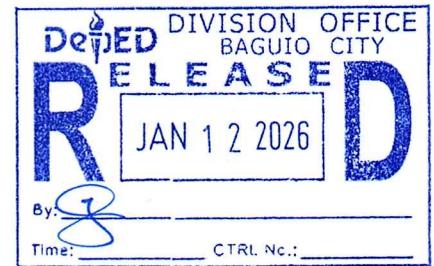




Republic of the Philippines  
**Department of Education**  
Cordillera Administrative Region  
**SCHOOLS DIVISION OF BAGUIO CITY**



January 12, 2026

**DIVISION MEMORANDUM**

No. **018-2026**

**ORIENTATION ON CHILD AND ADOLESCENT RISK SCREENER (CARS) IN  
SCHOOLS FOR GUIDANCE COUNSELORS AND GUIDANCE DESIGNATES**

To: OIC-Assistant Schools Division Superintendent  
Chief Education Supervisor-SGO  
Public Secondary School and Integrated School Heads  
Guidance Counselors  
Guidance Designates of Secondary and Integrated Schools  
All Others Concerned

1. Republic Act 11036 (National Mental Health Act) ensures that mental health is valued, protected, and accessible to all. In line with the DepEd MATATAG Agenda's focus on learner well-being and inclusive education, a training-workshop will be facilitated by a trained Guidance Counselor on the use of the Children-at-Risk Screener (CARS) as a universal mental health screening tool to identify K-12 learners at risk and provide timely prevention or early intervention support.
2. With the foregoing, SDO-Baguio City through the School Health and Nutrition Section, along with its mental health partner experts, will conduct an Orientation to Child and Adolescent Risk Screener (CARS) on Schools to Guidance Counselors and Guidance designates on **January 23, 2026 (Friday) 8:00 am – 5:00 pm**.
3. The objectives of the activity are:
  - 3.1 The training program seeks to train all school personnel (guidance counselors, health staff, and other mental health professionals) to become effective gatekeepers in the school setting to identify at-risk learners through appropriate identification, management, and referral.
  - 3.2 To enhance the participants' knowledge of learners' at-risk behaviors.
  - 3.3 To provide the participants with an assessment tool to identify and classify students at-risk or those that need immediate intervention.
  - 3.4 To learn intervention strategies following the Multi-Tiered System of Support (MTSS) framework.
4. Identified participants- guidance counselors, guidance designates of all secondary schools and integrated schools, Contract of Service (COS) according to their office/position are advised to confirm their participation by filling up the confirmation form through this link – <https://tinyurl.com/OrientationCARS> and submit the same **on or before January 13, 2026**.



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5. Attached to this memorandum are the list and number of participants and the training matrix as enclosures 1 and 2 respectively.
6. For more inquiries, please contact the focal person Mary Libeney C. Sito, MD, MO IV at her mobile number 09601040280 or email address [marylibeney.sito@deped.gov.ph](mailto:marylibeney.sito@deped.gov.ph).
7. Immediate and wide dissemination of this memorandum is desired.

**SORAYA T. FACULO. PhD. CESO V**  
Schools Division Superintendent



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Enclosure 1 to DM No. \_\_\_\_\_

**A) LIST OF PARTICIPANTS**

Participants	Male	Female	Total
SDS		1	1
ASDS		1	1
SGOD Chief	1		1
MO IV		1	1
NURSE II		1	1
Teacher II	3	10	13
Teacher III	2	13	15
GC III	1	5	6
GC II		1	1
<b>Total</b>	<b>7</b>	<b>33</b>	<b>40</b>

Enclosure 2 to DM No. \_\_\_\_\_

**TRAINING MATRIX**

Time	Activity/Session	Methodology	Focal Person/ Speaker
7:30-8:00 AM	Arrival and Registration		Training TWG
8:01-8:30 AM	Opening Program		
8:31-8:50 AM	Pre-assessment	Online/Paper and pencil	
8:51-9:00 AM	Orientation	Lecture	Mary Libeney Sito, MD
9:01-10:00 AM	Child and Adolescent Risk Screener: Session I	Lecture, Q&A	Eldon Harris Soriano, RGC
10:01-10:20 AM	<b>Health Break</b>		
10:21-12:00 NN	Continuation of Session 1	Lecture, Group Discussion	Eldon Harris Soriano, RGC
12:01-1:00 PM	<b>Lunch Break</b>		
1:01-3:00 PM	Session 2	Lecture, Group Discussion, Workshop	Eldon Harris Soriano, RGC
3:01-3:20 PM	<b>Health Break</b>		



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DepEd Tayo Baguio City



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3:21-4:30 PM	Continuation of Session 2		Eldon Harris Soriano, RGC
4:31- 4:50 PM	Closing Program and Awarding of Certificate to Training Facilitators and Certificates of Participation to the Participants	(Creative/innovative )	Training TWG
4:59PM onwards	Departure		