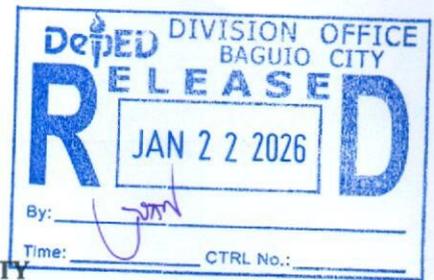




Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OFFICE OF BAGUIO CITY



21 January 2026

DIVISION MEMORANDUM

No. **057-2026**

**CONDUCT OF A HALF-DAY RECOLLECTION AND WELLNESS ACTIVITY FOR
THE SCHOOLS DIVISION OFFICE EMPLOYEES**

To: Chief Education Program Supervisors
Education Program Supervisors
Section/Unit Heads
Public Schools District Supervisors
Public School Heads
All Others Concerned

1. In line with the Division's commitment to promoting the mental, emotional, and values-based wellness of its personnel, this Office hereby announces the conduct of a Half-Day Recollection and Wellness Activity for Employees with the theme "Nurturing Mind and Spirit: A Holistic Wellness Program" on January 26, 2025, 8:30 a.m. at the SDO Training Hall.
2. This activity aims to provide employees with an opportunity for personal reflection, stress management, values formation, and overall wellness, while ensuring an inclusive and respectful environment for all.
3. **Office operations shall temporarily be suspended during the morning session only and shall resume in the afternoon of the same day. Schools and field offices are hereby informed to take note of this schedule for guidance and coordination.**
4. All SDO employees are encouraged to participate. Security Guard and Records Officer concerned are advised to make the necessary arrangements to ensure the continuity of essential services.
5. For guidance and information.


SORAYA T. FACULO PhD, CESO V
Schools Division Superintendent

OASDS/CFM/ndc

