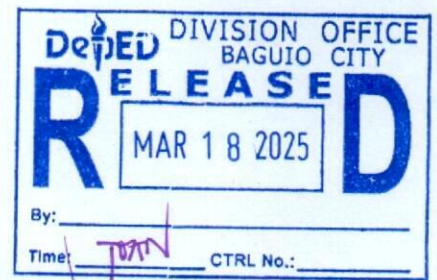




Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region  
**SCHOOLS DIVISION OF BAGUIO CITY**



**ADVISORY NO. 018, 2025**

March 18, 2025

In compliance with DepEd Order No. 8, s. 2013  
this advisory is issued not for endorsement per DO 28, s. 2001  
but only for the information of DepEd Officials, personnel, staff, as well as the  
concerned public. (visit [www.deped.gov.ph](http://www.deped.gov.ph))

The UP Pre-Medical Society- Baguio is inviting all Junior and Senior High School students in Cordillera Administrative Region to join in their upcoming National Academic and Public Health Conference scheduled on March 29, 2025 at University of the Philippines and registration would be open until March 25, 2025.

Enclosed are the details for your reference and information. Participation and expenses on the said activity is personal and voluntary and shall be subjected to the “no-disruption-of classes” policy stipulated in DepEd Order No. 9, s. 2005, titled “Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith”.

For more queries, you may contact Sophia Mae Esguerra at 09104816110 or email [medalla2organizingcommitte@gmail.com](mailto:medalla2organizingcommitte@gmail.com).

SGOD/LFU/abb



Address: 82 Military Cutoff Rd, Baguio, Benguet, 2600

Telephone No.: (074) 665-1231

Email Address: [baguio.city@deped.gov.ph](mailto:baguio.city@deped.gov.ph)



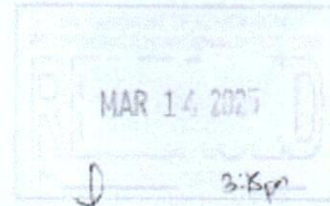
DepEd Tayo Baguio City



<https://depedpines.com>



Republic of the Philippines  
**Department of Education**  
CORDILLERA ADMINISTRATIVE REGION



March 11, 2025

**REGIONAL MEMORANDUM**  
No. 191-2025

**MEDALLA 4.0: NATIONAL ACADEMIC AND PUBLIC HEALTH CONFERENCE**

To: Assistant Regional Director  
Schools Division Superintendent  
School Health Personnel  
All Others Concerned

1. This office disseminates an invitation from UP Pre-Medical Society – Baguio to junior and senior students in Cordillera Administrative Region for the upcoming National Academic and Public Health Conference scheduled to take place on March 29, 2025, at University of the Philippines Baguio and the registration would be open until March 26, 2025
2. Attached is the request letter, event profile, registration fee, schedule and general guidelines for details.
3. Participation to this activity is personal and on a voluntary basis. All expenses shall be shouldered by the participants and subject to the no-disruption-of-classes policy stipulated in the DepEd Order No.9, s.2005 titled: "Instituting Measures to Increase Engaged Time on Task and ensuring Compliance Therewith."
4. For further inquiries, you may contact Sophia Mae Esguerra at 09104816110. You may also email at [medalla2.organizingcommittee@gmail.com](mailto:medalla2.organizingcommittee@gmail.com) or message in Facebook page: [www.facebook.com/MEDALLA.UPPMSBaguio](http://www.facebook.com/MEDALLA.UPPMSBaguio).
5. Immediate dissemination and of compliance with this Memorandum is directed.

Digitally signed by ESTELA P.  
LEON-CARIÑO EdD, CESO III  
Date: 2025.03.14 14:24:29  
+08'00'

**ESTELA P. LEON-CARIÑO EdD, CESO III**  
Director IV/Regional Director

ESSD/GDC/rsd/ Medalla 4.0  
March 11, 2025



Address: DepEd-CAR Compound, Wangal, La Trinidad, Benguet, 2601

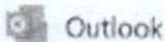
Telephone No: (074) 422 - 1318

Email Address: [car@deped.gov.ph](mailto:car@deped.gov.ph)

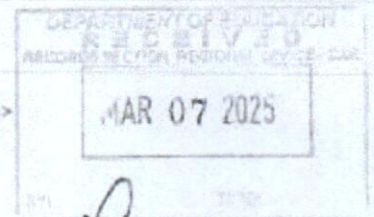
DepEd Tayo Cordillera

<https://depedcar.ph>




**Re: MEDALLA 4.0: CAR- DepEd Endorsement Letter**

From MEDALLA Conference UPPMS Baguio <medalla2.organizingcommittee@gmail.com>  
 Date Fri 3/7/2025 9:07 AM  
 To DEPED CORDILLERA ADMINISTRATIVE REGION <car@deped.gov.ph>



Good day!

The MEDALLA committee would like to follow up on our request for the approval of the endorsement letter from your office. This would be massively helpful in catalyzing the participation of junior and senior school students from your region.

Furthermore, due to unforeseen circumstances, the MEDALLA 4.0 will be moved to **March 29, 2025** and the **registration would be open until March 26, 2025**. This is to allow all participating students and staff to have ample time to prepare for the event.

The committee apologizes for any inconvenience this may have caused and we are still hoping to see you there! If there are any concerns and questions, feel free to contact us in this email or in our facebook account <https://www.facebook.com/MEDALLA.UPPMSBaguio>.

Thank you and we look forward to hearing from you!

Yours in giving life,  
 Janah Angelika Antonio  
 MEDALLA 4.0 Project Head

Isabel Angeline Cabacungan  
 MEDALLA 4.0 Project Head  
 UP Pre-Medical Society Baguio

On Fri, Feb 28, 2025 at 8:11 AM DEPED CORDILLERA ADMINISTRATIVE REGION <car@deped.gov.ph> wrote:

—  
 Sir/Madam,

This is to acknowledge receipt of your email. Your email shall be routed to the concerned personnel for proper action.  
 Thank you very much.

