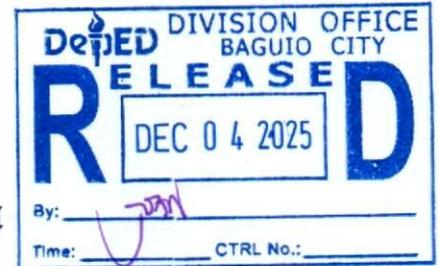




Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region  
**SCHOOLS DIVISION OF BAGUIO CITY**



04 December 2025

**DIVISION MEMORANDUM**

No. **802-2025**

**LAUNCHING OF THE BULLYING PREVENTION - CULTIVATING  
COMPASSION: A WEEKLY EMPATHY SESSION INITIATIVE  
TO PREVENT BULLYING IN SCHOOLS**

To: Chief Education Supervisors  
All Public Schools District Supervisors  
Public Elementary and Secondary School Heads  
School Guidance Counselors  
Concerned Learner Government Adviser and Officer  
Others Concerned

1. In line with the Schools Division Office of Baguio City's commitment to promote a safe, nurturing, and inclusive learning environment for all learners, this Office announces the **Launching of the Bullying Prevention Program – Cultivating Compassion: A Weekly Empathy Session Initiative to Prevent Bullying in Schools** on **December 09, 2025 | 8:30 AM**, at the **SDO Baguio City 3rd Floor Training Hall**.
2. Specifically, this program aims to:
  - Enhance the capacity of school heads, guidance personnel, and teachers to implement empathy-based strategies as part of the school's anti-bullying program
  - Promote compassion, respect, and positive peer interactions among learners through structured weekly empathy sessions
  - Strengthen school-based child protection mechanisms by integrating proactive bullying prevention approaches aligned with DepEd policies
  - Foster a collaborative culture where parents, teachers, and stakeholders take active roles in creating a safe and supportive learning environment.
3. The following documents are enclosed for reference:
  - a) Enclosure No. 1: List of Participants
  - b) Enclosure No. 2: Program Matrix
  - c) Enclosure No. 3: Learner Consent, Waiver, Indemnity and Release
4. Immediate and wide dissemination of this memorandum to all concerned is desired.

**SORAYA T. FACULO PhD, CESO V**  
Schools Division Superintendent

For the Schools Division Superintendent:

**CARMEL F. MERIS**   
OIC – Assitant Schools Division Superintendent

## Enclosure 1. List of participants

NO.	SCHOOL/DIVISION	NAME
1	Regional Office CAR	Estela P. Leon-Cariño
2	Regional Office CAR	Ronald B. Castillo, CESO V
3	Regional Office CAR	Georgina C. Ducayso
4	Regional Office CAR	Atty. Vanessa B. Flora
5	SDO Baguio City	Soraya T. Faculo PhD, CESO V
6	SDO Baguio City	Carmel F. Meris
7	SDO Baguio City	Niño M. Tibangay
8	SDO Baguio City	Juliet C. Sannad
9	SDO Baguio City	Arlani B. Buccat
10	SDO Baguio City	Augie Perl Simangan
11	SDO Baguio City	Juliet D. Piok
12	SDO Baguio City	Christorey Simangan
13	Magsaysay NHS	Heart Frenzela Weygan
14	Pines City NHS	Darell Kyle Navalta
15	Baguio City National High School	Angela Delos Reyes
16	Baguio Central School	Palo, Arian Joy D.
17	Bonifacio Elementary School	Marasigan, Liham M.
18	Manuel L. Quezon Elementary School	Catalino, Ericah Joy O.
19	Guisad Valley NHS	Maribel T. Belgica
20	Irisan NHS	Jocelyn T. Fetiza
21	Baguio City National High School	Rhodelia J. Balanon
22	Mil-an NHS	Agapita K. Base
23	Baguio City National High School	Gladys A. Nocum
24	Dominican Mirador ES	Jennifer A. Mabini
25	Baguio Country Club Village ES	Jane L. Adolfo
26	Manuel L. Quezon ES	Hermoso P. Bunnol
27	Lindawan ES	Pamela S. Andulan
28	Gibraltar ES	Gemma N. Lomboy
29	Rizal ES	Sharon Christianie Castillo
30	Rizal NHS	Marcial L. Lami-ing
31	Lindawan NHS	Cristopher S. Danglose
32	Springhills ES	Randy P. Cayat
33	Kias ES	Nickcarter Junior C. Gonzalo
34	Fort del Pilar ES	Remedios P. Quiño
35	Happy Hollow ES	Agnes Lomas-e
36	Happy Hollow NHS	Janet Pascua
37	Fort del Pilar NHS	Salome Fangkingan
38	SPED	Rommel L. Manzano
39	Loakan ES	Valeriano B. Accad
40	Camp 7 ES	Ester Hydie L. Pucdihon
41	Jose P. Laurel ES	Jerry D. Walsiyen

