



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OF BAGUIO CITY



10 June 2025

DIVISION MEMORANDUM

No. **350-2025**

**NON-TEACHING PERSONNEL "FITNESS HEROlympics"
SCHEDULE OF FITNESS PROGRAM ACTIVITIES**

To: Chief Education Supervisors
All Public Schools District Supervisors
Education Program Supervisors
Public Elementary & Secondary School Heads
Concerned National, SEF, COS and JOS Personnel
Others Concerned

1. Relative to Civil Service Commission MC No. 04, s. 2020: "*Mental Health Program in the Public Sector*" and MC No. 8, s. 2011: "*Reiteration of the Physical Fitness Program, Great Filipino Workout*" in promoting the physical well-being of every government employee, the Schools Division of Baguio City in coordination with the Baguio City Public Schools Non-Teaching Employees Association (BCPSNTEA) scheduled fitness programs every Friday in the afternoon.
2. This activity aims to:
 - a. Integrate mental health care in the basic health services for government employees, and in the human resource systems and processes
 - b. Integrate strategies promoting mental health in the workplace
 - c. Foster camaraderie, teamwork, and sportsmanship among non-teaching personnel through friendly athletic competitions.
3. The following documents are enclosed for reference:
 - a. Enclosure 1. List of Line-up per event
 - b. Enclosure 2. Game Schedule
4. In this regard, identified participants are requested to secure an Approved Locator Slip prior to the said schedule. The "No Approved Locator Slip, No Play" will be strictly followed. Personnel who are not included in the line-up prior to the scheduled games is not allowed to play. There will be a strict monitoring attendance in each event relative to this matter.

5. The following are the tournament/event managers who will be in-charge of rules and regulations, and timetable of the different sports events and activities; thus:

Event Manager	Event
Lolita Manzano	Badminton
Conrado D. Aguilar Jr.	Darts
Augie Perl Simangan & Richard Buhayo	Volleyball Basketball
Don Jose Tolentino Michelle Tauli	Zumba Competition (November 2025)

6. With regards to the scheduling of games, all concerned can inquire on the above-named event managers for further information and guidance.
7. Immediate wide dissemination of this Memorandum is desired.


SORAYA T. FACULO PhD, CESO VI
Schools Division Superintendent

Enclosure 1. List of Line-up per event

VOLLEYBALL (MIXED-GENDER)

(1) TEAM DISTRICT 3	(2) TEAM SYDNEY AUSTRALIA	(3) TEAM SUNSHINE	(4) TEAM LESLI
Julian Gacutan MJ Luquey Maria Michelle Tauli Jacqueline Placido Cecile Guillermo Ortez Gabol Francis Lumiwes Nicodemus Gam-ad Whitney Dawayen James Tapaes Arjie Danga-ap Cliftone Bangse-il	Sydney Cariño MJ Malihod Asteria Fagyan Maria Lorena Galera Torey Simangan Lester Libangen Vincent Luis Sonny Paday-os Joanna Mae Vilalreal Arlene Awing Ronald Cabatic	Sheryl Dawaten Elisalde Flores Jess Corapan Margarita Killa Ruvel Estrera Roberto Pimentel Roger Dumpao Sherwin Mique Dante Cottong Marivic Orara Primitiva Aquino Narcholito Lubrica Lance Halog	Lesli Tongyofen Aira Conrado Alice Milan Sharon Joy Galera Glenn Salimbay Conrado Aguilar Janet Simon Lita Conde Phyllyn Wa-ay Robert Alban Don Jose Tolentino Clarichelle Natividad

VOLLEYBALL (MEN)

TEAM BOLA BOLA	TEAM CITY HIGH	TEAM TANDERS
Robert Alban Don Tolentino Conrad Aguilar Glenn Salimbay Jeff Patrick Miranda Daniel Lidawen Melchor Espiritu Audrino Talabis Miguel Quicho Patrick Jeff Miranda Kiddy Badongen Samuel Bab-anga Allan Gomez Jayson Cardenas Ronie Frey Orido Rodrigo Nuñez	DIEGO DIASEN – TEAM CAPTAIN JAMES TAPALES HERBERT TENGAY RANDY LANGATO BONIFACIO BUYAGAO ARJIE DANGA-AP GEORGE DELA PEÑA ADOR PACADA NEMHEL ESCOBAR ADOR PACADA EUGENE BUCCAD LORENZO DANILO ORTEZ GABOL NICODEMUS GAM-AD	Alex Tumapang Cliftone Bangse-il Vincent Luis Sony Paday-os Ronald Cabatic Sydney Cariño Lester Libangen Torey Simangan Patrick Bessat Nixon Elahe Peter Lid-ayan Josef Eric Oliveros Oliver Aspuria