*Your feedback matters to us. Help us improve our services by answering this [feedback form](#).*

**CONFIDENTIALITY/PRIVILEGE NOTICE:**

The Department of Education - Cordillera Administrative Region in compliance with Republic Act No. 10173 or the Data Privacy Act of 2012 emphasizes that this communication may contain confidential and/or privileged information. If you are not the intended recipient, be advised that any unauthorized disclosure, copying, distribution, or use of the contents of this message is prohibited by the law. If you received this message in error, please delete this email including its attachments and notify the sender immediately.

**From:** MEDALLA Conference UPPMS Baguio <medalla2.organizingcommittee@gmail.com>  
**Sent:** Friday, February 28, 2025 8:00 AM  
**To:** DEPED CORDILLERA ADMINISTRATIVE REGION <car@deped.gov.ph>  
**Subject:** MEDALLA 4.0: CAR- DepEd Endorsement Letter

# UP PRE-MEDICAL SOCIETY BAGUIO

UNIVERSITY OF THE PHILIPPINES BAGUIO  
Governor Pack Road, Baguio City 2600



BAGUIO



@upbpremedsoc



UP Pre-Medical Society Baguio



@upbpremedsoc

February 28, 2025

**DR. ESTELA P. LEON-CARIÑO**

Regional Director

Department of Education- CAR

Greetings!

The **UP Pre-Medical Society - Baguio** is a duly-recognized academic and socio-civic organization, in the University of the Philippines Baguio that focuses on encouraging and achieving excellence by fostering academic and social growth locally and even beyond, while also being able to promote a wider understanding and awareness of societal issues that the country is facing.

On this account, the UP Pre-Medical Society - Baguio presents the fourth installment of **MEDALLA**, a national academic and public health conference consisting of different academic competitions and lecture series pooling the country's best minds. This event allows junior and senior high school students to showcase their social and cultural skills and promote public health awareness with the goal to enhance their skills in different ways. The conference would include competition and lecture series discussing different topics in relation to medicine and public health.

The term "MEDALLA" translates to "medal" in Ilocano, which symbolizes the award that is often given or awarded to winners for recognition. The UP-Pre-Medical Society strives to acknowledge and recognize the achievements and contributions of every participant, while maintaining honor and excellence in the face of ongoing crises.

Academic competitions include **Public Health Opinion Writing, Science and Health Writing, Poster Making, Medical Trivia Quiz Bee, Impromptu Speech** and the **Science Investigatory Project**. Additionally, we will also be conducting lecture series, with topics to be later announced on our official Facebook pages.

**ISABEL ANGELINE CABACUNGAN**  
PRESIDENT

**CONIE MYREEN TAGAL**  
VP FOR EXTERNAL AFFAIRS

**JANESKA BALONSO**  
VP FOR MEMBERSHIP & SCREENING

**CHARLIZE ANN NICOLAS**  
SECRETARY-GENERAL

**EMANUELLE NATHALIE ELE**  
VP FOR INTERNAL AFFAIRS

**JANAH ANGELIKA ANTONIO**  
VP FOR SPECIAL PROJECTS

**JUDIEL ZUNIEGA**  
VP FOR FINANCE

**NATAJCIA MIRA QUINDICA**  
VP FOR PUBLICATIONS

**UP PRE-MEDICAL SOCIETY BAGUIO**  
UNIVERSITY OF THE PHILIPPINES BAGUIO  
Governor Pack Road, Baguio City 2600



@upbpremedsoc



UP Pre-Medical Society Baguio



@upbpremedsoc

This year's **MEDALLA 4.0: National Academic and Public Health Conference** bears the theme: "*One Health, One Future: Uniting Medicine*", which will take place on **March 8, 2025**, at the **University of the Philippines Baguio**. **Registration opens on February 25, 2025.**

UP Pre-Medical Society - Baguio invites you to participate in this commitment and kindly support us as we are seeking endorsement from your good office, and disseminate this information to schools. Taking part in the said event will contribute positively to the academic, non-academic and professional engagements of the student and faculty staff. We express our sincerest and deepest appreciation for your help.

Rest assured that your support will be thoroughly recognized all throughout the event duration. Attached is the event primer containing the guidelines and mechanics, program, and registration procedure. For any inquiries, we will gladly discuss these at your convenience. Feel free to email us at [medalla2.organizingcommittee@gmail.com](mailto:medalla2.organizingcommittee@gmail.com) or check our event Facebook page in [www.facebook.com/MEDALLA.UPPMSBaguio](http://www.facebook.com/MEDALLA.UPPMSBaguio) for more updates.

Sincerely,

Janah Angelika R. Antonio  
Project Co-head

Noted by:

