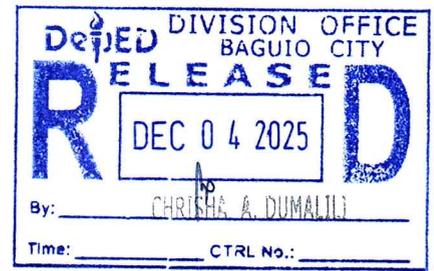




Republic of the Philippines
Department of Education
 Cordillera Administrative Region
SCHOOLS DIVISION OF BAGUIO CITY



December 4, 2025

DIVISION MEMORANDUM

No. 803-2025

BOXING PALARONG PANLUNGSOD 2025

To: Assistant Schools Division Superintendent
 Chiefs of SGOD and CID
 Public School District Supervisors
 Public and Private Secondary School Heads
 All others Concerned

- Relative to the conduct of the Annual Sports Activities or so-called CITY MEET this school year 2025-2026, the Division Boxing tournament will be held on December 6-8, 2025, at Joaquin Smith National High School, Asin Road Baguio City. Medical and General weigh in will start from 7 AM at Joaquin Smith National High School, Asin Road Baguio City. It will be followed by a Coaches Meeting and at the same time checking of papers vis-à-vis the Sport Entries Check submitted earlier.
- Participants to the said events who will serve as Technical Officials aside from the coaches/seconds:

BOXING TECHNICAL OFFICIALS FOR PALARONG LUNGSOD 2025

1. Valeriano B. Accad	TD	Loakan ES
2. Billy Piok	DTD	Sto Tomas NHS
3. Stella Chalis	R/J	ABAP
4. Alona Lawingan	R/J	ABAP
5. Linda Balanggoy	R/J	ABAP
6. Arthur Pecay	R/J	Roxas NHS
7. Reynaldo Salingbay	R/J	DANHS
8. Daniel Jr Aro	R/J	JSNHA
9. Martin Diwag	R/J	SVNHS
10. Kevin Guzman	R/J	Guisad NHS
11. Reynalyn Gongran	R/J	Roxas NHS
12. Rowena Domingo	R/J	PCNHS
13. Francisco Wangag Jr	R/J	HHNHS
14. Sherol Adiwang	R/J	MNHS



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15.Mjhay Sajonia	R/J Secretary	Irisan
16.Leah Dacsig	R/J	Manuel QES
17.Raymart Santiago	R/J	BCHS
18.CydriX Jhon De Guzman	R/J	FDPNHS
19.Medical Team 1 medical doctor, 1 nurse/aide		

3. Service Credits shall be granted to teachers and Compensatory Overtime Credit (COC) for non-teaching personnel who will serve during Saturdays and Sundays as per related CSC and DepEd guidelines.
4. For further inquiries and concerns, please feel free to contact Vhal B. Accad on this number 09458631749.
5. Immediate dissemination of this memorandum is desired
6. Attached is the Tournament Guidelines for your guidance.

SORAYA T. FACULO, PhD, CESO V
Schools Division Superintendent

For the Schools Division Superintendent:


CARMEL F. MERIS
OIC-Assistant Schools Division Superintendent



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Enclosure 1: Boxing Tournament Guidelines

PALARONG LUNGSOD 2025
BOXING TOURNAMENT GUIDELINES

I. RULES AND REGULATIONS

- WORLD BOXING TECHNICAL AND COMPETITION RULES NOVEMBER 2024

II. ELIGIBILITY

- ONLY SECONDARY LEARNER-ATHLETES WHO PASSED THE SCREENING AND ACCREDITATION CONDUCTED BY THE DIVISION SCREENING COMMITTEE SHALL BE ALLOWED TO PARTICIPATE.
- ELIGIBILITY OF BOXERS ON MEDICAL-RELATED ISSUES SHALL BE REFERRED TO RULE 2.5 OF THE WORLD BOXING TECHNICAL AND COMPETITION RULES

Weight Classifications and Age Categories

A. U - 15

WEIGHT CATEGORY	YEAR OF BIRTH	WEIGHT —KG	AGES
	Born 2012-2013	46kgs. (44-46 kgs.)	13-14 years old
	Born 2012-2013	48 kgs (46.1-48kgs)	13-14 ears old