VOLLEYBALL (WOMEN)

TEAM BOLA BOLA	TEAM CITY HIGH	TEAM SUNSHINE	TEAM TANDERS
LESLI TONGYOFEN AIRA CONRADO ALICE MILAN SHARON JOY GALERA Janet Simon Lita Conde Phylyn Wa-ay Melanie Lagare Riza Garcia Perlita Lauro Elly Bautista Clarichelle Natividad	JULIAN GACUTAN – TEAM CAPTAIN MERYL JOY LUQUEY MARIA MICHELLE TAULI JACQUELINE PLACIDO CECILE GUILLERMO MARIE CHELLE BALAWON CHISTY GUINAPON MARICAR NAPADAWAN MAXIMINA LINGAYO LISA S. CASTROJO	Sheryl Dawaten Margarita Kill Vangie Manaod Primitiva Aquino Marivic Orara Bernadeth Sagkhoten Mel Lagare Florentina Villanueva	Asteria Fagyan MJ Malihod Lolita Manzano Arlene Awing Belen Tomin Aira Onggad Sarah Joy Sebastian Vima Cadungog Augie Simangan Joanna Mae Villareal Annalyn Jose Lea Laureano

BASKETBALL (MEN)

(1) MIXED BALLERS	(2) DISTRICT 6 & others	(3) TEAM MAKKI	(4) TEAM CITY HIGH	(5) TEAM ADMIN AIDE DEFENDER BALLERS
Audrino Talabis Dante Cottong Randy Ambatang Engelbert Cacho Doods Edralin Allan Mina Manolito Marzo Rodolfo Razo Nemhel Escobar Jerencio Setosta Victor Fernandez Jerry Marzo Jonathan Guillermo Stanley Aragon	Miguel Quioco VicJun Resurreccion Reynan Catabay Joseph Dayday Derick Salio Jethro Ladyong Aljetcortez Godoy Ronie Frey Olido Jayson Cardenas Allan Gomez Paul Colingan Joeferino Gunumtad	Lester Libangen Robert Alban Torey Simangan Cliftone Bangse-il Patrick Bessat Conrado Aguilar Oliver Aspuria Omar Olba Arnold de Vera Basilio Talco Erwin Abenoja Vincent Luis	Argie Danga-ap Daniel Agyao Ferdinand Asistin Diego Diasen James Tapales Herbert Tengay Randy Langato Ernesto Milano Francis Lumiwes Nicodemus Gam-ad Bonifacio Buyagao George Dela Peña Richard Buhayo	Ruvel Estrera Federico Dulay Dumpao, Roger Rhone albert Marrero Lito Lubrico Glenn Afig Jefferson Alabag Melchor Espiritu Roberto Pimentel Rhone albert Marrero Edmund Mendoza Alex Tumapang Froilan B. Viernes Ryan Nama Regie Bayangan Jeffrey Guillermo Ferdinand Agcon Richard Nimer Miguel Dapni

BADMINTON (MIXED)

TEAM
(1) Bryan Jones Bosaing & Belen Tomin
(2) Frederick Arciaga & Chrisha Dumalili
(3) Josef Eric Oliveros & Annalyn Jose
(4) Aisa Acelyn Torres & Raymark Valentino
(5) Lolita Manzano & Rommel Manzano
(6) Rosie Beel Marzo & Santiago Bugtong
(7) Sydney Cariño and MJ Malihod
(8) Sarah Joy Sebastian & Torey Simangan
(9) Marian Lepting & Michael Maon
(10) Leah Marie Calabias & Freddie Dayog
(11) Marian Lepting & Michael Maon
(12) Jo Beseral & Aljetcortez Godoy

DARTS – SINGLE-MALE	DARTS – SINGLE-FEMALE	DARTS – MIXED-DOUBLES	DARTS-DOUBLES-MALE
Froilan Viernes Conrad Aguilar Sonny Paday-os Honorio Matulay Agosto Macao Allan Nava Ferdinand Agcon Antonio Balogyang Basilio Talco Robert Alban Miguel Dapli Rod Galian Ferdinand Ariston Stanley Aragon Russel Damolo Modesto Isiguin Herbert Tengay Manuel Clemente Jimmy Garcia Jr. Mark Wa-ay Jerry Ymson Rey Gapasin Santiago Bugtong	KYLA ORIBELLO SANDRA TAMA-ANG LESLI TONGYOFEN	Roderick Gallian & Eugene Bucad Richard Zarate & Kyla Oribello Joseph Dayday & Modesto Isiguin Herbert Tengay & Nora Torres ANTONIO BALOG-ANG & NORA TORRES RUSSEL DAMOLO NORA TORRES	ANTONIO BALOG-ANG & RUSSEL DAMOLO RODERICK GALLIAN & RICHARD ZARATE