Asst. Prof. Reymark C. Ereje, RCh, MSc  
Adviser, UP Pre-Medical Society Baguio

Isabel Angeline C. Cabacungan  
Project Co-head

**ISABEL ANGELINE CABACUNGAN**  
PRESIDENT

**CONIE MYREEN TAGAL**  
VP FOR EXTERNAL AFFAIRS

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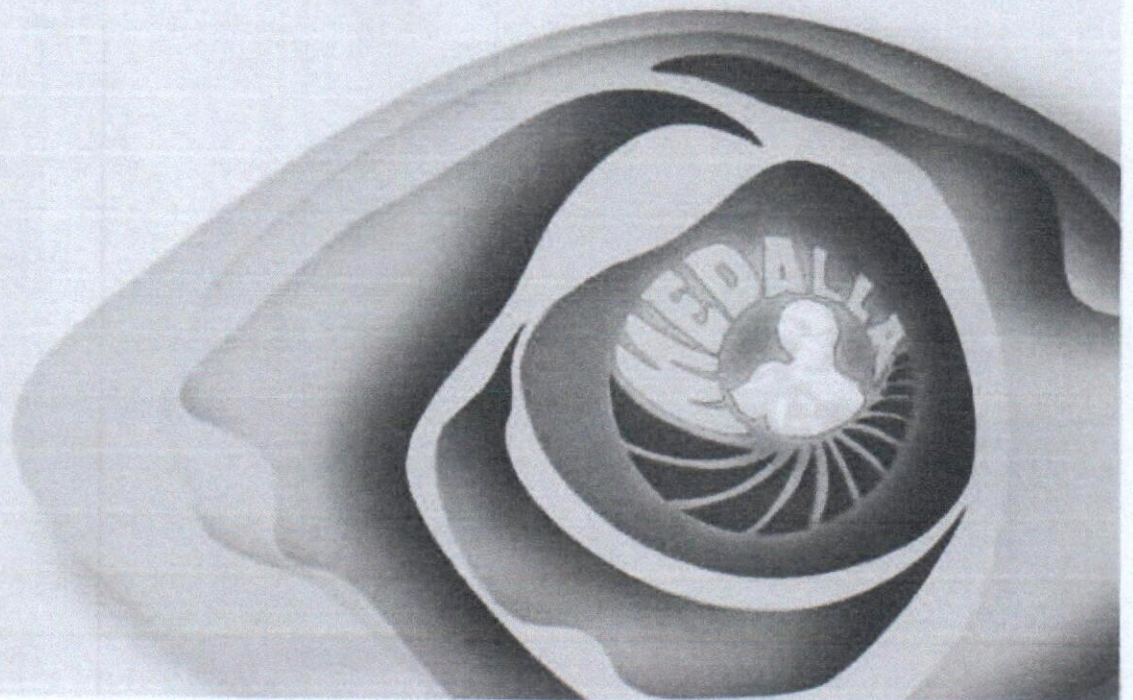
BAGUIO

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# MED ALLA

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NATIONAL ACADEMIC AND  
PUBLIC HEALTH CONFERENCE



# EVENT PROFILE

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## “ONE HEALTH, ONE FUTURE: UNITING MEDICINE, ENVIRONMENT, AND SOCIETY”

**MEDALLA** is a national academic and public health conference consisting of different academic competitions and lecture series pooling the country's best minds. It aims to promote students' intellectual, social, cultural, and public health awareness through an interscholastic competition and lecture series.



**MEDALLA** is the Ilocano term for “medal”. It pertains to an object that has a commemorative purpose and many are given as awards as a form of recognition. UP Pre-Medical Society - Baguio aims to recognize the purpose of each individual participating in the event while still carrying out honor and excellence amid the current health crisis.

## ORGANIZATION PROFILE

**UP Pre-Medical Society – Baguio** is an academic, special-interest, and socio-civic organization at the University of the Philippines Baguio consisting of young, hardworking, and dedicated individuals from different degree programs, united by a common disposition to take up medicine in the future, who aim to embody the beauty of medicine, in theory, and practice, to contribute to our humanistic growth, and to aid the community. Moreover, we embark on relevant projects that aim to assist our fellowmen. These include **AIDSeducation**, a free testing clinic, and **CompassionAID**, our outreach program. We also venture to nurture excellence in different aspects through events such as **MEDALLA**, **NMAT Initiative**, and **MEDBOX**. Through this, we are able to build a life out of the given time in transition to a medical career in pursuit of developing the whole human being.

# SCHEDULE

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<b>Time</b>	<b>Activity/Event</b>		
7:00 AM - 8:00 AM	Registration		
8:00 AM - 8:30 AM	Opening Ceremony		
8:30 AM - 9:30 AM	Lecture		
9:30 AM - 10:00 AM	Snack Break		
10:00 AM - 10:15 AM	Room Assignment and Instructions		
10:15 AM - 12:30 PM	Investigatory Project	Medical Trivia Quiz Bee	Science & Health Writing Public Health Opinion Writing
12:30 PM - 1:30 PM	Lunch Break		
1:30 PM - 3:30 PM	Investigatory Project	Traditional Poster Making	Impromptu Speech
3:30 PM - 4:00 PM	Short Break		
4:00 PM - 5:00 PM	Closing and Awarding Ceremony		



# REGISTRATION

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## Individual Competition      Fee (per contestant)

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Public Health Opinion Writing	PHP 120
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Science & Health Writing	PHP 120
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Traditional Poster Making	PHP 120
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Impromptu Speech	PHP 120
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Medical Quiz Bee	PHP 120
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## Team Competition      Fee (per contestant)

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12:30 PM -1:30 PM	PHP 100
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# GENERAL GUIDELINES

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## ORGANIZING COMMITTEES

### A. THE MEDALLA COMMITTEE

The **MEDALLA Committee** is the highest policy- and decision-making body of MEDALLA. It shall be headed by the Vice President for Special Projects of UP Pre-Medical Society - Baguio and Executive for Education and Culture of UP NAMNAMA - BAGUIO, and composed by the appointed steering committee heads, and the members of the Executive Committee of each organization.

### B. STEERING COMMITTEE

The Steering Committee shall oversight the progress of the project; provide advice, support and guidance to ensure the delivery of the project outputs and the achievement of the project outcomes.

## PARTICIPATION

### A. SCHOOLS AND CONTESTANTS

1. Any bona fide students from Junior High School and Senior High School he/ she will be representing are qualified to compete in the contest.
2. Individual certification attesting the contestants' enrollment in their respective schools or their school IDs shall be required upon registration.
3. No limit of the number of contestants per school shall be employed.
3. No limit of the number of contestants per school shall be employed. The school may send as many willing

participants and/or teams (for group competitions) to represent and compete in each category of the contests. But each participant shall only choose to join and participate in one (1) competition and shall not join other competitions aside from the chosen competition.

### B. ADVISERS

1. The advisers must be a faculty member of his/her participating school supported by proper documentation (i.e faculty ID).
2. Aside from the contestants, only he/she may be the only representative of the Junior High School and/or Senior High School who can file protests or complaints to the board of judges, if appropriate.
3. The adviser shall be the only representative of the school who shall participate in decision making regarding special cases.