42	Hillside NHS	Benjie-Melchor L. Nicolas
43	Mil-an NHS	Jane Marie M. Ngolab
44	Baguio City National High School	Whitney A. Dawayen
45	Doña Aurora ES	Estrella B. Bulay
46	Doña Nicasia Juco Puyat ES	Octavia M. Pedro
47	Don Mariano Marcos ES	Alona C. Estigo
48	Brookspoint ES	Marlyn Lucas
49	Mabini ES	Wilma S. Biteng
50	Doña Aurora NHS	Riona B. Copiling
51	Dontogan ES	Jacqueline L. Fianza
52	Adiwang ES	Lilybeth B. Balutoc
53	Sto. Tomas ES	Leonila C. Catungal
54	Crystal Cave IS	Julia A. Biligan
55	Manuel A. Roxas ES	Teodora B. Botis
56	Sto. Tomas NHS	Jason W. Pascaden
57	Roxas NHS	Victor A. Fernandez
58	Josefa Cariño ES	Ligaya N. Annawi
59	Baguio Central School	Jackson Caya-os
60	Dominican-Mirador ES	Zenaida L. Kunayon
61	Aguinaldo ES	Helen C. Acop
62	San Luis ES	Genar P. Tacay
63	Dominican-Mirador NHS	Sherwin Fernando
64	Pines City NHS	Danilo P. Gayao
65	Irisan ES	Jeffrey F. Aliga
66	Elpidio Quirino ES	Joseph A. Estigoy
67	Quezon Hill ES	Maria O. Palsi
68	San Carlos Heights ES	Ellen F. Grande
69	Quezon Hill NHS	Marjorie Sumakey
70	Irisan NHS	Grace M. Domingo
71	BCNSHS	Lucia T. Casim
72	Pinsao Es	Mary Silatoc
73	Bonifacio ES	Juliet R. Mamaril
74	Fairview ES	Freda B. Dayog
75	Lucban ES	Felto P. Agpawa
76	Holy Ghost Ext. ES	Decky M. Beloken
77	Pinsao NHS	Christopher D. Basing-at
78	Guisad Valley NHS	Edward C. Vicente
79	Alfonso Tabora ES	Gloria Catiyan
80	Magsaysay ES	Jeannette T. Lacana
81	Quirino Hill ES	Philip B. Sagalla
82	Pinget ES	Alice B. Masidong
83	Magsaysay NHS	Marilou T, Gomeyac
84	Pinget NHS	Johnny Kidian
85	Pacday Quinio ES	Annie Laurie W. Bisquera
86	Bakakeng ES	Jimmy B. Garcia, Jr.

87	San Vicente ES	Lillie Addag-Vinluan
88	Doña Aurora H. Bueño ES	Florida F. Cael
89	Bakakeng NHS	Rosalia A. Ocyaden
90	Joaquin Smith NHS	Jesusa R. Yadao
91	San Vicente NHS	Maria Joan D. Andayan

## Enclosure 2. Program Matrix



### EMPATHY PLEDGE

I, (state your name), as a dedicated member of our school community, commit to upholding the values of kindness, respect, and inclusion by leading with EMPATHY every day. I understand that the well-being of our school is my responsibility. E Explore and accept differences with open-mindedness and respect. M Mentor and Motivate others to stand up for what is right. P Protect those targeted by safely reporting bullying to a staff member. A Act as a friend and ally, never participating in exclusion or rumors. T Trust my instincts and Tell an adult if I see or experience harassment. H Help to create a positive climate where everyone feels heard and valued. Y Yield my power to be an Upstander, ensuring You are safe here.

I pledge to be a positive force and an active part of the solution in our school and community. So help me God



### Cultivating Compassion

A Weekly Empathy Session Initiative to Prevent Bullying in Schools

LAUNCHING PROGRAM  
December 9, 2025



### LAUNCHING PROGRAM

DECEMBER 09, 2025  
8:30 AM onwards

Registration of Participants

Preliminaries

Nationalistic Song

Opening Prayer

Acknowledgement of Participants

Welcome Remarks

Embracing the Session

Message of Unity

Pledge of Empathy

Art of Empathy

Toast to Program Success

Heartfelt Connections

Yearlong Vision

Closing Remarks

Darell Navalta & Angela Delos Reyes  
DFSSLG Vice President & DFSSLG PIO

AVP of Class Sessions

Commitment from School Head

Augie Simangan  
Youth Formation Coordinator

Soraya T. Faculo Phd, CESO V  
School Division Superintendent

Carmel F. Meris  
OIC-Asst. Schools Division Superintendent

Niño M. Tibanggay  
Chief Education Supervisor SGOD

Estela P. Leon-Cariño, EdD, CESO III  
Director IV/ Regional Director

MASTER OF CEREMONIES: JULIET PIOK AND CHRISTOREY SIMANGAN

### Enclosure No. 3: Learner Consent, Waiver, Indemnity and Release

#### LEARNER CONSENT, WAIVER, INDEMNITY and RELEASE

*(To be completed by the Learner)*

I, \_\_\_\_\_, agreed to participate with the consent of my parents and/or legal guardian in the **LAUNCHING OF THE BULLYING PREVENTION - CULTIVATING COMPASSION: A WEEKLY EMPATHY SESSION INITIATIVE TO PREVENT BULLYING IN SCHOOLS** that will be held on **December 9, 2025** from **8:30 AM - 12:00 NN** at the **3<sup>rd</sup> Floor Training Hall, SDO Baguio City**.

I agree to give permission to the **Department of Education (DepEd) – Schools Division of Baguio City – Youth Formation** and its representatives to make recordings of my voice and to take photographs and/or videos in which I appear in at the event and location stated above, to be used for the communications and various public campaigns of the Department be it in print, broadcast and/or electronic media.

I have read and understood the accompanying letter and information leaflet. For things I do not understand, I will ask my Parent/Guardian to clarify the objective of the activity for me.

I know the purpose of the project/activity and the part I will be involved in. I know that DepEd and its representative are not allowed to use the information about me in any form that might harm my rights and well-being.

_____	_____
Name of Learner	Name of School
_____	_____
Age	Date