bonifacio ES
24. Raymart Alo	PDO	Bakakeng NHS
25. Ferdinand Sapalong	PDO	Lindawan NHHS
26. Rhodelia J. Balanon	Guidance Counselor	BCNHS
27. Maribel T. Belgica	Guidance Counselor	GVNHS
28. Jocelyn T. Fetiza	Guidance Counselor	INHS
29. Maria Luisa S. Mirano	Guidance Counselor	BCNHS
30. Agapita K. Base	Guidance Counselor	Mil-an NHS
31. Eldon Harris B. Soriano	Guidance Counselor	PCNHS

Technical Working Group	Position	Office/School
1. Arlene O. Awing (Resource Speaker	Medical Officer III	SDO
2. Alma Vissia B. Tano (Secretariat)	Nurse II	SDO
3. Juliet A. Ursabia (Inspectorate)	Nurse II	SDO
4. Arlani B. Bucat (Resource Speaker/ Inspectorate)	PDO I	SDO



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5. Beverly Gonsoden (Resource Speaker)	Nurse II	INHS
6. Cynthia S. Cadawan (Resource Speaker)	Nurse II	SDO

Resource Speakers	Position	Office/School
1. Angeline F. Calatan	MHO I	MHSO, Tuba
2. Carol C. Iualdo	Nurse II	SDO-Benguet
3. Kenneth W. Kelcho	PTO I	Municipal Hall,LTB



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Enclosure no. 2

TRAINING MATRIX

ECHO TRAINING ON THE UNIVERSAL PREVENTION CURRICULUM ON SUBSTANCE USE

February 3 - 7, 2025

DAY 1		
February 3, 2025		
Time	Activity	Person Responsible
12:00 – 1:00	Lunch Registration of participants	TWG Alma Vissia B. Tano
1:00 – 1:30	Pre Test	
1:30 – 2:00	Opening Program	Juliet A. Ursabia Arlani B. Bucat
2:00 – 3:00	Brief Background of NDEP	Arlani B. Bucat
3:00 – 3:15	PM Break	
3:15 – 5:00	Module 1: Training Introduction	Cynthia S. Cadawan NII UPC Regional Trainer
Day 2		
February 4, 2025		
Time	Activity	Person Responsible
8:00 – 8:30	MOL	Assigned Group
8:30 – 12:00	Module 2: Epidemiology of Substance Use and the role of prevention intervention and Policies	Angeline F. Calatan MD MHO – Tuba, Benguet UPC National Trainer
10:00 – 10:15	AM Snack	
12:00 - 1:00	Lunch Break	
1:00 – 5:00	Module 3: Prevention Science Definition and Principles	Cynthia S. Cadawan Beverly Gonsoden
3:00 – 3:15	PM Snack	



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Day 3		
February 5, 2025		
Time	Activity	Person Responsible
8:00 – 8:30	MOL	Assigned Group
8:30 – 12:00	Module 4: Introduction to Monitoring and Evaluation – Key to Prevention Research	Carol C. Igualdo NII/NDEP/TCP Coor – SDO Benguet UPC National Trainer
10:00 – 10:15	AM Snack	
12:00 – 1:00	Lunch Break	
1:00 – 5:00	Module 5: Evidence Based Prevention Intervention Policies	Dr. Arlene O. Awing Medical Officer III Medical Officer In Charge SDO – Baguio Cyntia S. Cadawan
3:00 – 3:15	PM Snack	
Day 4		
February 6, 2025		
Time	Activity	Person Responsible
8:00 – 8:30	MOL	Assigned Group
8:30 – 12:00	Module 6: The Role of the Substance Use and Abuse Prevention Coordinator and Prevention Specialist	Kenneth W. Kelcho PTO – PLGU Benguet UPC Division Trainer
10:00 – 10:15	AM Snack	
12:00 – 1:00	Lunch Break	
1:00 – 2:30	Cultural Orientation in Relation to Universal Prevention Curriculum	Kenneth W. Kelcho
2:30 – 5:00	Module 7: Review of Introduction to Prevention Science Application to Practice	Carol C. Igualdo
3:00 – 3:15	PM Snack	
Day 5		
February 7, 2025		
8:00 – 8:30	MOL	Assigned Group
8:30 – 10:30	Action Planning and Presentation of Action Plan	Dr. Angeline F. Calatan Kenneth W. Kelcho Carol C. Igualdo Cynthia S. Cadawan
10:00 – 10:15	AM Snack	
10:30 – 11:00	Post Test	TWG
11:00 – 12:00	Closing Program	Assigned Group
12:00 – 1:00	Lunch Break	
1:00 on wards	Wellness Activity	