**NOTE:** Participants may or may not choose to have an adviser upon registration and the entirety of the competition as this will not be determinant for disqualification.

# GENERAL GUIDELINES

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## DECISION MAKING

### A. THE BOARD OF JUDGES (BOJ)

1. Each contest shall have a BOJ composed of two (2) reputable judges, academic personnel, and/or members of the organization who possess knowledge, skills, and expertise relevant for each contest.
2. The BOJ shall decide on all protests or complaints filed by any coach/adviser/contestant in all the events in the competition.
3. All decisions made by the BOJ are final and irrevocable.

## COMPETITIONS

### A. INDIVIDUAL

1. Public Health Opinion Writing
2. Science and Health Writing
3. Poster Making
4. Impromptu Speech
5. Medical Trivia Quiz Bee

### B. GROUP

1. Investigatory Project

## LECTURE

All contestants are expected to be in the venue proper an hour before the contest itself, and fifteen (15) minutes before the starting time. The lecture series for this year will be conducted face-to-face on March 8, 2025. It is part of the opening ceremony of the event and all participants are required to attend as themes and topics of other contests are based on these lectures. Invited speakers will come from medical and public health backgrounds (physicians, medical students, public health officials, etc.).

For further inquiries, you may contact Sophia Mae Esguerra at 09104816110. You may also email us at [medalla2.organizingcommittee@gmail.com](mailto:medalla2.organizingcommittee@gmail.com) or message us through our Facebook page [www.facebook.com/MEDALLA.UPPMS Baguio](https://www.facebook.com/MEDALLA.UPPMSBaguio).



# **CONTEST GUIDELINES**

# PUBLIC HEALTH OPINION WRITING

## RULES & MECHANICS

1. The contest shall be divided into two (2) divisions:
  - a. Division 1: Junior High School Division
  - b. Division 2: Senior High School Division
2. Each division shall have 3 winners (**2 runner-ups, and 1 champion**), which will be declared after the contest.
3. The organizers shall only entertain clarifications regarding the Rules and Mechanics of the competition **BEFORE** the submission of entries. No more concerns will be addressed after the submission.
4. Changes in details (e.g., name of contestants/alternate contestants or school) after submission of online registration **shall not be entertained**.
5. All decisions are subject to the approval of the Board of Judges (BOJ) and the MEDALLA Committee and are considered **final and irrevocable**.

## ELIGIBILITY

1. Participants from **Grades 7 to 10** (for Junior High School Division), and **Grades 11 to 12** (for Senior High School Division), who are bona fide students or studying in any public or private school in the Philippines are qualified to compete.
2. **Clear photos/scanned documents** of the **participant certification** that show proof of the contestant's enrollment in their respective schools **OR** their **school IDs** are required upon online registration.

3. Have successfully registered through this link:

<https://tinyurl.com/Medalla2025Registration>

## GUIDELINES

1. Participants are tasked to write an opinion essay of the topic provided by the organizers based on the lecture topics during the opening ceremony.
2. The essay topics for both Junior High School and Senior High School will be given **on the spot** before the competition per se.
3. Participants are given only **two (2) hours** to write and submit the entries.
4. The medium of writing for both divisions is either in **straight English or Filipino only**.
5. Essay must be **original**, not previously published in print or online.
6. Entries must be the work of **one person only** and not be a collective work of more than one person.
7. The essay should be written in bond paper **Letter size** (21.59 cm x 27.94 cm) that will be provided by the officiating members. **An extra sheet of paper will be provided by facilitators. Any unauthorized sheet of paper is not allowed.** Essay must meet the following requirements:
  - a. Must be **relevant** to the theme and topic
  - b. Must contain a **title**
  - c. Must be within **two (2)- three (3) pages**
  - d. Must be **written neatly**

**Note: Non-compliance with the format will result in disqualification of entry**

# PUBLIC HEALTH OPINION WRITING

## DISQUALIFICATION

Participants and submitted essay will be **AUTOMATICALLY disqualified** if:

- Participants seek advice from their coach and/or advisers.
- Participants use their mobile phones during the contest proper.
- Submitted essays are already featured in other competitions (school-based, division, regional, national, international, etc.).
- Submitted essays have been previously uploaded, or published in any media form.
- Submitted essays are plagiarized (i.e. AI generated, from another source, etc.).

## SUBMISSION

- Only one (1) entry per student.
- Once the student has submitted, changes or corrections are prohibited.
- The participants must submit their work on time. Failure to submit during the said deadline will face disqualification.

## JUDGING CRITERIA

The judging criteria are as follows:

<b>CONTENT</b> Ideas are clear when they are not vague and are understandable. They are rich when the arguments or points presented are well-discussed and fleshed out. They are relevant when they are responsive to the given theme.	<b>45%</b>
<b>UNITY AND COHERENCE</b> The essay is written in a logical and sensible manner. The ideas and thoughts indicate fluidity and the transitions are clear and necessary.	<b>25%</b>
<b>ORIGINALITY</b> The essay explores fresh ideas or presents a point that is not common to the senses or popular. There is an attempt to elevate the argument.	<b>10%</b>
<b>TECHNIQUE AND STYLE</b> Technique refers to the delivery of narrative. It considers the tone and method employed for the narrative. Technique also covers the adherence to the rules of the language being used. This governs grammar. Style refers to the use of language to adorn and beautify the essay.	<b>20%</b>
<b>TOTAL</b>	<b>100%</b>

# PUBLIC HEALTH OPINION WRITING

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1. The final ranking shall be based on the **average rank** garnered by the contestants.
2. **In case of a tie**, the decision shall be based on the **first criterion** (Content).
  - a. If it fails to break the tie, the **next criterion** (Unity and Coherence) shall be used, and so on until no more ties exist.
  - b. If the tie still exists after using all the criteria, another topic shall be given. The above rules shall be used.
3. The **top three (3) scorers** shall be declared as the winners of the event.

