



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OF BAGUIO CITY



September 2, 2025

DIVISION MEMORANDUM

No. 535-2025

**CONDUCT OF TRAINING ON MENTAL HEALTH AND HUMAN RIGHTS FOR
SELECTED NEWLY HIRED TEACHERS**

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Public Schools District Supervisors
All Public and Private Elementary and Secondary School Heads
All Others Concerned

1. The Commission on Human Rights -Cordillera in coordination with this Office, shall conduct a one-day training for selected newly -hired teachers on Mental Health and Human Rights on **September 26, 2025 at the Division Office Training Hall.**
2. The activity aims to empower teachers to integrate human rights and mental health into their daily professional practice while caring for their own well- being.
3. For the list of participants and program of activities, please see attached enclosures.
4. To ensure continuity of learning for all learners while teachers attend the scheduled training sessions, School Heads are directed to make the necessary arrangements to ensure that classes will not be interrupted during the training period through the use of applicable flexible learning strategies
5. Snacks and lunch will be provided.
6. For information, guidance and compliance.

SORAYA T. FACULO PhD, CESO VI
Schools Division Superintendent

For the Schools Division Superintendent:

CARMEL F. MERIS
OIC- Assistant Schools Division Superintendent

**Training on Human Rights and Mental Health for Newly-Hired Dep-Ed Teachers of
Baguio City**

September 26, 2025

Venue: TBA

Program of Activities:

Time	Topics	Responsible Person/s
8:30 - 9:00 am	Arrival and Registration of Participants • Pre-test	Secretariat
9:00 – 9:30	Preliminaries: • Invocation	Secretariat
	• National Anthem	
	Welcome and Opening Remarks	Atty. Romel P. Dagumol Regional Director, CHR-CAR
	Message	Soraya T. Faculo PhD, CESO IV Schools Division Superintendent, Dep-Ed Baguio
9:30 – 9:45	Introduction of Participants	
9:45 - 11:00 (working break)	Basic Human Rights Concepts and Principles - Creating a Human Figure	CHR-CAR
11:00 – 12:00 NN	Anti-Bullying Act of 2013	CHR-CAR
12:00 – 1: 00 PM	LUNCH	
1:00 – 1:30	Continuation of Anti-Bullying Act of 2013	
1:30 – 3:30 PM	Mental Health General Concepts, Principles, Situations to Understand (10-Minute Break)	c/o DOH-CAR
	Stress Management - Recognizing Burnout - Stress Management Techniques	
3:30 - 4:00	Open Forum Post-test and Activity Evaluation Form	CHR Training Team
4:00 – 4:30	Closing Program	
	• Class impression	Participants
	• Recitation of the Panata sa Karapatang Pantao	
	• Distribution of Certificates	c/o CHR-CAR
	• Class Picture	

Master of Ceremony: c/o CHR-CAR

ENCLOSURE B: PARTICIPANTS

No.	NAMES	SCHOOL
1	ABAHAN, JULIA ARPHEM C.	JOAQUIN SMITH NHS
2	ABBACAN, MARY ANN D.	PINGET ES
3	ABELLA, ERIC MOORE S.	BAKAKENG NHS
4	ALVAREZ, LEAH A.	STO TOMAS NHS
5	ANDRES, GEORGINA D.	DOM MIRADOR ES
6	ASAN, NATHANIEL C.	GVNHS
7	BACOLOD, PHERRIE JAMES T	RIZAL NHS
8	BALAGEO, DUSTY C.	CRYSTAL CAVE IS
9	BALUYOT, MA. ROCHELLE B.	BCNHS
10	BANG-NGIT, HEILEY FRIA C.	SAN VICENTE NHS
11	BATINAY, HIRA B.	GVNHS
12	BATULAN, MYLENE M.	DOM. MIRADOR ES
13	BAWINGAN, CAROLINE M.	IRISAN ES
14	BUENAVENTURA, MYLA F.	ROXAS NHS
15	BUTAG, WOOI D. BUTAG	SAN VICENTE NHS
16	CASTILLO, ROLLY	QUEZON HILL ES
17	CHAGYO, EDLYN P.	JCES
18	COIS, SEAN C.	LUCBAN ES
19	DAPING, AURORA S.	BCS
20	DALGO, GLADYS B.	KIAS ES
21	DELMAS, JONALYN B. DELMAS	DON MARIANO MARCOS ES
22	DIZON, PRINCESS ANNE S.	IRISAN ES
23	DOCAYSO, LORRAINE P.	PACDAY ES
24	FASUYANG, BEVERLY M.	CAMP 7 ES
25	FAWAS, JUDY M.	MAGSAYSAY NHS
26	GABRIZ, MARILYN D.	LOAKAN ES
27	GALLETO, KIMBERLY P.	SPED CENTER
28	JUGO, SHAIRA JANE D.	BAKAKENG ES
29	KIDO, CHARLENE JANE P.	QUEZON HILL ES
30	LAGASCA, APRIL JOY	MAGSAYSAY NHS
31	LANGBAYAN, DIVINE ANGEL G.	HAPPY HOLLOW ES
32	LEONES, MARWEL Q.	GVNHS
33	MARCELINO, MARIEL ANN L.	RIZAL ES
34	MOK-KO, LINDA P.	BCS