B. U - 17

WEIGHT CATEGORY	YEAR OF BIRTH	WEIGHT KG	AGES
Pin	Born 2010-2011	46 kgs. (44-46 kgs)	15-16 years old
Light fly	Born 2010-2011	48 kgs (46.1-48kgs)	15-16 years old
Fly	Born1 2010-201	50 kgs (48.1-50kgs)	15-16 years old
Light Bantam	Born1 2010-201	52kgs (50.1-52kgs)	15-16 years old
Bantam	Born 2010-2011	54kgs (52.1-54kgs)	15-16 years old



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C. U - 19

WEIGHT CATEGORY	YEAR OF BIRTH	WEIGHT —KG	AGES
Minimum	Born 2008-2009	48 kgs. (46-48 kgs.)	17-18 years old
Fly	Born 2008-2009	51kgs (48.1-51kgs)	17-18 years old
Bantam	Born 2008-2009	54kgs (51.1-54kgs)	17-18 years old

IV. Sport Entries Check

- A. Two days before the first day of the actual boxing competition, the Sport Entries Check shall take place. This may be adjusted by the Tournament Director in consideration to the scheduled activities prior to the opening of the PALARONG LUNGSOD. All team delegations must attend to confirm their participation.
- B. During the Sports Entries Check, the registered coach and/or the Asst. coach shall submit their official final entry and shall present the following:
 - a. Authentic 2025 School Identification Card
 - b. Each Boxer’s Red Book with complete information and Picture
 - c. Copy of Medical Certificate
 - d. Boxers’ Uniform
 - e. Boxers’ Equipment (Mouthpiece, Hand Wrap, Cup Protector)
- C. Please refer to Rule 5.2 of the WB Technical and Competition Rules for other provisions in the Sport Entries Check

V. Official Draw

- A. Official Draw shall be conducted right after the Sport Entries Check
- B. Only the entries who pass the SEC shall be considered in the Official Draw
- C. Each team may send up to three (3) representatives to attend the draw.

VI. Daily Weigh-In

- A. The Medical Check-up and Daily Weigh-In shall be conducted every 7:00 - 9:00 in the morning of each day of the competition. Only boxers scheduled to box on the day shall be checked and weighed.
- B. The weight registered in the SEC decides the boxer’s weight category for the entire competition.
- C. During the Boxer’s **first** daily weigh-in of the Competition, both the **minimum** and **maximum weights** are considered. The boxer’s weight must not exceed the maximum weight limit nor below the minimum weight limit. On the succeeding daily weigh-in only the maximum weight limit is considered.
- D. The Weigh-in must be conducted by the Competition Officials appointed by the TD. **No coach** is allowed inside the **FINAL WEIGHING** room



Address: 82 Military Cutoff Rd, Baguio, Benguet, 2600

Telephone No.: (074) 665-1231

Email Address: baguio.city@deped.gov.ph



DepEd Tayo Baguio City



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E. Boxers who do not comply with the requirements shall not be allowed to compete.

VII. Number of rounds and knockdowns and compulsory count limits

- **U-15(boys)**
3 rounds of 1 1/2 minutes each and 1 minute rest period between rounds. The bout will automatically stop if any or both of the boxers is counted 2 times due to knockdown in any round and 3 times in the whole duration of the bout.
- **U-17(boys)**
3 rounds of 2 minutes each and 1 minute rest period between rounds. The bout will automatically stop if any or both of the boxers is counted 2 times due to knockdown in any round and or 3 times in the whole duration of the bout.
- **U-19(boys)**
3 rounds of 3 minutes each and 1 minute rest period between rounds. The bout will automatically stop if any or both of the boxers is counted 3 times due to knockdown in any round and or 4 times in the duration of the bout. A "down" or count caused by any foul shall not be included in the compulsory Count Limit.

VIII. Tournament format and rules

- A knockout system will be employed during the course of the tournament. In addition, PALARONG LUNGSOD, CARAA General Guidelines and World Boxing (WB) Technical and Competition Rules shall be followed. However, if PALARONG LUNGSOD, CARAA General Guidelines and WB Rules is not applicable or insufficient, a ground rule/s may be formulated.