For further inquiries, you may contact Sophia Mae Esguerra at 09104816110. You may also email us at [medalla2.organizingcommittee@gmail.com](mailto:medalla2.organizingcommittee@gmail.com) or message us through our Facebook page [www.facebook.com/MEDALLA.UPPMSBaguio](http://www.facebook.com/MEDALLA.UPPMSBaguio).

## INTELLECTUAL PROPERTY AND OWNERSHIP

The ownership of the submitted essays would be retained by the respective student writers but with the explicit permission to be used by the UP Pre-Medical Society - Baguio free of any charge for the purpose of using the essays for promotion of the competition on any and all media, throughout the world in perpetuity.

# SCIENCE & HEALTH WRITING

## RULES & MECHANICS

1. The contest shall be divided into two (2) divisions:
  - a. Division 1: Junior High School Division
  - b. Division 2: Senior High School Division
2. Each division shall have **3 winners (2 runner-ups, and 1 champion)**, which will be declared after the contest.
3. The organizers shall only entertain clarifications regarding the Rules and Mechanics of the competition **BEFORE** the submission of entries. No more concerns will be addressed after the submission.
4. Changes in details (e.g., name of contestants/alternate contestants or school) after submission of online registration **shall not be entertained**.
5. All decisions are subject to the approval of the Board of Judges (BOJ) and the MEDALLA Committee and are considered **final and irrevocable**.

## ELIGIBILITY

1. Participants from **Grades 7 to 10** (for Junior High School Division), and **Grades 11 to 12** (for Senior High School Division), who are bona fide students or studying in any public or private school in the Philippines are qualified to compete.
2. Participants **MUST NOT** be a **published writer or professional journalist**.
3. **Clear photos/scanned documents** of the **participant certification** that show proof of the contestant's enrollment in their respective schools **OR** their **school IDs** are required upon online registration.

4. Have successfully registered through this link:

<https://tinyurl.com/Medalla2025Registration>

## GUIDELINES

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2. The essay topics for both Junior High School and Senior High School will be given **on the spot** before the competition per se.
3. Participants are given only **two (2) hours** to write and submit the entries.
4. The medium of writing for both divisions is either in **straight English or Filipino only**.
5. Essay must be **original**, not previously published in print or online.
6. Entries must be the work of **one person only** and not be a collective work of more than one person.
7. The essay should be written in bond paper **Letter size** (21.59 cm x 27.94 cm) that will be provided by the officiating members. **An extra sheet of paper will be provided by facilitators. Any unauthorized sheet of paper is not allowed.** Essay must meet the following requirements:
  - a. Must be **relevant** to the theme and topic.
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  - c. Must be within **two (2)- three (3) pages**
  - d. Must be **written neatly**

**Note: Non-compliance with the format will result in disqualification of entry**



# SCIENCE & HEALTH WRITING

## DISQUALIFICATION

Participants and submitted essay will be **AUTOMATICALLY disqualified** if:

- a. Participants seek advice from their coach and/or advisers.
- b. Participants use their mobile phones during the contest proper.
- c. Submitted essays are already featured in other competitions (school-based, division, regional, national, international, etc.).
- d. Submitted essays have been previously uploaded, or published in any media form.
- e. Submitted essays are plagiarized (i.e AI generated, from another source, etc.).

## SUBMISSION

1. Only one (1) entry per student.
2. Once the student has submitted, changes or corrections are prohibited.
3. The participants must submit their work on time. Failure to submit during the said deadline will face disqualification.

## JUDGING CRITERIA

The judging criteria are as follows:

<b>CONTENT</b> Ideas are clear when they are not vague and are understandable. They are rich when the arguments or points presented are well-discussed and fleshed out. They are relevant when they are responsive to the given theme.	<b>45%</b>
<b>UNITY AND COHERENCE</b> The essay is written in a logical and sensible manner. The ideas and thoughts indicate fluidity and the transitions are clear and necessary.	<b>25%</b>
<b>ORIGINALITY</b> The essay explores fresh ideas or presents a point that is not common to the senses or popular. There is an attempt to elevate the argument.	<b>10%</b>
<b>TECHNIQUE AND STYLE</b> Technique refers to the delivery of narrative. It considers the tone and method employed for the narrative. Technique also covers the adherence to the rules of the language being used. This governs grammar. Style refers to the use of language to adorn and beautify the essay.	<b>20%</b>
<b>TOTAL</b>	<b>100%</b>

# SCIENCE & HEALTH WRITING

---

1. The final ranking shall be based on the **average rank** garnered by the contestants.
2. **In case of a tie**, the decision shall be based on the **first criterion** (Content).
  - a. If it fails to break the tie, the **next criterion** (Unity and Coherence) shall be used, and so on until no more ties exist.
  - b. If the tie still exists after using all the criteria, another topic shall be given. The above rules shall be used.
3. The **top three (3) scorers** shall be declared as the winners of the event.

For further inquiries, you may contact Sophia Mae Esguerra at 09104816110. You may also email us at [medalla2.organizingcommittee@gmail.com](mailto:medalla2.organizingcommittee@gmail.com) or message us through our Facebook page [www.facebook.com/MEDALLA.UPPMSB](http://www.facebook.com/MEDALLA.UPPMSB) [Baguio](#).

## INTELLECTUAL PROPERTY AND OWNERSHIP

The ownership of the submitted essays would be retained by the respective student writers but with the explicit permission to be used by the UP Pre-Medical Society - Baguio free of any charge for the purpose of using the essays for promotion of the competition on any and all media, throughout the world in perpetuity.

# TRADITIONAL POSTER MAKING

## RULES & MECHANICS

1. The contest shall be divided into two (2) divisions:
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  - b. Division 2: Senior High School Division
2. Each division shall have **3 winners (2 runner-ups, and 1 champion)**, which will be declared after the contest.
3. The organizers shall only entertain clarifications regarding the Rules and Mechanics of the competition **BEFORE** the submission of entries. No more concerns will be addressed after the submission.
4. Changes in details (e.g., name of contestants/alternate contestants or school) after submission of online registration **shall not be entertained**.
5. All decisions are subject to the approval of the Board of Judges (BOJ) and the MEDALLA Committee and are considered **final and irrevocable**.