Enclosure 2. Games Schedule



VOLLEYBALL TEAM

MIXED-GENDER

JUNE 27, 2025
PFVR GYMNASIUM

4	1:00 PM - 2:30 PM VERSUS	2
1	2:30 PM - 4:00 PM VERSUS	3

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.



VOLLEYBALL TEAM

MIXED-GENDER

JULY 11, 2025
PFVR GYMNASIUM

4	2:00 PM - 3:00 PM VERSUS	1
2	3:00 PM - 4:00 PM VERSUS	3

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.



VOLLEYBALL

MEN

JUNE 5, 2025
PFVR GYMNASIUM

1	3:00 PM - 4:00 PM VERSUS	2
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REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.



VOLLEYBALL

MEN

JULY 8, 2025
PFVR GYMNASIUM

2	3:00 PM - 4:00 PM VERSUS	3
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REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.



VOLLEYBALL

MEN

AUGUST 1, 2025
PFVR GYMNASIUM

3	3:00 PM - 4:00 PM VERSUS	1
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REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.

VOLLEYBALL
WOMEN

June 5, 2025
PFVR GYMNASIUM

1	1:00 PM - 2:00 PM VERSUS	2
3	2:00 PM - 3:00 PM VERSUS	4

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.

VOLLEYBALL
WOMEN

July 8, 2025
PFVR GYMNASIUM

4	4:00 PM - 5:00 PM VERSUS	2
1	5:00 PM - 6:00 PM VERSUS	3

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.

VOLLEYBALL
WOMEN

AUGUST 1, 2025
PFVR GYMNASIUM

4	1:00 PM - 2:00 PM VERSUS	1
2	2:00 PM - 3:00 PM VERSUS	3

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.

BADMINTON TEAMS
MIXED-GENDER

Please standby, games will be announce at a later date.

Schedules will be posted at BCPSNTEA Messenger groupchat.

Thank you!



BASKETBALL

GAME SCHEDULE

JUNE 13, 2025

PFVR GYMNASIUM

4	1:00 PM - 2:30 PM VERSUS	1
2	2:30 PM - 4:00 PM VERSUS	5

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.



BASKETBALL

GAME SCHEDULE

JULY 7, 2025

PFVR GYMNASIUM

5	4:00 PM - 5:00 PM VERSUS	4
1	5:00 PM - 6:00 PM VERSUS	3

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.



BASKETBALL

GAME SCHEDULE

AUGUST 8, 2025

PFVR GYMNASIUM

3	1:00 PM - 2:30 PM VERSUS	5
4	2:30 PM - 4:00 PM VERSUS	2

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.



BASKETBALL

GAME SCHEDULE

SEPTEMBER 5, 2025

PFVR GYMNASIUM

2	1:00 PM - 2:30 PM VERSUS	3
5	2:30 PM - 4:00 PM VERSUS	1

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.



DARTS

SCHEDULE OF GAMES

Every Friday
4:00 - 6:00 PM
PFVR (basement)

REMINDERS: Secure your approved Locator Slip.
Be on time!
Please be guided and responsible of the date and time of your respective games.

Zumba Dance Contest

WHEN: NOVEMBER 2025



CRITERIA FOR JUDGING

Choreography: <i>Creativity, style, originality and artistry</i>	25%
Movement and Synchronization: <i>Vigor and energy, how the group moves together</i>	20%
Timing and coordination: <i>How well the group moves in time</i>	20%
Projection and passion: <i>How much passion the group shows</i>	15%
Stamina, power and energy: <i>Power and energy</i>	15%
Audience Impact: <i>How well the group connect with the audience</i>	5%
	100%

COMPOSITION:

TEAM COMPOSITION:

- Regardless of gender, groups must consist of:
 - Minimum of 12 and a maximum of 20 members.
- Teams can be composed of various groups
 - (SEF, COS, DO, JO, SH and HT)

Submit entries to:
Samuel Bab-anga / Don Jose Tolentino
on or before September 30, 2025