IX. Uniforms

- Competitors shall box in a light boots or shoes (w/o spikes or heels) Socks, shorts (not to exceed knee length), and a vest covering the Chest and back.
- All ABAP approved event, the boxers shall wear red/blue vests depending on their assigned corner and trunk of any color, which shall be their own responsibility. Where trunk and vest are of the same color, the belt line must be clearly indicated using 6-10 cm. wide elastic waistband.
- Awardees must wear their team uniform during the awarding ceremony. Slippers and sandals are not allowed.
- Coaches and seconds should wear their Team official uniform or jogging pant and jacket. Wearing slippers, sandals, maong pants and casual attires are not allowed.

X. Record book

Every boxer must have a Record/Medical Book (Red Book), properly filled up without any alteration or erasure/s and affix his 2x2 I.D., (latest picture with name tag) inside the front-page cover thereof. The boxer shall present his record/medical book during general weigh-in and medical check-up and thereafter if the boxer is due to box (No red book No box and Red Book is non-transferable). This rule shall apply from the lowest level of competition up to the Palarong Pambansa.



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XI. Coaches and seconds

Each Boxer is entitled of three (3) coaches/seconds, where only the two (2) Coaches/Seconds shall mount the apron of the ring and only one may enter the ring.

XII. Referees and judges

Only DepEd National, NSA, Regional Accredited Referees and Judges in Good Standing are allowed to officiate in the tournament. Understanding and practice of the WB Code of Conduct is mandatory, (Refresher Course on WB Rule is mandatory). Referee/s and Judge/s who were suspended or with a very poor performance during the preceding PALARONG LUNGSOD shall not be eligible to officiate in the forthcoming PALARONG LUNGSOD. However, if the R/J's had his/her accreditation and attended refresher courses, the TM has the power to include his name in the pool of R/J's.

XIV. Ring physician

The ring doctor shall be a Doctor of Medicine and coming from DepEd. However, local doctor/s and nurses may be allowed to assist the Official Ring Doctor, during general weigh-in and medical check-up and daily weigh-in.

XV. Protest

As per Rule 9.10 of the WB Technical Rules No protest or appeal in WB Competitions is permitted and bouts decisions are final.

Note:

- *In case two or more teams have an equal number of medals (same number of gold, silver, and bronze medals), a drawing of lots shall be done to break the tie and determine the winning team.*

Prepared by:

VALERIANO B. ACCAD,
Nat'l Referee/Judge ABAP
Sports/Tournament Manager
BOXING



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Enclosure 2: Schedule of Activities

SCHEDULE OF ACTIVITIES

DATE	TIME	ACTIVITY	PERSON INVOLVED
Dec. 5	3:00 -4:00	Sport Entries Check, Draw	Coaches, Team Managers, Technical Officials
Dec. 6	7:00 -9:00	Medical check and Daily Weigh In	Medical Team, Boxers, Coaches, Technical Officials
	9:00 – 11:00	Refresher Course	Technical Officials
	2:00 -5:00	Elimination bouts/ Quarter Finals	Boxers, Coaches, Technical Officials
Dec. 7	7:00 -9:00	Medical check and Daily Weigh In	Medical Team, Boxers, Coaches, Technical Officials
	9:00 -10:00	Post evaluation	Technical Officials
	1:00 -5:00	Semi-finals	Boxers, Coaches, Technical Officials
Dec. 8	7:00 -8:00	Medical check and Daily Weigh In	Medical Team, Boxers, Coaches, Technical Officials
	8:00 -9:00	Post evaluation	Technical Officials
	1:00 -3:00	Finals	Boxers, Coaches, Technical Officials
	3:00 -4:00	Awarding	Boxers, Coaches, Technical Officials

Note: Schedule will be depending on the number of qualified boxers. Finals can be move depending on the agreement during the Solidarity Meeting.

Prepared by:

VALERIANO B. ACCAD,
Nat'l Referee/Judge ABAP
Sports/Technical Delegate
BOXING