## ELIGIBILITY

1. Participants from **Grades 7 to 10** (for Junior High School Division), and **Grades 11 to 12** (for Senior High School Division), who are bona fide students or studying in any public or private school in the Philippines are qualified to compete.
2. **Clear photos/scanned documents** of the **participant certification** that show proof of the contestant's enrollment in their respective schools **OR** their **school IDs** are required upon online registration.
4. Have successfully registered through this link:

<https://tinyurl.com/Medalla2025Registration>

## GUIDELINES

1. Participants are tasked to create a **poster on a ¼ illustration board (15" x 20")** that is expected to convey the message in line with the theme.
2. All posters must be in **portrait** orientation.
3. Participants are given only **two (2) hours** to create and submit the entries.
4. The participant must prepare their own illustration board and art materials such as colored pencils, oil pastels, paints, watercolors, and the like. All materials will be checked before the start of the contest to ensure that the illustration board is blank.
5. All elements of the poster must be original and be made from scratch. Any form of plagiarism, including but not limited to the use of reference images, is subject to disqualification.
6. The submitted poster must be a single work of original material **created solely** by the **contestant**.
7. The judges have the right to disqualify an entry at any time.

## DISQUALIFICATION

Participants and submitted essay will be **AUTOMATICALLY disqualified** if:

- a. Posters that are featured or used in other competitions (school-based, division, regional, national, international, etc.).
- b. Posters that have been previously uploaded, published, or shot.
- c. Posters that bear images of public officials or any subject that may serve as a ground for endorsement.  
Posters that violate a person's rights
- d. including, but not limited to, copyright or privacy.

# TRADITIONAL POSTER MAKING

## SUBMISSION

1. Only one (1) entry per student.
2. Once the student has submitted, changes or corrections are prohibited.
3. The participants must submit their work on time. Failure to submit during the said deadline will face disqualification.

## JUDGING CRITERIA

The judging criteria are as follows:

CREATIVITY AND ORIGINALITY	30%
COMPOSITION AND TECHNIQUE	25%
AESTHETIC AND VISUALS	25%
RELEVANCE TO THE THEME	20%
TOTAL	100%

1. The final ranking shall be based on the **average rank** garnered by the contestants.
2. **In case of a tie**, the decision shall be based on the **first criterion** (Content).
  - a. If it fails to break the tie, the **next criterion** (Unity and Coherence) shall be used, and so on until no more ties exist.
  - b. If the tie still exists after using all the criteria, another topic shall be given. The above rules shall be used.
3. The **top three (3) scorers** shall be declared as the winners of the event.

For further inquiries, you may contact Sophia Mae Esguerra at 09104816110. You may also email us at [medalla2.organizingcommittee@gmail.com](mailto:medalla2.organizingcommittee@gmail.com) or message us through our Facebook page [www.facebook.com/MEDALLA.UPPMSBaguio](http://www.facebook.com/MEDALLA.UPPMSBaguio).

## INTELLECTUAL PROPERTY AND OWNERSHIP

The ownership of the submitted essays would be retained by the respective student writers but with the explicit permission to be used by the UP Pre-Medical Society - Baguio free of any charge for the purpose of using the essays for promotion of the competition on any and all media, throughout the world in perpetuity.

# IMPROMPTU SPEECH

## RULES & MECHANICS

1. The contest shall be divided into two (2) divisions:
  - a. Division 1: Junior High School Division
  - b. Division 2: Senior High School Division
2. Each division shall have **3 winners (2 runner-ups, and 1 champion)**, which will be declared after the contest.
3. The organizers shall only entertain clarifications regarding the Rules and Mechanics of the competition **BEFORE** the submission of entries. No more concerns will be addressed after the submission.
4. Changes in details (e.g., name of contestants/alternate contestants or school) after submission of online registration **shall not be entertained**.
5. All decisions are subject to the approval of the Board of Judges (BOJ) and the MEDALLA Committee and are considered **final and irrevocable**.

## ELIGIBILITY

1. Participants from **Grades 7 to 10** (for Junior High School Division), and **Grades 11 to 12** (for Senior High School Division), who are bona fide students or studying in any public or private school in the Philippines are qualified to compete.
2. **Clear photos/scanned documents** of the **participant certification** that show proof of the contestant's enrollment in their respective schools **OR** their **school IDs** are required upon online registration.
4. Have successfully registered through this link:

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## GUIDELINES

1. The impromptu speech contest will be conducted face-to-face at University of the Philippines Baguio.
  - a. The room for the said competition will be announced on March 08, 2025 before the kickstart of all the contests.
  - b. The schedule for this contest will be from 1:30 pm to 3:30 pm. Late participants are automatically disqualified.
2. Participants should attend the opening lecture series as the topic for the contest will solely be based on it.
3. Contestants must wear business casual/ semi-formal attire/ school uniform during the event.
4. The order of performance shall be determined by a randomizer before the contest proper.
5. Each contestant will enter the room based on the generated order of performance. The remaining contestants shall wait in the waiting area/room.
  - a. Once the contestant enters the performance room, he/she is not allowed to go out anymore (i.e. use the restroom, talk to adviser/coach, etc.). The contestant will only be allowed to exit the room after his/her speech.
  - b. After the contestant's speech, he/she is not allowed to enter the waiting area/room anymore.
6. The topic shall be flashed in the Television once the contestant is settled. Each contestant shall be given only one (1) minute to prepare and organize his/her thoughts, and another five (5) minutes to deliver it.

# IMPROMPTU SPEECH

- The contestant shall not bring any of his/her gadget in the performance room. The contestant is allowed to only bring a clean paper and a pen.
- A signal will be given to signify the last minute of their speaking time. One (1) point deduction will be given for every 30 seconds consumed beyond the allotted time.
- The speech must be original. The speech can be delivered using the English language only.

