



Republic of the Philippines
Department of Education
Cordillera Administrative Region
SCHOOLS DIVISION OF BAGUIO CITY



September 10, 2026

DIVISION MEMORANDUM

No. 598, S. 2026

ADHERENCE TO THE TEACHERS' WELLNESS BREAK

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public School District Supervisors
Public School Heads (Elementary and Secondary)
Others Concerned

1. Pursuant to the Memorandum from the Office of the Secretary entitled "**Observance of the Two-Day Wellness Break for Teachers on September 14 & 15**" this Memorandum amends Division Memorandum No. 516, s. 2026, issued on August 17, concerning the End-of-Term School-Based In-Service Training (INSET) originally on September 14 and 15.
2. In compliance, schools are advised to make necessary operational adjustments in their training schedule to ensure the well-being and mental health of teachers.
3. Please be guided accordingly. For clarification or inquiries, feel free to contact Ms. Juliet C. Sannad, CID Chief at (074) 619-3491.
4. Immediate and wide dissemination of this Memorandum to all concerned is desired.

SORAYA T. FACULO PhD, CESO V
Schools Division Superintendent