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## JUDGING CRITERIA

The judging criteria are as follows:

<p><b>CONTENT</b></p> <p>The speech exhibits clarity and appropriateness to what is being asked.</p> <p>Ideas are properly elaborated and fleshed out. The discussion is substantial and relevant.</p> <p>There are concrete examples, given as necessary, and the ideas are sensible, logical, and chronological to the layman.</p>	<b>45%</b>
<p><b>STYLE</b></p> <p>The speaker exhibits a mastery of the language as manifested in the language (wording and phrasing) of the speech. It is not highfalutin, but also not shallow.</p> <p>It shows depth in expression and thought.</p>	<b>25%</b>
<p><b>DELIVERY AND PRESENCE</b></p> <p>The speaker has confidence and conviction in delivering the speech.</p> <p>They are seen with resolve after delivering the speech.</p> <p>They are convincing and felt by the members of the audience and board of judges</p>	<b>20%</b>
<p><b>ORIGINALITY</b></p> <p>The speaker dares to go beyond conventions and commonly accepted ideas.</p> <p>The speech is authentic and timely.</p>	<b>15%</b>
<b>TOTAL</b>	<b>100%</b>

# IMPROMPTU SPEECH

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1. The final ranking shall be based on the **average rank** garnered by the contestants.
2. **In case of a tie**, the decision shall be based on the **first criterion** (Content).
  - a. If it fails to break the tie, the **next criterion** (Unity and Coherence) shall be used, and so on until no more ties exist.
  - b. If the tie still exists after using all the criteria, another topic shall be given. The above rules shall be used.
3. The **top three (3) scorers** shall be declared as the winners of the event.

For further inquiries, you may contact Sophia Mae Esguerra at 09104816110. You may also email us at [medalla2.organizingcommittee@gmail.com](mailto:medalla2.organizingcommittee@gmail.com) or message us through our Facebook page [www.facebook.com/MEDALLA.UPPMSB.baguio](http://www.facebook.com/MEDALLA.UPPMSB.baguio).

## INTELLECTUAL PROPERTY AND OWNERSHIP

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# INVESTIGATORY PROJECT

## RULES & MECHANICS

1. The contest shall be divided into two (2) categories:
  - a. Category 1: Qualitative Research Category
  - b. Category 2: Quantitative Research Category
2. Each category shall have **3 winners (2 runner-ups, and 1 champion)**, which will be declared after the contest.
3. The organizers shall only entertain clarifications regarding the Rules and Mechanics of the competition **BEFORE** the submission of entries. No more concerns will be addressed after the submission.
4. Changes in details (e.g., name of contestants/alternate contestants or school) after submission of online registration **shall not be entertained**.
5. All decisions are subject to the approval of the Board of Judges (BOJ) and the MEDALLA Committee and are considered **final and irrevocable**.

## ELIGIBILITY

1. Participants from **Grades 7 to 12**, who are bona fide students or studying in any public or private school in the Philippines are qualified to compete.
2. **Clear photos/scanned documents** of the **participant certification** that show proof of the contestant's enrollment in their respective schools **OR** their **school IDs** are required upon online registration.
4. Have successfully registered through this link:

<https://tinyurl.com/Medalla2025Registration>

## GUIDELINES

1. Participants shall form a team consisting of a **maximum of 3 members**.
2. Each team must create and present their own research. The chosen studies to be judged must be under the Life Sciences.
  - a. The research may either be Quantitative Research or Qualitative Research
3. The research paper should be prepared and available for submission.
4. Summary of the research shall be placed on a soft copy of AO 33.11 x 46.811-inch display board, which will be presented on a TV Screen.
5. The contents of the research display board shall include the following:
  - a. Title of the study
  - b. Abstract (Maximum of 250 words)
  - c. Background of the study
  - d. Objectives
  - e. Significance of the Study
  - f. Methodology
  - g. Results and Discussion
  - h. Conclusion and Recommendation
  - i. Bibliography
  - j. Acknowledgements



# INVESTIGATORY PROJECT

## Display Board Layout

Title		
Prepared by School		
Abstract		Conclusion
Background	Methodology	Recommendations
Objective		Bibliography
Significance of the Study	Results and Discussion	Acknowledgments

- All contents of the research display board, including images, diagrams, and figures, **must fit well within the dimensions** of the display board material. The texts must also be **legible and well organized**.
- You may create and/or edit your entries using **any editing platform** such as, but not limited to, professional editing software and applications like **illustrator, canva, publisher, and the likes**.
- Entries must be created using the best settings of the editing platform, must be saved as a **.pdf, .jpeg or .png file, and shall not exceed 1 GB**.
- All display boards must be in **portrait orientation**.

- Participants are also expected to **prepare for a presentation on March 08, 2025 at the University of the Philippines Baguio**.
  - It is the participants' discretion whether to use their display board entries to present or prepare other forms of presentation such as powerpoint presentation, slideshare, etc.
  - Among the members, a **minimum of one (1) and maximum of three (3)** may present the research.
  - Each team shall only be given **15 minutes to present** their research, and an additional **5 minutes will be allotted for the questions**.
  - The room assignment will be announced on **March 08,2025 before the kickstart of all the contests**.
- Past research papers/works from no more than two years ago are permitted.
- Participants must submit their display board **before the start of the contest proper**. The deadline for research display board entries is on **March 03, 2025 at 12:00 midnight**. Late submission will not be accepted and presentations will not be considered. This is inline with the posting of each entry in our Official Facebook Page as **social media engagement is part of the criteria**.

# INVESTIGATORY PROJECT

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## DISQUALIFICATION

Participants and submitted essay will be **AUTOMATICALLY disqualified** if:

1. The whole or part of the material submitted is plagiarized and/or fabricated.
2. The research is not the students' own study.
3. The research submitted is not under or aligned to the life sciences
4. The research was conducted or finished more than two years ago.

## DISQUALIFICATION

Participants and submitted essay will be **AUTOMATICALLY disqualified** if:

1. One (1) submission for each group. One (1) group member from the team may submit their research paper and display board.
2. Submission of all entries is through **Google Forms** which can be accessed through these links:

For **Qualitative Research**:  
<https://forms.gle/z5TCSXwbQd9p0QnN9>

For **Quantitative Research**:  
<https://forms.gle/z5TCSXwbQd9p0QnN9>

The file name of the entry (in .pdf, .jpeg or .png file format) for the research display board must follow the format:

<Research Topic>\_  
<Category>\_<Display Board>

(e.g. Factors Affecting Brain Drain\_Quantitative Research\_Display Board).

4. The file name of the entry (in .pdf file format) for the research paper must follow the format:

<Research Topic>\_<Category>\_<Research Paper>

(e.g. Factors Affecting Brain Drain\_Quantitative Research\_Research Paper).

5. A reply will be sent to you through text or email within 24 hours after your submission to confirm your successful entry.
6. Proper credits will be given to the contestant.

# INVESTIGATORY PROJECT

## JUDGING CRITERIA

The judging criteria are as follows:

<b>INTERVIEW/PRESENTATION</b> <ul style="list-style-type: none"><li>• Ability to answer questions</li><li>• Voice projection and good articulation</li><li>• Clarity of thoughts</li><li>• Completion of the presentation within the allotted time</li></ul>	<b>20%</b>
<b>ORIGINALITY</b> <ul style="list-style-type: none"><li>• Creativity, timeliness and innovativeness</li><li>• Presents new approach and/or knowledge</li><li>• Improves existing work, information, or product</li><li>• Studies under-researched areas</li></ul>	<b>20%</b>
<b>LOGICAL INVESTIGATION AND USE OF PROPER TECHNIQUES</b> <ul style="list-style-type: none"><li>• Uses correct statistical and/or experimental methods</li><li>• Procedures are reproducible, consistent, and feasible</li><li>• Provides reliable and valid data</li><li>• Procedure and analysis are systematic</li></ul>	<b>10%</b>
<b>POSITIVE AND SUSTAINABLE OUTCOMES/RESULTS</b> <ul style="list-style-type: none"><li>• Objectives are achieved</li><li>• Interventions or theoretical outcomes are significant and effective</li><li>• Results demonstrate relevance to the problems presented</li><li>• Environmental, social, and medical impact</li></ul>	<b>20%</b>
<b>EVIDENCE OF RESEARCH PLAN/LITERATURE SEARCH</b> <ul style="list-style-type: none"><li>• Use of reliable and ample sources</li><li>• Information from literatures is applied appropriately</li><li>• Research plan is empirical and organized</li></ul>	<b>20%</b>
<b>SOCIAL MEDIA ENGAGEMENT</b> <ul style="list-style-type: none"><li>• Project catches the attention and interests of the public (will be based on the number of likes, comments, and shares.)</li></ul>	<b>20%</b>
<b>TOTAL</b>	<b>100%</b>

1. The **final ranking** shall be based on the **average rank** garnered by the contestants.
2. In case of a tie, the decision shall be based on the **Interview/Presentation criterion**.
  - a. If it fails to break the tie, the **next criterion** (Originality of Research Topic) shall be used, and so on until no more ties exist.
3. The **top three (3) scorers** shall be declared as the winners of the event.

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# MEDICAL TRIVIA QUIZ BEE

## RULES & MECHANICS

1. The contest shall be divided into two (2) divisions:
  - a. Division 1: Junior High School Division
  - b. Division 2: Senior High School Division
2. Each category shall have **3 winners (2 runner-ups, and 1 champion)**, which will be declared after the contest.
3. The organizers shall only entertain clarifications regarding the Rules and Mechanics of the competition **BEFORE** the submission of entries. No more concerns will be addressed after the submission.
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## ELIGIBILITY

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3. Have successfully registered through this link:

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## GUIDELINES

1. The quiz bee shall be conducted **face-to-face at the University of the Philippines Baguio**. Room assignments will be announced **before** the kickstart of all contests.
2. Each group must bring their own whiteboard and whiteboard marker. If not possible, the group can use clean bond papers and a marker as an alternative.
3. The quiz bee shall compose the following categories:
  - a. **Easy Round**: two (2) point per question
    - i. Will be composed with ten (10) questions;
  - b. **Average Round**: three (3) points per question
    - i. Will be composed with ten (10) questions
  - c. **Difficult Round**: five (5) points per question
    - i. Will be composed with ten (10) questions
4. Questions will be **read by the quiz master** and will be **flashed on a TV screen**. For the easy, average, and difficult rounds, the contestants will be given a total of **20 seconds, 30 seconds and 45 seconds** respectively to think and finalize their answers.
5. Each group is advised to minimize their noise. The use of any technologies is strictly prohibited.
6. Answers shall be written on a white board or paper and should be only shown after the quiz master says **"Go"**.

# MEDICAL TRIVIA QUIZ BEE

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7. Contestants may only raise their complaints and/or clarifications **before the next question**, and shall be addressed by the Board of Judges accordingly.
  - a. **Credible and concrete sources** must be presented to back claims for errors in the questions. Online sources may be stated as well, except for Wikipedia and similar sources. (**NOTE:** The presentation of such sources does not guarantee the validity of claims, for the error may be on the part of the source.)
8. The **final ranking** shall be based on the **total combined scores** of each participant in all rounds.
9. In case of a tie, **clincher questions** will be asked to the contestants involved.
10. The **three (3) contestants** with the highest overall scores shall be awarded as the winners of the Medical Trivia Quiz Bee.

**Note: All three rounds will have a total of 100 points.**

For further inquiries, you may contact Sophia Mae Esguerra at 09104816110. You may also email us at [medalla2.organizingcommittee@gmail.com](mailto:medalla2.organizingcommittee@gmail.com) or message us through our Facebook page [www.facebook.com/MEDALLA.UPPMSB](http://www.facebook.com/MEDALLA.UPPMSB) **aguio.**